

THE MISSION

AUGUST 2017

# STATEMENT



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THE OFFICIAL NEWSLETTER OF THE CLIFF BUNGALOW - MISSION COMMUNITY ASSOCIATION





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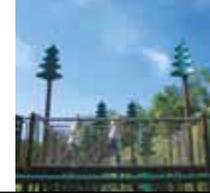
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*The Cliff Bungalow - Mission Community Association and Great News Publishing do not endorse any person or persons advertising in this newsletter. Publication of any advertisements should not be considered an endorsement of any goods or services.*

## IMPORTANT NUMBERS

ALL EMERGENCY CALLS	911
Alberta Adolescent Recovery Centre	403-253-5250
Alberta Health Care	403-310-0000
AHS Addictions Hotline	1-866-332-2322
ATCO Gas – 24 Hour Emergency	403-245-7222
Calgary HEALTH LINK 24/7	811
Calgary Police – Non Emergency	403-266-1234
Calgary Women's Emergency Shelter	403-234-7233
Child Abuse Hotline	1-800-387-5437
Kids Help Line	1-800-668-6868
Child Safe Canada	403-202-5900
Distress/Crisis Line	403-266-4357
ENMAX – Power Trouble	403-514-6100
Poison Centre - Alberta	1-800-332-1414
HOSPITALS / URGENT CARE	
Alberta Children's Hospital	403-955-7211
Foothills Hospital	403-944-1110
Peter Lougheed Centre	403-943-4555
Rockyview General Hospital	403-943-3000
Sheldon M. Chumir Health Centre	403-955-6200
South Calgary Urgent Care Health Centre	403-943-9300
South Health Campus	403-956-1111
OTHER	
Calgary Humane Society	403-205-4455
Calgary Parking Authority	403-537-7000
SeniorConnect	403-266-6200
Calgary Kerby Elder Abuse Line	403-705-3250
Alberta One-Call Corporation	1-800-242-3447
City of Calgary	311
Social Service Info & Referral	211
Community Mediation Calgary Society	403-269-2707
RNR Lockworks Ltd.	403-479-6161
Road Conditions – Calgary	511
Weather Information	
Gamblers Anonymous	403-237-0654

August 2017



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## Summer Activity Slowdown

As you will note when you check out our Community Calendar this month, there are few activities during the summer and particularly during August. This allows our volunteers to recharge their batteries and enjoy their summer, as we hope you enjoy yours.

In August, the Promenade Walk will take place on Saturday, August 5, 1 to 2 pm during Historic Calgary Week. ReTree YYC is also holding an event called Building Calgary Tree by Tree at the hall on Wednesday, August 23 from 6:30 – 8 pm. There will be a lot of activities in September, some of which are announced in this newsletter.

## Land Use Re-Designation Application - 300 block of 25 Avenue SW

The City held an open house on the proposed land use redesignation on the 300 block of 25 Avenue SW at our hall on Wednesday, June 28. Community residents came and saw what was being proposed and let the City know what they thought about the proposal. There appears to be overwhelming opposition to this proposal, which is consistent with our two previous Community Check-ins.

The community has already participated in a very long and in-depth review of the Mission Area Redevelopment Plan (ARP), which sets the agenda for development in our community. The current Mission ARP allows for redevelopment building on the land in question to be 15 metres high and not the 24 metres in the application. Height was the number one issue during the ARP review. The Mission ARP supports increased density in our community, albeit within the current allowed building parameters – including height. The second and key issue is that if this application is approved by Council, it creates a precedent for other applications of this type which would ultimately dramatically change the character of our community. From our perspective, and apparently the perspective of most community residents, this spot land use change (aka spot re-zoning) to relax building height restrictions is problematic.

There is another thing that bothers us. It appears the City's consultation process has a bias towards approval of this application. From our perspective, they should be neutral at this stage and just find out what the com-

