SEPTEMBER 2017 ~~

THE MISSION SEPTEMBER 2017 SEPTEMBER 2017



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION





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The Cliff Bungalow - Mission Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.

IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary Weather Information	511
Gamblers Anonymous	403-237-0654

September 2017











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PRESIDENT'S REPORT

New Season of Events and Activities

September is the start of a new season of events and activities. There are no less than ten CBM community events in September. All but one is at the community centre. The exception is Pride Parade. There is something for everyone including two election forums. Look for the Community Calendar elsewhere in this newsletter and look for separate more detailed information pieces on many of the events. Our community centre is truly the hub of activities in our community.

More information will be posted on our website www. cliffbungalowmission.com closer to each event. We invite you to join your neighbours and help make this another successful season.

Pride Parade

The community association has registered to march in this year's Pride Parade on Sunday, September 3. This is the second time for our community. Last year we were the only community association in the parade. Why not join in as we let it be known we are a welcoming, inclusive community. For more information, contact cbmca.treasurer@gamil.com.

Annual Community Clean-Up

Our annual Community Clean-Up will be held on Sunday, September 9 from 9 am to 2 pm. The hours are set by when the garbage trucks will be on site. This is your opportunity to get rid of things that you normally would take to the dump. Please do not be late as many people in the past have come after the trucks have left.

You can also recycle a range of electronics and accessories, scrap metal, and we will be accepting bicycles in good condition. You can also bring still useful items for exchange or get something you would like at our free swap table. Anything not claimed by 2 pm will either go to the dump or be donated if suitable. If you are able to help with this event, please e-mail cbmca.evnvironment@gmail.com.

Civic Election All-Candidate Forums

The 2017 Civic Election will be held on Monday, October 16. This election our community will be split into two wards. Cliff Bungalow remains part of Ward 8 while Mission will become part of Ward 11. We will be hosting two allcandidate election forums. The one for Ward 11 candidates will take place on Monday, September 25 while the one for Ward 8 candidates will take place on Monday, October 2. There are more details elsewhere in this newsletter. The contact for these forums is cbmca.treasurer@gmail.com.



Pride Parade

Sunday, September 3

It's time to get excited! The Cliff Bungalow - Mission Community Association will be walking in the annual Calgary Pride Parade again this year! Mark the date in your calendars and join us on Sunday, September 3, 2017 between 12:30 pm and 1:30 pm in this annual celebration of the LGBTQ community here in Calgary.

We hope that with your help, it will be the best one yet! Everyone is there to have fun, so let's help make it a great parade! More details to follow (e.g. marshalling location), but if you want more information, please contact Amanda West at cbmca.treasurer@ amail.

YOUR CITY OF CALGARY

Serve on City of Calgary's Appeal Boards

Share your expertise and experience by applying between Sept. 5 and Oct. 3 to serve on one of Calgary's tribunals. Calgarians serving on these appeal boards make decisions on appeals regarding planning, licensing and certain other decisions made by The City of Calgary. Each tribunal has unique member requirements and eligibility. For more info visit calgarysdab.ca and calgary.ca/lcsab.

GLEAN-UP

Saturday, September 9, 2017 9:00 am - 2:00 pm

Back parking lot of Holy Angels School, 2105 Cliff Street S.W.

Each year, we team up with the City of Calgary to help you get rid of unwanted household items and property waste. Last year, a record of one million kgs of waste and nearly 200,000 kgs of organics were collected. The City trucks will take away household items and organics.

In addition to the City of Calgary's Garbage Trucks, we will have the following initiatives running:

Gently Used Goods Donations

Women in Need Society (WINS) accepts all gently used clothing (women's, men's, children's), household items, toys and furniture. Please ensure items are gently used and in working order. For ease of transport, we'd be grateful if donations could be dropped off in sealed boxes or bags.

Recycling

Recycle Logic will be joining us to accept materials that you can't put in your standard community recycling. Some examples of material that will be accepted by Recycle Logic: cable boxes, modems/network switches, stainless steel kitchen appliances, cords, extension cords,

Christmas lights, stereo equipment, speakers, CD /DVD/ DVR players, microfiche readers, microwaves, cell phones, network equipment, testing equipment, circuit boards, receivers (satellite & cable), uninterruptible power supplies, gaming consoles, games, projectors, VCRs

Scrap Metal

Our friend Mike will be collecting tires, batteries, old broken bikes (usable ones can go to The Syrian Refugee Support Group), and all kinds of scrap metals except fridges.

Bikes

The Syrian Refugee Support Group will be on hand to collect gently used bikes and helmets for its bike program. Adult newcomers to our city need adult bikes and helmets for transportation and the children need to feel the wind in their faces. The Syrian Refugee Support Group has branched out to help not only those from Syria, but to any adult or child in need.

Free Table

Drop off what you don't need anymore! Pick up what you do! Think of it as a free garage sale. Fun for the whole family.

Please note that the following items are **NOT** accepted by the garbage trucks:

- Glass (e.g. window panes, glass table tops)
- · Household appliances with Freon (e.g. refrigerators, freezers)
- Liquids (e.g. cooking oils)
- Rail way ties
- Sod or dirt
- · Household hazardous waste including: propane tanks, paint, automobile, cleaning, healthcare, and gardening chemicals

Super excited about the Community Cleanup and want to volunteer your time to help out on the day? Email cbmca.environment@gmail.com



The Mission Statement

The views expressed by contributors to the Mission Statement are not necessarily those of the CBMCA board or its associates.



Contact us

Cliff Bungalow - Mission Community Association 462, 1811 4 Street SW, Calgary Alberta T2S 1W2 403 245 6001

www.cliffbungalowmission.com Look for us on Facebook, not to mention Twitter and Instagram (CBM_CA)!

We value your contributions

The Mission Statement exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to cbmca.editor@gmail.com in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put Mission Statement on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.



Cliff Bungalow - Mission Community Association Board List 2016 - 2017

President	Bob Lang	cbmca.president@gmail.com 403-229-2762		
Vice President	Jan Pugh	cbmca.facility@gmail.com		
Secretary	Rick Williams	cbmca.secretary@gmail.com		
Treasurer	Amanda West	cbmca.treasurer@gmail.com		
Planning and Development	Sander Jansen	cbmca.development@gmail.com		
Environment	April Vande Beek	cbmca.environment@gmail.com		
Heritage	Marilyn Williams	cbmca.heritage@gmail.com		
Social	Amanda Weightman & Kaeleigh Doherty	cbmca.socialevents@gmail.com		
Communications	Jane Kubke	cbmca.editor@gmail.com		
Directors-at-	Ken Hryciw			





All events are at the Cliff Bungalow – Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

Pride Parade

We have registered for a second year to walk in the Pride Parade on Sunday, September 3. Last year we were the only community association to do so. Join us for this fun event. For more information, e-mail cbmca. treasurer@gmail.com.

Jazz Concerts

Featuring talented local artists playing in our historic

- September 6 Pianist Esteban Clavijo and his group
- October 4 Vocal jazz night with Johanna Sillanpaa

Doors open by 7:30 pm, music starts at 8 pm. We recommend you arrive early, enjoy a beverage and get a good seat.

Community Clean-Up

Saturday, September 9, 9 am to 2 pm - this is your chance to drop off unwanted things that would normally go to the dump but the dump trucks come to our community to receive such items. There is also recycling of electronics. Plus there is an exchange of still useful items you no longer want. Don't be late as the trucks leave at 2 pm sharp.

