

THE MISSION

JANUARY 2015

STATEMENT



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THE OFFICIAL NEWSLETTER OF THE

MISSION COMMUNITY ASSOCIATION

INSIDE

FLOOD MITIGATION
UPDATE

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ORANGE SIGNS



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The Mission Statement



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403 245 6001 (please leave a message)

www.cliffbungalowmission.com

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Like our Facebook page for all the latest updates and information on our events

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We value your contributions

The Mission Statement exists to facilitate communication among residents of the Cliff Bungalow–Mission community. We welcome your articles, stories, letters, announcements, and photos. Your submission in typewritten, handwritten, or photographic print format can be mailed or dropped off at the Community Association mailbox at The UPS Store, 1811 4 Street SW, Suite 462, Calgary T2S 1W2, in an envelope labeled “The Mission Statement”. Electronic submissions should preferably be in Word 97-2003 format or as high-resolution jpeg or tiff files, and can be sent to cbmca.editor@gmail.com.

The Newsletter Editor reserves the right to edit all submissions for accurate content, consistency, and length. If headlines to articles are not provided, one will be provided for your submission. All photographs require captions or one will be provided. All photographs must display names of the individuals in the photographs. Permission to publish the photograph or image is required. The name of the photographer and credit for the image is also required otherwise it will not be published. The Committee cannot guarantee the publication of all submissions.



PRESIDENT'S REPORT

by Bob Lang

Annual General Meeting

Everyone who attended our annual general meeting on November 27 helped us celebrate our community and the people who make things happen. The community association continues to be an important vehicle to accomplish great things and the community centre continues to be a hub of community activity. We thank everyone who attended and participated in this celebration.

The following people will be on the board for the next year: President, Bob Lang; Vice President, Jan Pugh; Secretary, Philip Lozano; Treasurer, Edwin Mattheis; Communications Director, Robin Thompson; Social Director, Corinne Ofstie; Heritage Director, Marilyn Williams; Environment Director, Brendan Baines, Planning and Development Director, Sander Jansen; and Directors-at-Large, Patrick Arnell, Jennifer Vandelaan, Amanda West, Rick Williams and Kate Zago. This is a great group of people and I look forward to working with them during the next year.

Some people stepped down from the board during the last year and at the AGM: Trafford Crump, David Delawski, Lorna Dysart, David Lee and Auvo Wahlberg. We thank them for all their help during the time they were on the board.

Community hero awards

Each year, with the help of the Federation of Calgary Communities and Toole Peet Insurance, we recognize people who have made significant contributions to our community. This year we had a special group who helped make the new Cliff Bungalow community garden a reality. Please see page 6 to read all about it.

AGM recognitions

We want to recognize some special contributions that helped make the annual general meeting special. Servus Credit Union provided a grant towards the costs. We do our banking at Servus and they have been a great supporter of our community in addition of proving great banking service throughout the year. Purple Perk provided the coffee for the evening. They have done this for several years. Their shop is a popular meeting place on 4 Street. Bocce provided delicious pizzas at a reduced cost. They are a great addition to 4 Street. Jan

Pugh whipped up other great food and her mother, Jenett Gerencir, provided baked goodies. We thank them all for making the AGM a great success.

Casino update

On November 17, we received the net proceeds of \$74,190.24 from other casino that was held August 11/12, 2014. This is up 7.6 percent over the net proceeds from the February 18/19, 2013 casino. Thank you to everyone who made this casino a success. Next casino is second quarter of 2016.

Update on important planning matters

This is being written early in December and decisions on two important planning matters were to be considered at city council's meeting on December 8. The first item dealt with the proposed land use redesignation in the 300 block of 25 Avenue SW. Please watch our website and the February Mission Statement for updates.

The second item is the proposed sale of park land in the southwest corner of the community. Those attending the AGM passed a resolution supporting the community association's opposition to the sale of the parkland.

Stop the presses! We are pleased to report that on December 8 city council did not approve the selling of this parkland. We thank those on council who supported out position and those in the community that worked very hard on this important issue.

Let there be light

This time of year sees more darkness than daylight so we notice burned out street lights as we walk in our community at night. This can be made more perilous due to sometimes icy walks. While these burned out bulbs eventually will be discovered by those responsible to change them, we can help them by phoning 311 and reporting the light you see burned out. As you walk around the community, stop a moment and call 311 when you see a street light burned out. Getting them changed as soon as possible will help make our community a safer place to live, work and play.