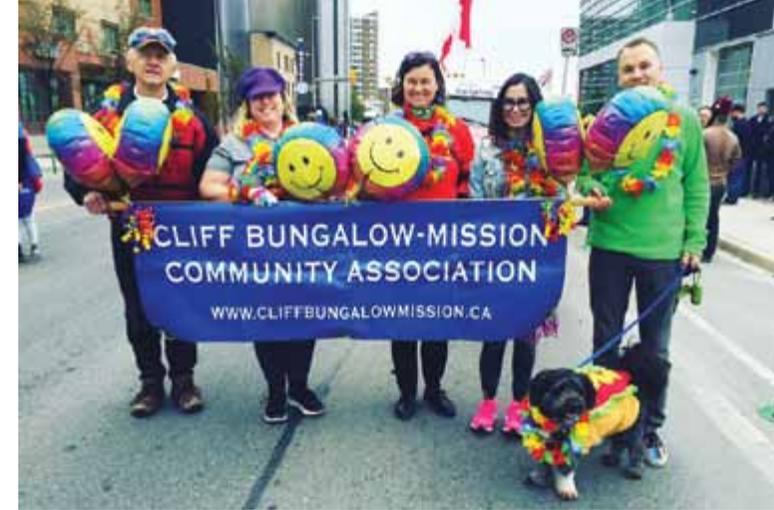


munity thinks about the proposal. Then they should take that back and review the application in light of what the community says. If you looked at the City's website survey on the application, it appears to assume this application will be approved. If that is not their intent, the phrasing of it is certainly leading. They ask what we would like (e.g. community amenities) in exchange for approval. This is often referred to as Density Bonusing. This is not the stage to ask that question. Only if Council were to approve this application in principal should there be consultation on that matter.

This is still early in the process, but ultimately the matter will go to Council (this process could take many months). At some point, City Administration and the Planning Commission will make recommendations to Council. Council can accept, not accept, change these recommendations, or refer back to Administration for further consultations on particular aspects of the application. We will let you know what is happening when we know.

## Prospect Trail

This is a much happier and more upbeat topic. Prospect Trail is a historic walking trail that is located behind the community centre and links the communities of Cliff Bungalow – Mission, Mount Royal and Elbow Park. It is clearly visible on historic aerial photos but it has fallen into disrepair in recent years. The three communities are working together with Ward 8 Councillor Evan Woolley towards a community-based plan for the future of this trail. The three community associations held open houses on this matter during June. Our open house was held on Monday, June 26. I noted several "Go for it" post-it notes and the comments were very positive. There were many excellent observations and suggestions. We thank everyone who participated. The joint-community committee will review what you have said. At some point in the future we come back for further consultations.

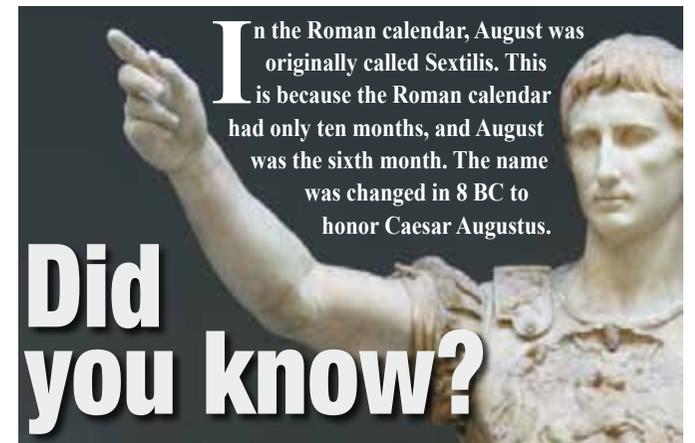


# Pride Parade

## Sunday, September 3

It's time to get excited! The Cliff Bungalow - Mission Community Association will be walking in the annual Calgary Pride Parade again this year! Mark the date in your calendars and join us on Sunday, September 3, 2017 between 12:30 pm and 1:30 pm in this annual celebration of the LGBTQ community here in Calgary.

We hope that with your help, it will be the best one yet! Everyone is there to have fun, so let's help make it a great parade! More details to follow (e.g. marshalling location), but if you want more information, please contact Amanda West at [cbmca.treasurer@gmail.com](mailto:cbmca.treasurer@gmail.com).



In the Roman calendar, August was originally called Sextilis. This is because the Roman calendar had only ten months, and August was the sixth month. The name was changed in 8 BC to honor Caesar Augustus.

# Did you know?

# The Mission Statement

The views expressed by contributors to the *Mission Statement* are not necessarily those of the CBMCA board or its associates.

## Contact us

Cliff Bungalow - Mission Community Association  
462, 1811 4 Street SW, Calgary Alberta T2S 1W2  
403 245 6001

[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

Look for us on Facebook, not to mention Twitter and Instagram (CBM\_CA)!