Potlucks

Bring something to share and meet your neighbours. Good food and great conversations.

Next potluck is Sunday, September 10, 6 pm.

October potluck is Sunday, October 1, 6 pm (one week earlier due to Thanksgiving weekend the following week)

Embrace Gardening Event

Monday, September 11 - 6:30 pm, munch-n-mingle, 7 -9 pm presentation and Q & A. Featuring Janet Melrose, Calgary's Cottage Gardener.

Board Game Nights

Bring a Board game and some snacks. Cash bar. No entry charge.

Next Board Game night is Saturday, September 16, 7 pm. October Board Game Night is Saturday, October 14.

Special Session on Tree Pruning and Disease 101

Wednesday, September 20, 6:30 pm. Registration required. See more information elsewhere in this newsletter.

Doors Open YYC

Saturday, September 23, 10 am to 4 pm. Guided tours of Cliff Bungalow School building by the Heritage Committee.

Movie Nights

Next film night is on Sunday, September 24, 7 pm.

Civic Election All-Candidates Forums

Cliff Bungalow - Mission Community Association will host two all-candidate election forums.

- Ward 11 (east of 4th Street) Monday, September 25, doors open 7 pm, forum starts 7:30 pm.
- Ward 8 (west of 4th Street) Monday, October 2, doors open 7 pm, forum starts 7:30 pm.

History Book Sales

Copies of our community history book "Cliff Bungalow -Mission, a Heritage Community" can be obtained at all community events at the community centre. \$30 per

Check out our website regularly for new events and other information not available at time of newsletter publishing.

www.cliffbungalowmission.com

Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to cbmca.editor@gmail.com.



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Post it!

Let's tell the world about life in Cliff **Bungalow-Mission**

See something interesting in the 'hood?

Take a photo and post it to **Instagram** (with the hashtag #cbmca) or to our Facebook page. It can be anything:

- a selfie of you and friends at a 4th Street eatery? Post it!
- a cute dog? **Post it!**
- birds at your backyard feeder? Post it!

#cbmca

MEMBERSHIP AFFINITY PROGRAM

Use your membership card to save!

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

- Clear float spa: 105, 1800 4 St SW, 10% discount (except for the Theta Membership)
- European Bakery: 515 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 4 St SW, 10% off food and beverages
- 4th Street Liquor & Wine, 1809 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.
- Lorenzo's Pizza: 515 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 4 St SW, 25% off initial assessment (includes massage), 15% off all products sold, free gait assessment.
- Peking Dragon: 1904 4 St SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 4 St SW, 15% off Front Store items (excludes prescriptions)
- Tea Factory: 1820 4 St SW, 10% off all Loose Leaf Teas and drinks
- The Tech Shop: 2424 4 St SW, 10% off regular priced footwear / accessories, 15% off regular priced apparel
- UPS Store: 1811 4 St SW, 5% off all products and services (excludes Canada Post products)
- Yann Haute Patisserie: 329 23 Avenue SW, 10% off their patisseries.

Do you own or manage a business and would like to be part of this program? Please contact cbmca.editor@ gmail.com. Residents may purchase a membership by using the membership form in this newsletter or online at our website www.cliffbungalowmission.com, click on "Get Involved".

VOLUNTEERING.....

Good for the Soul



Our community was chosen as one of the 25 ReTree Communities for 2017. These communities were chosen based on many factors, the main ones being storm damage, open canopy space and community interest. One of the benefits of being in the program is free tree education sessions where citizens learn to care for their own trees. The primary goal of ReTree YYC is to encourage the proper planting and maintenance of the urban forest by helping Calgarians plant and maintain trees, improving the city landscape for generations to come.

Leaves are changing colour and the nights are cool fall is here. ReTree YYC wants to let you in on a pro tip: now is the perfect season to give your current trees some TLC and to plant some new ones. With the leaves coming off your yard's trees, you're able to see the structure and shape of the plant easily, so pruning any broken, crossed or unsound branches is simple. And as garden centers are trying to sell their remaining product before winter, you can pick up new trees for your home at a much lower cost than you'd pay during spring... and you can plant a tree in the fall with enough time for the plant to establish itself before the snow flies.

ReTree YYC has free online eLearning modules available, offering guick and easy tutorials on both planting new trees and pruning existing ones. Find them and all the tree related information you'll need at calgary.ca/trees.

YOUR CITY OF CALGARY

2017 Municipal Election: Vote for your Mayor, Councillor, and School **Board Trustee**

This Fall Calgarians will vote for their Mayor, Councillors, and School Board Trustees in the 2017 Municipal Election. Voters can choose to cast their ballot during the

Advance Vote from October 4 – 11, excluding October 9 (Thanksgiving) or on Election Day, October 16. There are many ways to vote, so be sure to check the website www.electionscalgary.ca for a complete list of voting options. Voting station locations will be available online after September 19, 2017, or you can watch the mail for your official Election Guide.



The Embrace **Gardening Series**

with Janet Melrose

This series of talks by Calgary's cottage gardener, is organized by a consortium of inner city community gardens—of which Cliff Bungalow – Mission is a part. These free talks over the summer months are hosted by participating communities. Everyone is welcome to attend; donations are gratefully received.

Monday, September 11, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: "Harvest time" at Cliff Bungalow – Mission community hall.

Supervised Consumption Services

at Sheldon M. Chumir **Health Centre**

By Amanda West

As all in the community may now be aware, a supervised consumption services site will be opened at the Sheldon H. Chumir Health Centre in the spring of 2018. A supervised consumption site is a place where people can consume drugs in a monitored, hygienic environment to reduce harm from substance use while being offered additional services such as counselling, social work consultations and opiod dependency treatment. In the first quarter of 2017, 113 people in Alberta died of apparent overdoses related to fentanyl, compared with 70 in the first quarter of 2016. There were 303 deaths attributed to fentanyl or other opioids in 2016, and we will surpass that figure long before the end of the current year. This is a public health crisis, affecting not only Calgary or our province, but Canada as a whole.

On behalf of the Cliff Bungalow - Mission Community Association, we attended public consultation events put on by Alberta Health Services. We found these sessions to be informative, fact-based and well attended by many members of the communities in the catchment area of the health centre. Doctors, nurses, members of AAWEAR (Grateful or Dead), a member of the Calgary Police Service and SORCe (Safe Communities Opportunity and Resource Centre) as well as many community members shared information. Among the issues discussed, was the matter of how the practice of enforcement can do little to prevent or curb this issue, although enforcement will remain an integral component of a comprehensive strategy to address substance use issues.

The Four Pillars Approach to drug addiction—harm reduction, prevention, treatment, enforcement—first implemented in Europe in the 1990s, provides extensive evidence that supervised consumption services improve treatment access, reduce ambulance call outs, decrease crime in the areas surrounding the safe consumption site, improve public order and reduce the number of unsafely disposed syringes. The ability to provide wrap-around services such as referrals for detox, residential care, therapy and replacement services (like methadone) as well as the chance to intervene earlier, mean a better quality of life for all in our community.