Look for us on Facebook, Twitter and Instagram (#cbmca)



CBMCA AGM COMMUNITY HERO AWARDS

The Cliff Bungalow–Mission Community Association held its annual general meeting on November 27, 2014. The evening was not only an accounting of what we did in the past year, but a celebration of our community and the people who live here.

Each year, with the help of the Federation of Calgary Communities and Toole Peet Insurance, we recognize people who have made significant contributions to our community. This year we had a special group who helped make the new Cliff Bungalow community garden a reality.

With the success of the Mission community garden, there had been an interest in a Cliff Bungalow garden for many years. However there was not a threshold number of people willing to work on it until the last couple of years. This group had to work on getting city approval, local resident support and sufficient funding to get it built. They dealt with these challenges and more with flying colours. Despite inclement weather on May 24, many more stalwart volunteers than expected came out to help and, in just one day, the garden beds were built and filled with earth so that planting could begin. This was a true community-building event—not just the garden but the community as a whole.

We thank the following people who helped make this wonderful community garden happen: Brendan Baines (2014 Environment Director), Patrick Arnell, Janice

Capriotti, Jeremy Ennis, Geraldine Gray, Sarah Jackson, Colleen Krueger, Edwin Mattheis, Mahaly Smith, Pamela Smith, Chris Stewart, Renee Stewart and Tess Van Den Bosch.



Paul Meunier from Federation of Calgary Communities presents Community Hero Awards to Brendan Baines, Janice Capriotti, Mahaly Smith, Edwin Mattheis and Patrick Arnell.

We would also like recognize some special contributions that helped make the AGM special. **Servus Credit Union** provided a grant towards the costs. We do our banking at Servus and they have been a great supporter of our community, in addition of proving great banking services throughout the year. **Purple Perk** provided the coffee for the evening—they have done this for several years. Their shop is a popular meeting place on 4 Street. **Bocce** provided delicious pizzas at a reduced cost. They are a great addition to 4 Street. Jan Pugh whipped up other great food and her mother, Jenett Gerencir, provided baked goodies. We thank them all for making the AGM a great success.



All events are at the Cliff Bungalow–Mission Community Centre (2201 Cliff St SW) unless otherwise noted. Also check out our website at www.cliffbungalowmission.com for more information and updates.

JAZZ CONCERTS

Some unique jazz nights to start the new year!

Wednesday, January 7, 8 pm.
Jewish jazz night with Allan Merovitz

Wednesday, February 4, 8 pm. B3 organ night with the Gareth Bane Quartet

POTLUCKS

Sunday, January 11, 6 pm.
Bring something to share and taste an eclectic spread of great food with your neighbours. Next potluck is Sunday, February 8, 6 pm.

MOVIE NIGHTS

Sunday, January 25, 7 pm. Next movie night is Sunday, **February 22, 7 pm**

Check out our website regularly for new events and more information not available in our newsletter due to timing.
www.cliffbungalowmission.com

DEADLINE FOR MISSION STATEMENT SUBMISSIONS

First of each month prior to month of publication. The Mission Statement is published monthly. Email to cbmca.editor@gmail.com.





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Many of our community businesses have signed on to our new Membership Affinity Program, through which they will recognize your new community association plastic membership card. When you patronize their businesses, they will offer discounts and special offers to Cliff Bungalow–Mission Community Association members. Here is the current list of businesses that are part of the program:

Expedia Cruise Ship Centres: \$50 discount towards a \$1500 Travel Package

European Bakery: 10% off all items

4th Street Liquor & Wine: 10% off all items

Lorenzo's Pizza: 10% off on pick up orders and 5% off on delivery orders

Peking Dragon: 10% on Dine In items (excluding Dinner Combos), 15% on Pick Up items on orders over \$30.00

Rideau Pharmacy: 15% off Front Store items (excludes prescriptions)

Tea Factory: 10% off all Loose Leaf Teas and drinks

The Great Canadian Bagel: 10% off all items

Techno Sport: 20% off all waxes and tools Or 20% off in store Tuners

UPS Store: 5% off all products and services (excludes Canada Post products)

For any business that wants to be part of this program, please contact Auvo Wahlberg at auvo@telus.net. You can purchase your membership by using the membership form in this newsletter or online at our web site www.cliffbungalowmission.com/get-involved/memberships.

CBMCA Film Society We watch the coolest films!