The Calgary Police Service and Alberta Health Services acknowledge that this is a complicated process, and that there will be issues once the site has opened. However, they have committed to mitigate problems and are willing to address any ongoing concerns raised by the community. We urge you to support this initiative. If you need more information, please visit www.stopODs. ca or email scs.calgary@ahs.ca

THE CLIFF BUNGALOW - MISSION JAZZ SERIES PRESENTS



Jazz Under the Cliff with

The Esteban Herrera quartet

Wednesday, September 6, 8 pm Cliff Bungalow - Mission Community Centre

Cover: \$15 cash (Seniors, Students and CBMCA members \$10)

Doors open at 7:30 pm; Music starts at 8 pm

No reservations taken; rush seating only

We recommend that you come early, enjoy a beverage and get a good seat

Esteban Herrera - piano Oliver Miguel - saxophones Lisa Jacobs - bass Luis Tovar - percussion

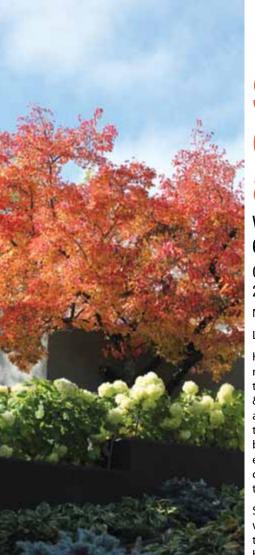
Pianist and Composer Esteban Herrera is a recent arrival on the Calgary jazz scene. He has been a professional jazz musician for more than 20 years and has

performed and recorded in Mexico, USA, Canada, Germany, Italy and France. He plays original music in contemporary jazz style. On this first concert of the new CBM season he will perform tunes from some of the four albums he has released up to date and also some new compositions that will be released on a future album. For more information on Esteban, please visit his web site: www.estebanherreramusic.com

Performance Schedule: 2017/2018

- September 6 The Esteban Herrera quartet
- October 4 Vocal jazz night with Johanna Sillanpaa
- November 1 Saxophonist Rick Climans and his guartet
- December 6 Percussionist Robin Tufts and guests
- January 3 Pianist Michelle Grégoire and her group
- February 7 Guitarist John McRory and his group
- March 7 Saxophonist Oliver Miguel and guests
- April 4 Vocal jazz night with Deanne Matley
- May 2 Bassist Rubim de Toledo and guests
- · June 6 Season conclusion with the Jazz Winds Composers Collective





ReTree YYC **Special Session** on Tree Pruning and Disease 101

Wednesday, September 20 6:30 pm to 8 pm

Cliff Bungalow - Mission Community Centre 2201 Cliff Street SW

No charge but registration is required.

Limited number of tickets.

Have you ever pruned your trees, but weren't sure if you were doing it right? Have you looked at your trees and noticed they aren't as healthy as they use to be and wondered what could be happening to them. Pruning & Disease 101 will cover what you need to know before "making the cut", and will cover common tree diseases in Calgary, what they look like, what treatments can be used and where to go for more information. This is a beginner to intermediate course, but also a great venue for community experts to help educate their neighbours and discuss community tree care. After this course you can feel confident pruning and maintaining the health of your trees.

Still have questions? Don't worry! There will be plenty of time for Q & A with a certified City of Calgary Urban Forestry Technician at the end of the presentation. Maximum capacity is 30 participants. To register visit: http://bit.ly/2tjMEBw.



mongolian pony express

The Mongol Empire invented an efficient horse-back mailing system that they called the Yam. Six centuries later, the Yam system would emerge again to be implemented in America, where it was known as the Pony Express.

Cliff Bungalow - Mission Community Association

462, 1811 4 Street SW Calgary, AB T2S 1W2



<u></u>
Membership Form (Please Print Clearly)
Name (1)
Name (2)
Name (3)
Street Address
Suite/Unit # Postal Code
Phones (1) (2) (3)
Email (1)*
Email (2)*
Email (3)*
Membership Cost: Single \$10 Family \$20 Payment type: Cash Cheque
New or Renewal If Renewal, provide your Card# Purchase Date
*Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters

TIME TO RENEW YOUR MEMBERSHIP

Our membership year is AGM to AGM. The AGM was on Wednesday, November 23, 2016, so if you have not renewed you membership, now is the time to do so.

You do not get a new card every year. The plastic membership card is permanent. You get a new date sticker when you renew your membership.

Having a CBMCA membership has become more popular partly because of the Membership Affinity Program. All you have to do is show your up-to-date membership card to obtain discounts. See details of this program elsewhere in this newsletter.

To purchase or renew your membership, just fill in the membership form elsewhere in this newsletter and send it in with your cheque to the address on the form.



Historic Promenade Strolls

Last Fall, our original CBMCA Historic Promenade group hatched a lofty plan to put our Historic Stroll—including the Historic Promenade starting at Mission Bridge—"on the map" for an increased number of Calgarians. We blitzed a number of organizations/publications/schools. This resulted in three planned guided walks (distributing self-guided bilingual walk brochures from brochure holder permanently on the Promenade). Interest and attendance exceeded our expectations. Jane's Walk in May drew around 40 participants, Canada's lively Birthday Party Celebration Walk brought out about 100 strollers, and Historic Calgary Week also saw about 100 people. Our sincere thanks to the Calgary Herald for featuring our stroll in an August 5 feature.

Mission Affordable Housing Update

from Calgary Housing Company

In late July, Calgary Housing Company and The City of Calgary celebrated the regeneration of a 27-unit affordable housing property on 20 Avenue SW. The \$1 million redevelopment of the provincially-owned Mission property was funded by the Province and included a complete overhaul of the building envelope, new exterior cladding, upgrades to insulation, windows and doors, and enhancements to interior spaces. Overall, the investment of approximately \$38,500 per door will result in an extended lifespan of thirty years or more. New construction of this kind of housing is estimated to cost approximately \$240,000 per door. The Mission property provides 27 homes for individuals not able to affordably access housing in the regular rental market.

YOUR CITY OF CALGARY

2017 Election Ward **Boundary Changes**

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees, During the 2017 Municipal Election, new ward boundaries will come into effect, which could change who the candidates are on your ballot and your voting station location. A total of

58 communities were impacted by the ward boundary changes. If you are in a community that has changed wards, you will be voting in a different ward than the last municipal election. It is important that you check your ward so that you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit www.electionscalgary. ca, or call the Elections & Census Office at 403-476-4100 (Option 2).



Equinox

Union Cemetery, Saturday, September 23, 6:30 – 9:30 pm

Each year on the Autumn Equinox, people of all ages and beliefs gather in historic Union Cemetery. The Equinox Vigil is a free, all-ages, inclusive secular sacred event honouring the dead in creative and meaningful ways. Inspired by both ancient and contemporary traditions from around the globe, Equinox Vigil is a creative, respectful evening to honour the deceased and celebrate the natural cycle of life and death.

All evening, live acoustic music and the voices of the Union Choir resonate amid the headstones. Under twinkling lights in the memorial craft tent, you're invited to create personal memorial tributes. A hosted Tea Garden offers a sanctuary for conversation. And at the end of the evening, join a lantern procession winding its way down the Union Cemetery hill. Colourful shrines and art installations created by professional artists come alive through community participation. By performing simple acts like adding personal mementoes to shrines or joining the lantern procession, each participant becomes a part of a community drawing close to mourn our deceased through art and ritual.

Opening Ceremony: 6:30 pm, Choir-led Lantern Processions: 8 pm & 9:15 pm

For further details visit www.equinoxvigil.ca

Civic Election 2017 **All-Candidate Forums**

You may be aware that there is a Calgary Civic Election on Monday, October 16. However, you may not be aware that our community is being split into two wards. Cliff Bungalow (west of 4th Street) will remain part of Ward 8, while Mission (east of 4th Street) will be part of Ward 11 as of election day. To assist voters in making an informed decision on whom to vote for, the Cliff Bungalow - Mission Community Association will be hosting allcandidate forums, one for each ward. The details are as follows:

Ward 11 All-Candidates Forum Monday, September 25 Doors open at 7 pm Forum start at 7:30 pm

Ward 8 All-Candidates Forum Monday, October 2 Doors open at 7 pm Forum starts at 7:30 pm

Both will be held at

Cliff Bungalow - Mission Community Centre 2201 Cliff Street SW

Seating is limited, so come early.

We urge the election teams of the candidates to allow local residents to get seats.

There will also be limited standing room.

If a candidate has not been contacted because we are not aware they are running, please contact Amanda at cbmca. treasurer@gmail.com. We will be providing candidates with more information on the format of the forums.

See something cool in the neighbourhood?

#cbmca

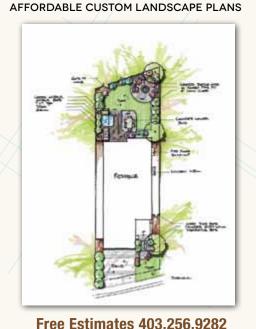


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5th Franglofun Stampede BBQ -**Many to Thank** for its Success

Further to the pictures in the August newsletter, Cliff Bungalow - Mission Community Association partnered with Bureau de Visibilité de Calgary for the 5th Franglofun Stampede Barbeque held in our hall on Saturday, July 8. While we did not do a formal head count, we do know there were over 100 guests registered to attend, including many dignitaries. A posse of MLAs, including several Provincial Government Ministers attended. The Mayor made a brief appearance at the beginning of the event and spoke in both French and English.

The food was superb, thanks to Jan Pugh and her family. There was pulled pork, baked beans and a special homemade coleslaw from a family recipe, made by Jan's mother. There was also a Stampede-themed sculpture made from watermelon and other fruit to celebrate Canada's 150th anniversary. And of course, what would an event like this be without a cake, again celebrating Canada's 150th.

Entertainment included musicians, and Diane Seguin's Line-dance Stampede group, who showed attendees the line dance ropes. As we do not have air conditioning in our historic building, it was very hot in our hall due to the heat wave. Lots of ice cold water was consumed.

Some of the people from our community who helped on the day of were: Ken Hryciw, Jim Jung, Jane Kubke, Bob Lang, Jan Pugh and Amanda West.

Suzanne Nicol de Courville of Bureau de Visibilité de Calgary coordinated the Francophone community groups and invited the special guests. Ann Bioteau and Marc LeLonde of the TV show Hello-Bonjour Alberta emceed the event. Many volunteers from the Francophone community helped to make the event a success, but we do not have a list to formally recognize them. Thanks to them all.

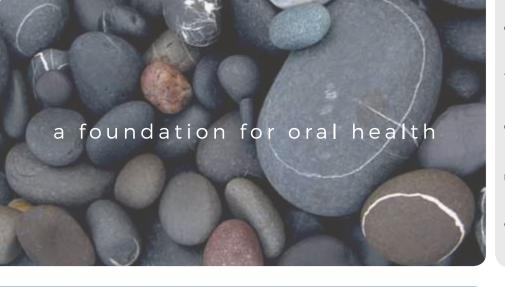
BECOME A SUPPORT HOME

Open your hearts and homes to vulnerable children and youth today.



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(7) Listen to the feedback, concerns, and questions in Ward 11 - and represent those interests in the decision making process.

Collaborate with community groups, residents, and governments at all levels to deliver policy results that builds sustainable and vibrant Ward 11 neighborhoods.

Support Calgary's entrepreneurial spirit and invest in a future that continues to make this city the best place to live while respecting our economic realities.

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YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

Autumn Pumpkin Festival - Calgary Corn Maze & Fun Farm, Weekends in October

Celebrate Autumn each weekend in October at the corn maze, the fun farm and the petting zoo. Endless activities to keep the wee ones occupied and then pick a pumpkin to take home on your way home. Not all activities included in admission price. More info: calgarycornmaze.com.

The Great Grilled Cheese Cook-off - Jerome's **Appliance Gallery, Oct. 1**

Amateur and professional chefs will prepare their very own gourmet grilled cheese recipes in support of Brown Bagging for Calgary's Kids. Your mission is to taste 10 samples and then judge them along with a distinguished panel of judges, with a hand-crafted soda to wash it all down.

Piaf! The Show – Arts Commons, Oct. 4

A powerful and moving celebration of the life and music of the legendary French chanteuse, Edith Piaf. Starring Anne Carrere who has been hailed as "Edith Piaf's legitimate musical heiress," Piaf! The Show has received rave reviews around the globe. More info: artscommons.ca.

Wordfest - various venues, Oct. 10 - 15

Wordfest is a not-for-profit organization that hosts yearround literary events featuring the world's best writers at around 70 events in our city. More info: wordfest.com.

Reconciliation Journey: Walking a Path Together -Carriage House Inn, Oct. 12

This is the second conference planned this year by the Indigenous Advisory Committee through the Enough For All Catalyst Fund. Expect discussions of the organization's work on Reconciliation as they relate to the 94 Calls to Action, as well as special guests, keynote speakers and panel discussions about the exciting work happening across Calgary. More info: vibrantcalgary.com.

Ghoul's Night Out - Heritage Park, Oct. 26 - 27 Heritage Park will be transformed into a spooky extravaganza for families with children three to nine. Ghostly encounters, crafts, treats, festive festooning and so much more! Look for more info to come: heritagepark.ca.

HALLOWEEKENDS – CALAWAY PARK **SEPT. 9 – OCT. 9**

Enjoy Calaway in full spooky splendour with the Boo Crew, and don't miss: face painting, Thriller dance lessons, scavenger hunts, special guests, family photos and more! There will even be a costume contest on Sept. 16. More info: calawaypark.com.



ZACHARY LUCKY – GALLERY HOUSE CONCERT SOCIETY, OCT. 2

Check out this unapologetically old-school country performer. Armed with his husky, baritone voice, he has received comparisons to Gordon Lightfoot and Kris Kristofferson. He sings of Canadian places and people, and puts on a sultry and intimate performance. More info: galleryhouseconcerts.com.



CANADA SOCCER'S TOYOTA NATIONAL **CHAMPIONSHIP U-15 CUP - CALGARY** SOCCER CENTRE, OCT. 5 – 9

These championships are the definite amateur soccer event of the year, crowning the country's best community soccer clubs. Over 3,000 participants and spectators from across Canada are estimated to be part of the 2017 U-15 Cup in Calgary this year. More info: canadasoccer.com.