Join us Sunday, January 25, 7 pm
at the Community Centre.

Watch www.cliffbungalowmission.com
for movie listings.

Cliff Bungalow–Mission Community Association



**Mailing Address 1811 – 4 Street SW
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Membership Form

(Please Print Clearly)

Name (1) _____

Name (2) _____

Name (3) _____

Street Address _____

Suite/Unit # _____ Postal Code _____

Phones (1) _____ (2) _____ (3) _____

Email (1)* _____

Email (2)* _____

Email (3)* _____

Membership Cost: Single \$10 ____ Family \$20 ____ Payment type: Cash ____ Cheque ____

New ____ or Renewal ____ If Renewal, provide your Card# _____ Purchase Date _____

* Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters

George Gershwin Irving Berlin Billie Holiday Louis Armstrong

The Cliff Bungalow–Mission Jazz Series Presents
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in
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Andrea Petrity - keyboard
Frank Rackow - saxophones and clarinet
Stefan Valdo - double bass
Robin Tufts - drums, percussion
Allan Merovitz - vocals, percussion

Wednesday, January 7th, 2015, 8pm
Cliff Bungalow–Mission Community Centre
2201 Cliff St. SW
Calgary, Alberta

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CLIFF BUNGALOW—MISSION LIFE IN THE 'HOOD

Do you love to take photos?

Post them to our Facebook page, on Instagram (include #cbmca) or email them to cbmca.editor@gmail.com. All subjects are welcome, from your dog frolicking in the snow to a funny sidewalk sign to your buds hanging at the Perk.

Let's show everyone how great life in Cliff Bungalow—Mission really is!

#cbmca



Decorating, yannhautepatisserie



Downy woodpecker, robin thompson

Wreaths, robin thompson

Red sky at night, mrs_ofstie



CALGARY RIVER COMMUNITIES ACTION GROUP

What's been happening since the flood?

Calgary River Communities Action Group (CRCAG) representatives met with both City of Calgary representatives and Kyle Fawcett, Minister of Environment and Sustainable Resource Development, in November. Here is what we discussed:

CRCAG met with the City of Calgary's recently formed flood resiliency group on November 28, 2014. This group has been tasked to implement the 27 recommendations outlined in the City of Calgary's expert management panel on the River Flood Mitigation report released in June.

A high-level implementation plan was developed by the group and has been approved by city council. A more detailed plan will now be established and the first progress report from the flood resiliency group

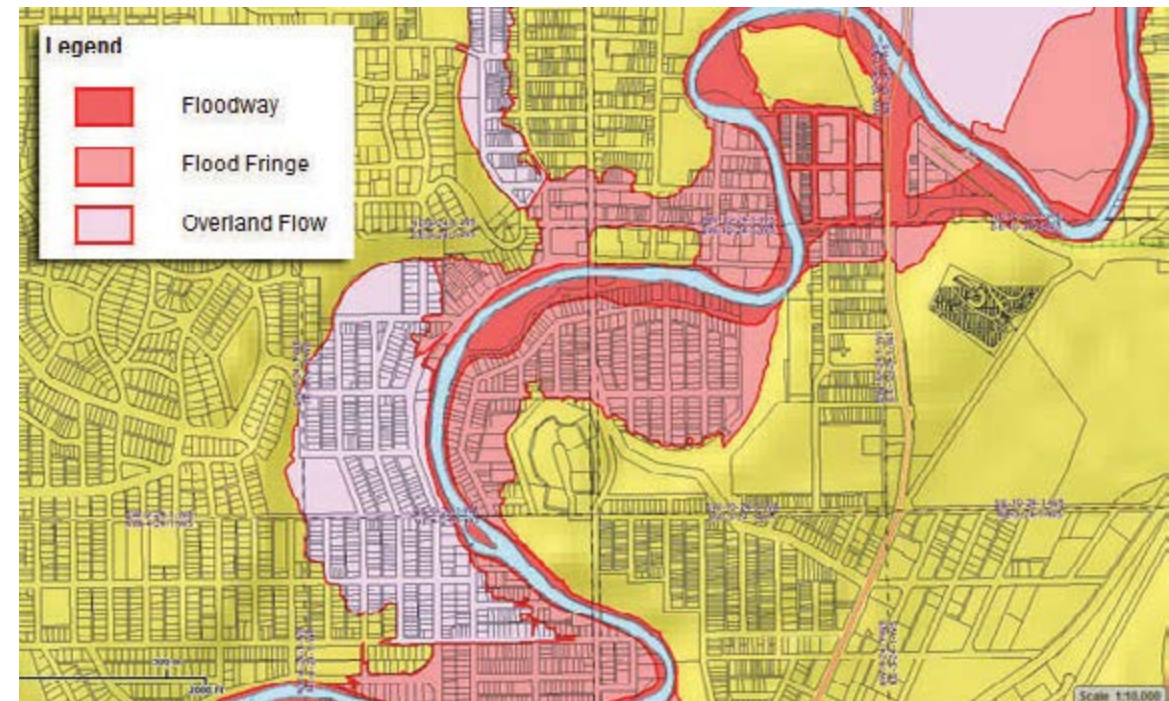
will be presented to the Utilities and Corporate Services committee at the end of April 2015.