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Cliff Bungalow - Mission Real Estate Update

Last 12 Months Cliff Bungalow MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price		
July 2017	\$1,095,000	\$1,065,000		
June 2017	\$999,500	\$960,000		
May 2017	\$1,607,450	\$1,550,000		
April 2017	\$0 \$0			
March 2017	\$1,174,950	\$1,101,000		
February 2017	\$1,700,000	\$1,600,000		
January 2017	\$0	\$0		
December 2016	\$0	\$0		
November 2016	\$0	\$0		
October 2016	\$0	\$0		
September 2016	\$862,495	\$822,625		
August 2016	\$1,799,000	\$1,799,000		

Last 12 Months Mission MLS Real Estate Sale Price Update

	Average Asking Price	Average Sold Price		
July 2017	\$329,900	\$312,500		
June 2017	\$452,000	\$425,250		
May 2017	\$382,450	\$379,250		
April 2017	\$296,900	\$289,900		
March 2017	\$359,900	\$345,000		
February 2017	\$335,000	\$332,000		
January 2017	\$319,900	\$306,250		
December 2016	\$389,450	\$375,250		
November 2016	\$342,450	\$319,000		
October 2016	\$0	\$0		
September 2016	\$339,987	\$300,000		
August 2016	\$369,750	\$360,000		

To view more detailed information that comprise the above MLS averages please visit cliff_bungalow.great-news.ca or mission.great-news.ca



City of Calgary adopts a **River Access Strategy**

With the growth in population and resulting increase in water sports and recreation, the unfettered access by humans and dogs to our rivers was and is having deleterious consequences on the fishery, riverbanks and water quality. Safety was also threatened as the Calgary Fire Department competed with the public to access emergency launch sites that were never intended for public use and are now gated. Communication has been scarce regarding appropriate access sites, regulations, health advisories (excessive E. Coli counts) and other safety concerns and, information for tourists difficult to find according to Parks.

Hopefully all this will change under a new River Access Strategy adopted by City Council. Upgrading of existing sites, development of new access points, signage, mapping and education were approved in February 2017 to promote safety, environmental protection and user experience. While the bulk of development and implementation is unfunded in the budget cycle ending 2018 the goal is to have 28 access points on the Bow River from West Baker Park, northwest of downtown, to Carsland by 2022.

On the lower Elbow River, 4 hand-launch sites have been approved: upstream of Sandy Beach proper, accessed via the parking lot; north Sandy Beach at the Riverdale Avenue parking lot; Stanley Park; and Stampede Park. Outside of the River Access Strategy it is worth noting that there are 3 off-leash, dog access points identified on the east side of the Elbow River, downstream of the footbridge, where the slope is gradual and access is graveled. Dogs must be leashed upstream of the footbridge and are not allowed water access at Sandy Beach.

The Glenmore Reservoir has 3 approved hand-launch sites.

For a complete listing of existing and proposed new sites go to: https://tinyurl.com/ycsw5s5h or www. calgary.ca and type in "river access".

By the end of 2017 all existing sites should be mapped and signed and priority 1 sites upgraded or constructed. Between 2019 and 2022 we can look forward to the completion of priority 2 sites on the Bow and other initiatives including the development of a river APP, a river ambassador program and continuation of public art.

So, when accessing the river, consult the City's website for current information at: http://www.calgarv.ca/CSPS/ Parks/Pages/River-Access.aspx, keep your heads up for signs and access and egress the rivers only where indicated. The sites have been chosen for your safety and to minimize damage to sensitive riverbanks and fish nesting sites.

Happy recreating!

Formed in 2004, S2G+ Preservation Society collaborates to enhance the environment and natural history of the lower Elbow River, its valley and contiguous bench lands from the Glenmore Dam to Fort Calgary.



TAKE ON WELLNESS



It's that time of year again. Store shelves are stacked with back-to-school supplies and racks of summer clothes are being replaced with sweaters and long pants. Getting your child ready for the new school year includes stocking up on notebooks, binders and pencils, but there's more to making the most of the year ahead taking care of your child's health. As the most important head-start you can give your child, beginning the year with good health is also simple with this back-to-school health check-list:

- Immunization: Ensure your child's immunizations are up-to-date for his or her age. This is especially important for kids entering kindergarten or elementary school. If your son or daughter is in Grade 5 and/or Grade 9, also watch for immunization consent forms coming home early in the school year. Remember: your signature on these forms is needed for your child to get his or her important grade 5 and/or grade 9 immunizations.
- Vision screening: Have your child's vision tested before he or she starts kindergarten (ideally by age three) and again every year, until 18 years of age. It's estimated that up to 80 per cent of learning is visual, so keeping your kid's eyes healthy goes a long way in encouraging their full learning potential. Eye exams for children up to 18 years of age are free of charge, covered by Alberta Health.
- Hearing/speech screening: If you suspect your child may have a hearing or speech problem, ask your family doctor for a referral to an audiologist and/or speech specialist. Left untreated, these problems could interfere with your child's learning.

Back to School Health **Checklist**

- Dental checkup: Regular dental checkups start early! If your child hasn't had his or her teeth examined prior to starting school, now is a good time to start. Remember: good oral health is essential to good overall health. Regular checkups and cleanings help detect dental problems early, and ensure your child's teeth stay healthy for life.
- Emergency contacts: Make sure the school has upto-date emergency numbers for each of your children, including contact information for parents, physicians, etc.
- Health conditions: Ensure the school has up-to-date information about any health conditions, allergies or physical impairments your child may have. Also inform the school about any medications your child takes.
- Backpack basics: Your child's backpack should fit properly and shouldn't be too heavy for him or her to carry, which means it should weigh no more than 10 to 15 per cent of your child's body weight. The backpack should have broad shoulder straps and a waist strap that keeps the bag firmly on the spine. Watch for warning signs that the bag may be too heavy, including sore shoulders or changes in posture. For more information visit: https://myhealth.alberta.ca/health/ pages/conditions.aspx?Hwid=abk0958
- Nutrition plan: Ensure your child has a healthy breakfast before heading to school in the mornings, and help him or her pack a nutritious lunch. Planning meals ahead of time and involving children in planning and preparation can make this task more manageable and fun. For more information visit: http:// www.albertahealthservices.ca/assets/info/nutrition/ if-nfs-whats-for-lunch.pdf.



Free Homework Help

If your kids are heading back to school this fall, we've got them covered. Free homework help, available through a variety of in-person and online programs, is available at the Library. Here's a sampling:

School Support is for students aged 10 to 14. Drop in with your English Language Arts or math assignments to get help from trained volunteers. Visit calgarylibrary.ca, click programs, and search 'School Support' to find out where and when the program is offered.

Students in Grade 2 to Grade 12 can access free online tutoring at calgarylibrary.ca/resource/brainfuse. Students in Grade 3 to 12 can prepare for tests and final exams, take lessons, and review coursework at calgarylibrary.ca/resource/solaro. Both resources are aligned with the Alberta curriculum.

2017 Author in Residence

Calgary Public Library's 2017 Author in Residence is Bruce Hunter, an award-winning writer and poet. Hunter will offer public programs, readings, and individual manuscript consultations, from September 11 to November 24. Whether you're a beginner or established writer, you can meet with Hunter at Central Library. Email air@calgarylibrary.ca starting August 28 to book an appointment.

Saddletowne Early Learning Centre

There's a new place to play in Calgary! Step inside the transformed space at the Saddletowne Library and discover the five stages of early learning. Play is a priority at the Library, because it's central to how kids learn and grow. The Saddletowne Early Learning Centre opens mid-September.

Looking for more places to play? Check out the Early Learning Centres at Fish Creek, Shawnessy, Quarry Park, and Village Square Libraries. Central Library hosts The New Adventures of Engine 23 interactive firetruck exhibit, and the Forest Lawn Library Nature Playground opened in August. Come play!

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Blue-winged Teal – a Little Dabbler

Article by J.G. Turner, image courtesy of www.naturespicsonline.com

The Blue-winged Teal is a small, dabbling duck that is only about 16 inches (40 cm) long, with a wingspan of 23 inches (58 cm) and weighing in at only 13 ounces (370 g). The adult male has a rounded slate blue head with a crescent shaped band of feathers behind its black bill and in front of its black eyes. The male has a light brown body with a white patch near the rear and a black tail, and shows a blue patch with a white border on its fore wings, especially when in flight. The adult female is a mottled or scalloped grey-brown with a whitish patch at the base of the tail and bill, and a dark line through its black eye.

Fun Facts:

- A dabbling duck feeds on the surface on vegetation or water insects just ducking its head under water, or by tipping right up, pointing its tail end upwards while feeding on submerged vegetation
- The Blue-winged Teal's formal name (Anis discors) comes from the Latin words for "a duck" (Anis) and discors or "disc about the mouth" which may refer to the face pattern of the male.
- This is the most common teal in Alberta's grassland and parkland areas. Although it is found in the right habitat throughout the province, the Blue-winged Teal is most common in central and southern Alberta.
- This dabbler is most often found in the calmer waters of marshes, sloughs, ponds and the weedy edges of

- small lakes. Nests are built in concealing grasses or vegetation on dry land, but near to water.
- This little duck hangs out in pairs or small groups spending most of their time foraging in shallow waters.
- In the late summer, the Blue-winged Teal undergoes a moult (during which they shed their old feathers and grow new ones), which prevents them from flying so they will spend this time in prairie sloughs or large marshes with good food supplies.
- These dabblers are the first ducks to go south in the fall and the last ones to arrive north for the breeding season in the spring. It is likely that they leave early and arrive back late because they are long distance migrators, some going as far as South America - a Blue-winged Teal banded in Alberta was found in Venezuela a month later!

If you find an injured or orphaned wild bird or animal in distress, please contact the Calgary Wildlife Rehabilitation Society hotline at 403-239-2488, for tips, instructions and advice, or look at the website at www. calgarywildlife.org for more information.

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Volunteering in the Arts

By Alex Bonyun

Want to be involved in the arts, but don't know where to start? A great way to dip your toe in without spending money is to volunteer. It may seem like a daunting proposition if you've never volunteered before, but non-profit cultural organizations are always looking for helpful volunteers, whether it's for ushering at a theatre performance, helping out at a festival booth, or lending a hand with administrative work at the office. The rewards of volunteering go beyond gaining access to tickets or other perks. It allows you to gain experience in a particular field or with a particular organization which can later lead to other opportunities such as serving as a Board Member for an organization that aligns with your values or joining committees in your community to boost the presence of arts in a particular discipline.

This year, Canada 150 is challenging everyone to lend a hand and give 150 hours of time volunteering before the end of 2017. The gift of your volunteer hours goes above and beyond the organization you benefit with your time. It can create a lasting impact throughout your community. You can register for the challenge and learn more at https://volunteer150for150.ca. It's not too late to complete the challenge as many organizations start their seasons full force in the fall, and are always in need volunteers.

In our community approximately 50,000 Albertans volunteer for not-for-profit arts organizations every year, creating opportunities for community engagement, service, and belonging. Additionally, volunteers can help an organization build capacity, which can result in more economic stability and growth.

For a comprehensive list of all of Calgary's non-profit organizations in need of volunteers, please visit http:// public.propellus.org/NonProfitMemberList.aspx.

This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues.

CBE BOARD OF TRUSTEES

Website: http://www.cbe.ab.ca • Email: boardoftrustees@cbe.ab.ca

September brings new faces to our schools, eager to start the year. Our hallways are once again full of excitement with friends seeing each other after summer break. Our teachers are brimming with new ideas and fun opportunities for learning. The beginning of a school year brings endless opportunities for parents and students alike. While students are joining clubs, activities and sports, families also have the chance to connect with schools and their child's learning.

Whether this is your first September with the CBE, your child's last "Back-to-School" season, or you simply are reminded of your own experiences, September is an exciting time. As this Board completes our term and our city looks forward to a Municipal Election in October, it is a wonderful time to reflect on what we have achieved and plan for a fresh start.

It's also a natural time of year to think about the role we each play in public education. The CBE Board of Trustees, CBE administration, school staff, families, community members and the Government share a common goal - creating a strong school system that supports student success.

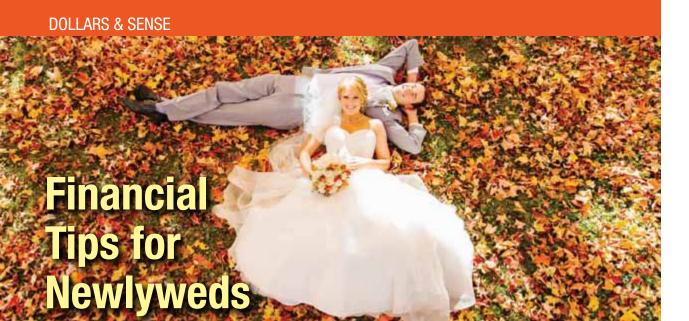
Public education plays a critical role in our society. Our students are truly one of the best investments that tax pavers make – as successful students become successful citizens who contribute their ideas, passion and economic energy to society in ways that benefit us all.

We believe that learning is a partnership and that the success of our students relies on the energy, thoughts and commitment of everyone in our community. When you share your perspectives and expectations, we are able to learn and improve.

As an elected Board of Trustees, we have had the privilege of meeting with many parents, families, community members and partners over the past four years. We value your voice, and we would like to thank each one of you who contribute to the success of our students and the CBE.

The CBE Board of Trustees





By Toddye Kam, CFP®, CFA

A marriage is a new financial start. When couples get together there are adjustments to be made, goals to be set, and financial adventures to take. Share information. Both partners should be fully aware of each other's financial situations, from spending to debt to investments. With full financial disclosure, you'll be better equipped to plan together. Review and establish goals. The sooner you set financial goals, the better your chances of reaching them.

Do you want to buy a new home or move up in the housing market? What about a retirement savings strategy? How much will those goals cost and how long will it take to reach them?

Budget. Create a budget that will allow you to save and invest enough to reach your goals. A good budget will help identify how much you earn and spend, and how to divert more income to savings. Decide how finances will be managed. Will one spouse be responsible for a larger percentage of bills and expenses, or will they be shared equally? Will you have joint savings and investments? Who will physically handle financial transactions? Pay down debt. If you owe money, particularly high-interest debt such as credit card balances, formulate a plan to pay it off. Consider ways to reduce borrowing costs-for example, setting up a home equity line of credit if you own a house and quickly paying off any amounts you borrow.

Assess insurance needs. Life insurance is a necessity when you're married. The last thing you want is for your spouse or family to be left in dire financial straits if something happens to you. Consider disability and critical care insurance as well. Make or update wills. Both partners should have up-to-date wills. This means jointly discussing estate planning needs and goals. You should also have powers of attorney for financial and personal care, in case one of you is unable to manage your financial or personal affairs because of illness or injury.