Plan highlights

River forecasting and monitoring

- the City of Calgary is fortifying upstream river and weather monitoring systems;
- the city will coordinate the integration of new monitoring equipment with the province's Environment and Sustainable Resource Development Ministry (ESRD), who will operate the equipment, and work with TransAlta on an ongoing basis to manage river levels on the Bow;
- the owner of the infrastructure decides what to do in the event of a flood;
- on the Bow, an option may be to give ESRD responsibility for disaster response, on behalf of TransAlta;
- on the Elbow, the city determines what to do with the Glenmore reservoir.

~cont'd next page~



CALGARY RIVER COMMUNITIES ACTION GROUP cont'd



tom line analyses undertaken by the city;

- the province is trying to develop models for "damage curves" to analyze cost/benefit, which is being carried out by IBI.

River morphology study

Morphology studies for the Bow and Elbow rivers are underway to look at the dynamics of sedimentation and the possibility of removing accumulated sediment deposits from the 2013 flood.

Funding

Many flood resiliency projects are actually within the city's infrastructure plans so funding is committed. Additional funding is supplemented by

Glenmore upgrades

- replacement of wooden stop log system with automated steel gates that will increase the storage capacity of the reservoir and allow the city to mitigate for floods as large as a 1:40 year event;
- a funding request was submitted to the Alberta Community Resilience Program and it looks like it's a good cost/benefit analysis;
- Water Resources is currently in the detail design phase for upgrades to commence in late 2016/2017.

River berms

- erosion points along the Bow and Elbow rivers have been cataloged;
- a prioritized list of upgrades will be established using a triple bottom line analysis;
- looking to get a 100 year design strategy;
- will consider provincial upstream mitigation efforts and land impact in deciding where to implement river berm improvements or upgrades;
- improvements or upgrades of river berms will be to a standard of 1:100;
- all mitigation strategies are being evaluated and likely a combination of several strategies.

Flood damage assessment

- the province's flood damage assessment will help inform triple bot-

tom line analyses undertaken by the province and, if a funding program has concerns, the city will re-evaluate it.

The city and province are pursuing their work streams and these are gradually coming together. The next meeting with the city's flood resiliency group is targeted for February 2015.

Our meeting with the Minister of Environment and Sustainable Resource Development

Representatives from CRCAG met with Kyle Fawcett, Minister of Environment and Sustainable Resource Development, on November 14, 2014. Minister Fawcett proposed meeting with CRCAG periodically to provide updates and receive feedback from our constituents, and we will gladly do so.

CALGARY RIVER COMMUNITIES ACTION GROUP cont'd

The Alberta government has committed to providing flood mitigation to a level that would handle a flood of the magnitude of the 2013 flood, which has been characterized as a 1-in-200 year flood event.

Elbow River flood mitigation

The government has committed to going forward with the dry dam reservoir at Springbank that will encompass the "room for the river" concept. The Spring-



bank project alone may provide 2013-level flood protection—that will be known with greater certainty in the coming months. Negotiations between the Alberta government and affected Springbank property owners are progressing.

Public comments on the proposed Terms of Reference for the Environmental Impact Assessment (EIA) for the Springbank project were accepted until December 30, 2014. Once commenced, it is anticipated the EIA will take another year to complete. Detailed engineering design work for the project is progressing in parallel with the EIA process. Optimistically, shovels may be in the ground to commence construction of the project by spring 2016.

ESRD is reviewing feasibility of the Glenmore bypass tunnel and a decision will likely be made as to whether to proceed by early 2015.