Establish an emergency fund. Keep six to nine months' combined living expenses in an emergency fund. If you run into financial difficulty-perhaps one of you could fall ill or lose your job-an emergency fund can help you get through.

One final tip. It's a good idea to get help from financial experts. At this stage of life couples can benefit from professional advice, including the services of a financial advisor. With the right advice, you can ensure your financial life together gets started on the right note.

CCSD BOARD OF TRUSTEES

September means a new school year and lots of exciting new beginnings for students, teachers and staff. As this year is a municipal election year, it also means new beginnings for the Calgary Catholic School District (CCSD) Board of Trustees. As trustees are elected officials, some of whom are retiring, while others are running again, there will be a new board in the fall.

The deadline to file nomination papers, which will confirm a candidate's intention to run as a local school board trustee, is Monday, September 18, 2017. The municipal election takes place on Monday, October 16, 2017 and will determine the mayor, city councilors and school board trustees for Calgary, as well as all municipalities in Alberta including the City of Airdrie, City of Chestermere and Town of Cochrane, also served by the CCSD.

Alberta school boards help shape the future of local communities by governing the education of students enrolled in kindergarten through Grade 12. The provincial government, through the Minister of Education, grants school boards the authority to make decisions regarding the direction and quality of local public education. Accountability to the public is entrenched through the election of local school board trustees every four

To be a Catholic school trustee represents a dual challenge: trustees must ensure that students are provided the very best educational opportunities, while at the same time ensuring that Catholic principles and values are reflected in policies and practices of the school board, thus establishing an education system that is permeated by faith. In practice, this plays out in trustees being accountable to both government legislation, as well as Canon Law (Church Law).

The success of Catholic schools depends on everyone in the faith community. While some are called to run as candidates for trustee, others are called to be supporters of Catholic education. Whether it is in the classroom, home or parish, every member of the faith community has a responsibility to ensure the vibrancy of our Catholic schools today and far into the future. An election is an opportune time for the community to have its say in Catholic education.



Back-to-School Safety Tips

For the youngest of Calgarians, September means time for a brand-new school year. School zones in September often bring more congestion, distraction and more pedestrians than in the summer. Here are three tips to keep in mind when in school zones this September and all year around. Exercising caution and care, we can make our communities safer.

Follow the speed limit: First and foremost, follow the posted speed limit with is 30 km/h. School and playground time zones are between the hours of 7:30 a.m. - 9 p.m. A collision with a pedestrian at 30 km/h is more likely to end injury than a possible fatality going at residential speed of 50 km/h.

Stay in between the lines: We want to set good example for young pedestrians. Stop, look both ways, always good practice to look one more time to the left then walk across the street between the cross walk. Attempt to make yourself as visible as possible. These are all good habits to role model.

Follow directions: Listen and watch for directions from the school safety patrollers. Follow the direction of signals, signs and the specific rules that the school has implemented. These directions are for your safety, reducing congestion and reducing risks.

For more resources, check out our website at calgary communities.com





My elderly mother passed away at home. We are now selling her home; do we have to disclose that she died in the property?

Simply put, you are not required to disclose her death to potential buyers.

Sellers are required to disclose certain defects to potential buyers, but a death occurring in a home is not a defect.

When a death occurs in a home, the property may be considered a "stigmatized property." A stigmatized property is one that has an unfavourable quality that may make it less attractive to some buyers. That quality, though, is unrelated to the physical condition or features of the property.

As a seller, you are not required to disclose stigma to potential buyers. Stigmas are different from material latent defects, such as un-remediated hidden flood damage or mould, which sellers are required to disclose.

Some stigmas include:

- a suicide or death occurred in the property
- the property was the scene of a major crime
- the address of the property has the wrong numerals
- reports that the property is haunted

Potential buyers' different values, perceptions, and backgrounds will affect the significance of a potential "stigma". Some buyers won't care about a death occurring in the property, while others may be completely put off by it.

Although you are not required to disclose stigma to potential buyers, because some buyers may have concerns about stigmas, those buyers can ask their real estate representative to ask your representative about possible stigmas. You don't have to answer their questions, but if you choose to, you must do so honestly.

If you decide not to answer, a buyer has to decide if they are comfortable proceeding without an answer. Remember that not answering may turn the buyer off of your property more than simply responding honestly; it will depend on the specific buyer, their particular concerns, background, and perceptions.

"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), www.reca. ca. RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email askcharles@reca.ca.

COMMUNITY ANNOUNCEMENTS

Deadline – 1st of each month for the next month's publication Contact news@great-news.ca

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

HOLY SPIRIT CWL CRAFT SALE: Saturday. November 18th, 10 a.m. to 3 p.m. 10827 – 24th Street S.W. Over 40 tables of handcrafted gifts. Contact hscwlcraftsale@gmail.com.

NEED LEGAL HELP? FREE LEGAL CLINIC: Wednesday October 18 9:30 am to 3:30 pm. Calgary Public Library, 616 Macleod Trail SE. Book an appointment: call 403-541-4804 between 8 am and 5 pm, Sept 27 to Oct 11. Space is limited.

CHILD SCIENTISTS WANTED! Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call 403-220-4955, email child@ucalgary.ca, or visit https://psyc. ucalgary.ca/child/

LOVE TO SING? A non-audition World Music community choir, Vocal Latitudes meets Tuesday evenings from September to May in a central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. Vocal Latitudes puts on a winter and spring concert and participates in special events. For more information, see www.vocalatitudes.org.

PRACTICE ENGLISH: Make friends and have fun at a New Friends and Neighbourhood Group! Free, no immigration requirements and no minimum English. Free childcare. Visit www.ciwa-online.com or contact Debra Colley at debrac@ciwa-online.com, 403-444-1752.

FLC SENIORS CLUB 55+-Tai Chi-call Juliette 403-225-1593 or email taichi@flcseniors.ca. -Line Dancing- call Ann 403-254-9181 or email linedancing@flcseniors. ca. For more activities, visit www.flcseniors.ca. Join us for a very affordable, healthy, and active lifestyle.



Dear Great News Publishing,

Please DO NOT run my ad next month. My ad has been WAY TOO EFFECTIVE. My phone won't stop ringing with people saying they saw my ad in the newsletter. Now I need to hire more people to keep up with all my new customers! I'm amazed at how well this worked!

Thanks for all your help, Sincerely, Laura

Owner of Buds and Blooms

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BUSINESS CLASSIFIEDS

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HOME BUSINESS OPPORTUNITY: Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

NEIGHBOURHOOD CONFLICT? Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! www.communitymediation.ca, 403-269-2707.

YARD BUSTERS LANDSCAPING: Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning, Licensed, Insured, Seniors discount, Phone: 403-265-4769. yardbusterslandscaping.com.

THE GUTTER DOCTOR! We install, fix and clean eavestroughs and downspouts. We also install and fix fascia, soffit, drip-edge, siding, roofing, cladding. Over 20,000 happy customers since 2003! Insured and guaranteed work with references. We take pride in doing a good job. A+ rated BBB Member. 2017 Consumer's Choice Award Winner. www.gutterdoctor.ca 403-714-0711.

K2 BOOKKEEPING: Are you too busy to keep up with your bookkeeping? Experienced bookkeeper now accepting new clients. Specializing in small to medium sized business. Twelve years of experience with QuickBooks and Simply Accounting, GST, Payroll, WCB Filing, T4 Filing, and competitive rates. Phone Katie 403-870-0737.

MASSAGE THERAPY: The Home of OM in Mission, 23rd Ave and 4th St SW (lower level). We believe in linking the mind and body together to create harmony. Registered therapists with over 20 years of experience. Insurance claims welcomed. Monthly and drop-in specials. Gift cards available. View and book online at www.thehomeofom.ca or call 403-910-1809.



Councillor, Ward 8 **Evan Woolley** P.O. Box 2100, Station M Calgary, AB, Canada T2P 2M5 403-268-2430

Democracy 101

In October, Calgarians will vote to elect their Mayor, Councillors, and School Board Trustees. Your voice helps shape your community and city. Here are some things you need to know before October 16th.

If you cannot vote during the Advance Vote or on Election Day due to physical incapacity, being absent from the city, working as an election worker, or volunteering/working on a campaign, you can request a mail-in ballot online by visiting www. electionscalgary.ca, by phone, 403-476-4100 (option 2), in-person or in writing at the Elections & Census Office, 1103 – 55 Avenue NE.

If you request a mail-in ballot, a ballot package with instructions will be mailed to you after Nomination Day (September 18, 2017). A photocopy of an authorized piece of identification must be sent back with the returned ballots. Ballots must be received by the Elections & Census Office no later than 8 p.m. on Election Day (October 16, 2017). For more information on the Election, or to sign-up to receive updates, visit www.electionscalgary.ca.

I shared this information last May, but it bears repeating. This year, it's easier than ever to make your vote count. There is now a free transit pass with each election brochure that will be mailed to you and there will be a full week of advance voting polls at Mount Royal University, the University of Calgary and SAIT.

2017 Election Ward Boundary Changes

During the 2017 Municipal Election, new ward boundaries come into effect, which could change the candidates on your ballot and at your voting station location. If your community has changed wards, you will be voting in a different ward than the last municipal election. It is important to check your ward so you know what candidates are running in your ward and where to find your designated voting station. To check your ward, visit www. electionscalgary.ca, or call the Elections & Census Office at 403-476-4100 (Option 2).



MLA Calgary-Buffalo Hon. Kathleen Ganley 130, 1177 11 Ave SW T2R 1K9 403-244-7737

✓ Calgary.buffalo@assembly.ab.ca.

Help improve Alberta's consumer protection laws

You deserve to be protected when making a purchase, big or small. And businesses deserve to be protected from companies who don't play by the rules. For the most part, I have confidence in my purchases, but we've all heard horror stories of scams on the news, or maybe you've had a bad experience with an aggressive doorto-door salesperson yourself. I've heard from many Calgary-Buffalo constituents about unsolicited sales calls and aggressive sales tactics that make people feel pressured.

Our government is working to make life better by protecting families from scams, false claims, unfair tactics, aggressive sales pitches, and price gouging. These stories hurt businesses, too; it's not fair to the majority of honest companies in Alberta to have their reputation undermined. I hate to think about small and family businesses having to compete against unfair tactics.

We want a marketplace that's fair for buyers and sellers. This creates consumer confidence – and that's good for business. Consumer protection laws help protect consumers from unfair practices and businesses from unfair competition. But - are these laws keeping pace with changes and trends in the marketplace?

We want to hear from all Albertans – whether you are a buyer or seller - about how we can protect your pocketbook and help businesses compete on a level playing field.

How can you get involved?

- · Complete an online survey at ServiceAlberta.ca until September 15, 2017
- Participate in an open house session (visit ServiceAlberta.ca for a detailed schedule).
- If you are with a specific consumer or business group, look for invites from your business association/Chamber of Commerce to solicit group feedback for targeted stakeholder discussions.

We want to make sure our laws protect consumers and help businesses compete fairly. Now more than ever we need strong rules to increase consumer confidence.

Through the public consultations, we want to know how familiar Albertans are with consumer protections currently in place, if those protections are working for you, and what needs improvement. We will also be asking questions about specific issues like ticket sales and warranties.

The consultation feedback will help inform improvements to consumer protection legislation and contribute to our government's efforts to make life better by protecting consumers and ensuring there's a fair, competitive marketplace for businesses.







MP Calgary Centre
Hon. Kent Hehr
950 6 Ave SW, Calgary, Alberta T2P 1E4

kent.hehr@parl.gc.ca 403-244-1880 www.KentHehrMP.ca

Before I begin with this month's newsletter I wanted to make sure you knew about my BBQ on Sunday, September 10th. We'll be at the Sunalta Community Hall (1627-10 Ave SW) from 11:00 AM to 1:00 PM, where we will have my father, Richard Hehr, doing his best Elvis impersonation, free food, and a celebration to cap off the end of summer.

Next, I wanted to share with you an update about an issue near and dear to Calgary Centre.

It's about the work we're doing in the nation's capital to make sure all Canadians are free to identify themselves and express their gender as they wish, without fear of discrimination and hate. With having Pride this September, it's both topical and relevant. Calgary Centre is a Pride community – in the heart of its downtown core, we have one of the most vibrant LGBTQ2 communities in North America.

I have had the pleasure of working with advocates – like my caucus mate and special advisor to the Prime Minister on LGBTQ2 issues, MP Randy Boissonnault – and others across my involvement. At each place and stage my efforts were to make sure that no one should be refused a job, be disadvantaged in the workplace, be unable to access services, or be the target of harassment and violence because of their gender identity or gender expression.

One part of this was with Gay Straight Alliances being supported in every school across Alberta where and when students want them: first with my motion (Motion 503), which with community supporters, students, parents, and staff, ultimately making it the law of the land. The research is there that students have a reduced rate of suicide – across the entire population of students, not just LGBTQ2 students – with policies that encourage and allow students to support one another.

Since moving federally this work has not stopped or stalled. Our government has moved full-steam ahead with:

 Passing C-16, a bill that ensures the full protection of transgender people across Canada,

- Announced a strategy to prevent and address genderbased violence.
- Introduced legislation to remove section 159 of the Criminal Code – ensuring Canadians are not unfairly criminalized for consensual activities.
- Flying the pride, transgender, and bi flags on Parliament Hill for the first time,
- Beginning the process of an apology to the entirety of the LGBTQ2 community for previous governments' failings to defend their rights and freedoms.

I am proud to be able to be an ally to the community and work with Canadians as your Member of Parliament in supporting good public policy. As always, my door is open to you. You can subscribe to e-updates online through my website at www.KentHehrMP.ca/email-updates, come by my office at 950-6 Ave SW, call at 403.244.1880, or send me an email at kent.hehr@parl.gc.ca.

BRAIN SUDOKU

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4	8	9	1	3	2	7	5	6
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7	6	1	8	5	4	9	2	3



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Panini or Sandwich!

Buy any 6" Panini or Sub and get the 2nd Panini or Sub at equal or lesser value FREE with purchase of a 21oz. drink.



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SUBWAY

Valid only at: 2317 4th Street SW, T2S 3B4 Open 24 hours 403-228-9933 FREE PARKING at back **FABULOUS SANDWICH SAVINGS**

FREE!

Free 6" Sub with purchase of 21oz. fountain drink and chips



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That's no puppet...it's brain food!

Puppets, LEGO, balls, costumes, crayons, blocks, books...play comes in many forms and helps build a child's brain. Visit a Calgary Public Library Early Learning Centre with the little ones in your life and watch them grow.

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