ESRD is continuing to review the McLean Creek dry dam project and conducting a preliminary environmental assessment that is expected to be complete by end of 2014. A decision as to whether to proceed with the McLean Creek project will likely be made by early 2015.

Cost-benefit analyses are being conducted for all three potential projects, and expected to be completed by the end of 2014.

Bow River flood mitigation

The Alberta government is committed to negotiating a long-term agreement with TransAlta to use existing infrastructure on the Bow to provide flood mitigation to a 2013 flood protection standard.

The premier has asked Minister Fawcett and the Deputy Minister to meet with him to discuss options for the Bow River. CRCAG will re-engage with Minister Fawcett after this meeting has occurred.

Questions? questions@crcactiongroup.com

Cliff Bungalow–Mission
Community Association

Potluck Dinner



Sundays at 6 pm
January 11
February 8
Community Hall
2201 Cliff Street SW



Join us and hang out with
some very interesting
people.

Simply bring something
yummy and your own dishes
and cutlery.

For more info please email
at cbmca.social@gmail.com.

FCC AWARDS

Who done it and who won It? You tell us!

It's that time of year again – time to nominate someone in your neighbourhood for a 2015 Community Volunteer Award! Community associations would not survive without their volunteers. These hard-working individuals are the life-blood of our network, dedicating their time and energy to help improve neighbourhood life in Calgary. With more than 20,000 volunteers involved in 150 community associations across our city, the list of jobs and tasks they take on is endless. From maintaining the ice rink or organizing the community newsletter, to fundraising for a neighbourhood playground/garden or planning a large event, volunteers are handling it! We'd like you to take a minute and think about the volunteers helping out in your communities and how nice it would be to formally recognize and thank them for their efforts.

To give you an idea of the kind of work you can recognize we have created four award categories to choose from:

The Step Up Award. The unnoticed volunteer who always steps up to help out whenever and wherever they can, without being asked. They go above and beyond to shoulder the responsibility of addressing community needs without need for recognition.

The Spark Award. The volunteer who always brings new and exciting ideas to the table and sparks a sense of excitement within the community. They are a motivation to others and always engage others to be part of the community.

The Be Part of It Group Award. A group of volunteers who organized an event or project that created a strong sense of pride in the community. They engaged a variety of residents and partners to complete the job and the end result created a sense of belonging for the community.

The Community Builder Award. A volunteer who has spent his or her life dedicated to improving neighbourhood life within the community. This lifetime achievement award recognizes the volunteers whose efforts have impacted the quality of life both within their own community and the city as a whole.

Take the time to recognize your community's dedicated volunteers and nominate someone for a Community Volunteer Award today! It's easy and will be something they can hold onto forever.

For more information on the four award categories please go to our website at calgarycommunities.com for the formal nomination form. The deadline for nominations is Friday, February 6, 2015.

For more inspiration visit our YouTube channel for videos of past award winners. Please contact Rebecca at 403-244-4111 ext. 204.

Want to volunteer in Cliff Bungalow–Mission?

Community history book. We need a volunteer to cross-reference historic photos to match the book's chapters. Contact Judith at cbmca.historybook@gmail.com.

Newsletter archives. A volunteer is needed to sort/file hard copies, scan/organize electronic copies, and archive them on the website and hard drive. Can work from home, we'll provide guidance and equipment. Contact Marilyn at cbmca.heritage@gmail.com.

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COMMUNITY ISSUES PARKLAND SALE

You can take down those orange signs now



After a strategic public protest the previous Saturday, city council ruled on December 1 not to sell a green space to Mount Royal homeowner Donald Taylor, who recently discovered he didn't own the land adjacent to his property.

The roughly 2,000 square feet of green space on the escarpment in Cliff Bungalow was resurveyed after the flood of 2005 and revealed that what Taylor thought was part of his yard was actually part of an adjacent park. Taylor sought to purchase the land but many residents of Mount Royal and Cliff Bungalow objected, saying it's a public space with beautiful views of downtown that should be kept public. Council will negotiate a settlement with Taylor.

The Cliff Bungalow–Mission Community Association plans to take a leadership role in determining the park's future development as a crucial piece of the area's escarpment.

Attention Calgary property owners

On Jan. 5, 2015, The City of Calgary will mail the 2015 property assessment notices.

Your notice contains important information, including your Access Code to register for the Assessment Search website.

For more information, visit calgary.ca/assessmentsearch.

On the Assessment Search website you can access:

- › detailed information about your own property(s).
- › real estate market sales information used to prepare assessments.
- › summary information on other properties for comparison.

Assessment Search – getting started

First-time users will need to complete a two-step registration process:

1. Create a City of Calgary myID account.
2. Link your property assessment to your myID account. When you receive your 2015 assessment notice in January, go to calgary.ca/assessmentsearch and sign in with your myID. Enter the Roll Number and Access Code displayed on your notice.

2014-2361

calgary.ca | 403-268-2888



Onward/ Increase online services for citizens.

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Reading resolutions

Family Literacy Day, held annually on January 27, was established 16 years ago to raise awareness of the importance of reading together as a family. Created by ABC Life Literacy Canada, the literacy initiative encourages entire families to work together to develop better reading and writing skills. Reading together sets a good example for children, fosters literacy skills in youngsters and keeps parents' own skills sharp.

Observing Family Literacy Day is only the first step. Like anything else, becoming skilled at reading requires practice. So this year, why not resolve to make family literacy a daily habit in your home?

Here are tips to make your family's reading resolution a success:

- set an example for your children – let them see you read and hear you discuss what you have read;
- have lots of books in the house;
- set up cozy, well lit spaces for reading;
- give books as gifts;
- make regular trips to the library to stock up on books for the whole family;
- encourage your children to read both fiction and factual books;
- have your children read out loud to you and to lots of other people too;
- encourage your children to read the words that surround them every day – store signs, roads signs, flyers, labels and recipes.

Having your children read a book more than once is a great way to boost their confidence in reading and improve their speed. With a little imagination, a little encouragement and a lot of everyday reading, your whole family will help build their brains—and bonds!

For more family reading tips, visit calgaryreads.com.

ESfs Earth science for society A Geoscience Outreach Program

Free Admission Family-Friendly Open to the Public

March 15-17, 2015
Big Four Building

Stampede Park	
Sunday, March 15	12noon – 5:00pm
Monday, March 16	8:45am – 2:45pm
Tuesday, March 17	8:45am – 2:45pm

Highlights

- pan for gold with Yukon Dan;
- find fossils with the Burgess Shale Geoscience Foundation;
- geoscience talks on Sunday.

esfscanada.com

Volunteers Needed

Passionate about music or drama?

The Calgary Performing Arts Festival is looking for volunteers to help with the 2015 Festival from March 2-15 and April 20-30 at the Jubilee Auditorium and SAIT Polytechnic.

For more information, please contact Holly at 403-283-6009 or volunteer@cpafestival.ca

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We have appealed many houses and commercial properties in this area over the last 5 years.

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Cliff Bungalow—Mission Real Estate Update

Last 12 Months Cliff Bungalow
 MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price
November 2014	\$0	\$0
October 2014	\$0	\$0
September 2014	\$779,900	\$740,000
August 2014	\$1,279,750	\$1,220,500
July 2014	\$1,075,000	\$1,030,000
June 2014	\$1,262,000	\$1,195,750
May 2014	\$849,000	\$825,000
April 2014	\$1,274,000	\$1,220,000
March 2014	\$839,850	\$830,000
February 2014	\$0	\$0
January 2014	\$0	\$0
December 2013	\$0	\$0

Last 12 Months Mission MLS Real Estate Sale Price Update


	Average Asking Price	Average Sold Price
November 2014	\$402,470	\$395,095
October 2014	\$422,399	\$415,035
September 2014	\$396,868	\$389,111
August 2014	\$439,440	\$430,150
July 2014	\$616,364	\$601,583
June 2014	\$863,342	\$858,178
May 2014	\$331,683	\$328,283
April 2014	\$492,325	\$485,514
March 2014	\$426,314	\$428,714
February 2014	\$662,315	\$647,909
January 2014	\$317,920	\$310,040
December 2013	\$302,920	\$293,860
Total	192	112


To view the specific SOLD Listings that comprise the above MLS averages please visit cliff_bungalow.great-news.ca or mission.great-news.ca

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Monday, Friday & Saturday 10 AM – 5 PM
 Tuesday, Wednesday & Thursday Noon – 8 PM
 Sundays (mid-Sept to mid-May) Noon – 5 PM

ESL conversation club (Intermediate)

Practice your English listening and speaking skills in this six week program.

Mondays, Jan. 19 to Mar. 2

2:30 - 4:30pm

Registration required

Spanish conversation club

Join volunteer coaches and practice Spanish speaking and listening skills through conversational exercises. This program is for learners with intermediate Spanish language skills. Ages 16 and up.

Wednesdays, Jan. 21 to Feb. 25

6:00 - 7:30pm

Registration required

Parent-child Mother Goose

Enjoy a relaxing and fun hour of songs, rhymes and stories with your children.

Ages up to 12 months with a parent/caregiver

Fridays, Jan. 23 to Mar. 13

10:30 - 11:30am

Registration begins January 8

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Kindergarten: where your child's talents are treasured

Kindergarten is the start of an exciting adventure full of promise for children and their families. We understand that children bring their own unique talents and gifts to their learning experience, which is why we personalize students' learning to help them reach their full potential. In the early years, personalized attention can make a meaningful difference in children's lives.

From the very first day of kindergarten, our teachers begin looking into the future to help children take those next steps in their learning. We never lose sight of our ultimate goal, which is for every student to complete high school with a foundation of learning necessary to thrive in life, work and continued learning.

For those children who don't attend a preschool program, kindergarten will be their first introduction to school. This first year will be filled with significant early experiences they will remember for a lifetime.

We are proud to be a part of creating those memories. We are proud to provide learning as unique as every student. Come learn with us!

JANUARY MOON CALENDAR

	Full Moon Jan 4		Last Quarter Jan 13		New Moon Jan 20		First Quarter Jan 26
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FYI THREE MILLION LAKES

Canada has a lot of great things in abundance, like hockey players, parkas and Tim Hortons franchises. But did you know we also have more lake area than any other country in the world? It's true. The Great White North has 563 lakes larger than 100 square kilometres. The Great Lakes alone contain about 18 per cent of the world's fresh lake water. That's a lot of water. Makes you wonder if all of our country's allies are actually just thirsty.



in & around your community

Sledding safety

Alberta Health Services, EMS would like to remind parents and children of some basic sledding safety tips as the winter season continues. Sledding injuries can result from collisions with stationary objects such as trees and rocks or with other people on the hill. Unprotected falls can result in injury if you lose control at high speeds. Everyone is at risk – especially children. Educate your family how to stay safe by following these simple reminders and have a fun day on the toboggan hill.

Equipment

- ensure your sled is in good condition. Do not use sleds with broken parts, sharp edges, or splits in the material;
- currently, there are no helmets designed specifically for sledding. However children should wear a properly fitted helmet designed for high impact collisions, such as hockey, cycling, or climbing helmets.

Plan ahead

- dress warmly in layers and anticipate weather changes.;
- consider bringing extra sets of gloves and toques to exchange wet garments for dry ones;
- take breaks to warm up out of the cold;
- ensure frostbite hasn't affected any exposed skin;
- even when properly protected from the elements, the finger tips, toes, ears, the tip of the nose, and other high points on the face such as the forehead and cheek bones can be affected by frostbite;
- if frost bite has occurred, treat it by first removing the individual out of the cold environment. Gently warm the affected skin by placing a warm hand over it or by placing the affected part in warm water (not hot; ~41°C max.) until re-warmed.

Hazards

- avoid hills that are too steep, or too icy – you can lose control very quickly;
- choose hills free of obstacles such as trees, rocks, utility poles, or fences;
- be mindful of clothing that contains drawstrings, or loose clothing, such as scarves, which can present a choking hazard if they become caught or snagged.

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Cliff Bungalow-Mission mybabysitterlist

Name	Age	Contact	Course
Kiera	12	403-922-6067	Yes
Grace	12	403-616-6783	Yes
Dana	13	403-243-3836	Yes
Chris	13	403-701-3879	Yes
Sam	13	403-287-3740	Yes
Caitie	13	403-701-3879	Yes
Polina	13	587-296-1650	Yes
Emma	14	403-220-1537	Yes
Henry	14	403-719-8282	Yes
Mackenzie	14	403-805-6223	Yes
Kaitlynn	14	403-874-4034	Yes
Nia	15	403-991-8045	Yes
Abigail	17	705-706-4338	No
Amy	22	403-971-4374	Yes
Jordan	23	403-969-0165	No
Christoph	23	587-998-6172	Yes
Amanda	28	403-472-1989	Yes
Michelle	30	403-923-5111	Yes
Claire	33	587-894-8849	Yes
Michelle	34	403-831-8884	Yes
Salma	37	403-252-5052	Yes
Jane	49	403-467-3607	Yes
Jonahley	50	403-837-6348	Yes
Lynn	63	403-242-0003	Yes

Calling All BABYSITTERS

Enroll free at mybabysitter.ca and choose the Calgary communities you would like to babysit in.

Calling All PARENTS

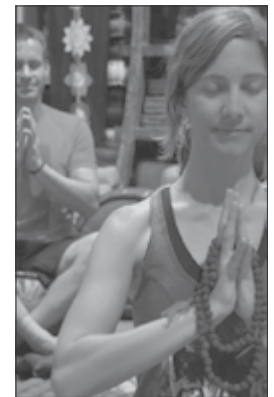
Visit mybabysitter.ca and find available babysitters in and around your community.

Disclaimer: We recommend for your own peace of mind that references be checked when choosing your babysitter. This babysitter list is provided as a service to the community and is governed by the terms & conditions outlined at mybabysitter.ca.

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NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.


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 I believe that if life gives you lemons, you should make lemonade... And try to find somebody whose life has given them vodka, and have a party. - Ron White



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EVAN WOOLLEY**

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Calgary, AB, Canada T2P 2M5
Phone: 403-268-2430

2014 Citizen Satisfaction Survey – Ward 8 report

The Citizen Satisfaction Survey 2014 results show that the vast majority of folks living in Ward 8 are happy to live in Calgary and within their communities. What the Ward 8 results also indicate is that the priorities I ran on align with the priorities of the Ward.

The survey shows that Ward 8 residents want to see a greater priority place on:

- parks and pathways,
- recreation and community services,
- planning and growth management,
- downtown revitalization,
- cycling,
- arts and culture,
- multi-family recycling, and
- homelessness, poverty, and affordable housing

Big wins for Ward 8 this year include the approval of multi-family recycling, the Centre City Cycle Tracks pilot project, and funding for some badly-needed inner city parks from the ENMAX Legacy Parks fund.

This is just the first step, and there's still a lot of work to do in order to make Calgary even better. I campaigned on the idea of "communities first" last year. That still remains my top priority. I am working towards revitalizing our existing infrastructure, managing how our city grows, offering Calgarians more affordable housing options, and taking steps to make our communities even more vibrant.

I started here a little over a year ago because of my strong passion for my community and city. I still feel the same way, and am committed to making Ward 8 and Calgary a great place to live, work and play.

You can view the city-wide and ward specific survey results at www.calgary.ca.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication

Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit



Why is someone who is feeling great 'on cloud nine'?

Because types of clouds are numbered according to the altitudes they attain, with nine being the highest cloud. If someone is said to be on cloud nine, that person is floating well above worldly cares.

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Alberta Health Care	403.310.0000
AHS Addictions Hotline	1.866.332.2322
ATCO Gas – 24 Hour Emergency	403.245.7222
Calgary HEALTH LINK 24/7	403.943.5465
Calgary Police – Non Emergency	403.266.1234
Calgary Women's Emergency Shelter	403.234.7233
Child Abuse Hotline	1.800.387.5437
Child Find – Alberta	403.270.3463
Distress/Crisis Line	403.266.4357
ENMAX – Power Trouble	1.800.332.1414
Poison Centre - Alberta	403.944.1414
Suicide Crisis Line	1.800.784.2433
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Alberta Children's Hospital	403.955.7211
Foothills Hospital	403.944.1110
Peter Lougheed Centre	403.943.4555
Rockyview General Hospital	403.943.3000
Sheldon M. Chumir Health Centre	403.955.6200
South Calgary Urgent Care Health Centre	403.943.9300
South Health Campus	403.956.1111
OTHER	
Calgary Humane Society	403.205.4455
Calgary Parking Authority (Towed/Abandoned Vehicles etc.)	403.537.7100
Calgary Seniors' Resource - SeniorConnect	403.266.6200
Elder Abuse Resource Line (65+)	403.705.3250
Call Before You Dig (Buried Utilities)	1.800.242.3447
City of Calgary	211 and 311
Elder Abuse Resource Line (65+)	403.705.3250
Kerby Centre for the 55 plus	403.705.3246
Neighbour Mediation Hotline	403.269.2707
Road Conditions – Calgary	1.877.262.4997
Weather Information	403.299.7878
Gamblers Anonymous	403.237.0654
Need-a-doctor	www.needadoctorcalgaryandarea.ca

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