## We value your contributions

The *Mission Statement* exists to facilitate communication among residents of Cliff Bungalow-Mission. We welcome your story ideas, articles, letters, announcements and photos. Submissions may be emailed to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com) in .doc, .pdf or .jpg formats. You may also mail (or drop off) your submission to us at the UPS Store: 482, 1811 4 Street SW, Calgary T2S 1W2. Please put *Mission Statement* on the envelope and be sure to include your name, address and telephone number.

The CBMCA reserves the right to edit submissions for accurate content, consistency and length. All photographs require the name of the photographer and credit for the image, along with the names of the individuals within. Permission to publish the photograph or image is required. We do not guarantee the publication of all submissions.



## Cliff Bungalow - Mission Community Association Board List 2016 - 2017

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Social	Amanda Weightman & Kaeleigh Doherty	<a href="mailto:cbmca.socialevents@gmail.com">cbmca.socialevents@gmail.com</a>
Communications	Jane Kubke	<a href="mailto:cbmca.editor@gmail.com">cbmca.editor@gmail.com</a>
Directors-at-Large	Ken Hryciw Kate Zago	

All events are at the Cliff Bungalow - Mission Community Centre (2201 Cliff St SW) unless otherwise noted.

### Promenade Walk

The third promenade walk this year will take place during Historic Calgary Week on Saturday, August 5, 1 to 2 pm - starts and ends at Mission Bridge (26 Avenue and 4 Street SW).

### Jazz Concerts

Featuring talented local artists playing in our historic venue.

- No concerts during July and August.
- September 6 - Pianist Esteban Clavijo and his group
- October 4 - Vocal jazz night with Johanna Sillanpaa

Doors open by 7:30 pm, music starts at 8 pm. We recommend you arrive early, enjoy a beverage and get a good seat.

### Potlucks

Bring something to share and meet your neighbours. Good food and great conversations. Next potluck is Sunday, September 10, 6 pm.

### Movie Nights

Next film night is on Sunday, September 24 as it is too bright in the early evening during the spring and summer.

### Board Game Nights

Next Board Game night is Saturday, September 16, 7 pm

### Pride Parade

We have registered for a second year to walk in the Pride Parade on Sunday, September 3. Last year we were the only community association to do so. Join us for this fun event. For more information, e-mail [cbmca.treasurer@gmail.com](mailto:cbmca.treasurer@gmail.com).

### Community Cleanup

Saturday, September 9, 9 am to 2 pm - this is your chance to drop off unwanted things that would normally go to the dump but City garbage trucks come to

our community to receive such items. There is also recycling of electronics. Plus, there is an exchange of still useful items you no longer want. Don't be late as the trucks leave at 2 pm sharp.

### Embrace Gardening Events

Featuring Calgary's Cottage Gardener, Janet Melrose Wednesday, August 14, 6:30 pm, munch-n-mingle, 7 - 9 pm presentation and Q & A. Theme: "Late summer", at Bankview Community Hall, 2418 - 17 St. SW.

Monday, September 11, 6:30 pm, munch-n-mingle, 7 - 9 pm presentation and Q & A. Theme: "Harvest time" (at Cliff Bungalow - Mission hall)

ReTree YYC Tree Education Programs, free talks by the City of Calgary

Wednesday, August 23, 2017, 6:30 - 8 pm. Building Calgary: Tree by Tree, register at <http://bit.ly/2uojdD2>

Wednesday, September 20, 2017, 6:30 - 8 pm. Pruning and Disease 101, register at <http://bit.ly/2tjMEBw>

### History Book Sales

Copies of our community history book "Cliff Bungalow - Mission, a Heritage Community" can be obtained at all community events at the community centre. \$30 per copy.

**Check out our website regularly for new events and other information not available at time of newsletter publishing.**

[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com)

### Deadline for Mission Statement submissions

First of each month prior to month of publication. The Mission Statement is published monthly. E-mail to [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com).

Look for us on Facebook, Twitter and Instagram (#cbmca)



# Historic Calgary Week: July 28 – August 7

Every year, the Chinook Country Historical Society presents 70 walks, talks, family events, museum and community visits which are free to the public (although some require advance registration). A number of these events are happening in and around Cliff Bungalow – Mission:

Sunday, July 30 from 1-3 PM – Cemeteries of Mission walking tour – starts at the south end of Holy Cross Hospital

Tuesday, August 1, 6:30 - 8:30 PM - Written in Stone, the walking tour – starts at Memorial Park Library

Saturday, August 5, 1 - 2:30 PM – Elbow River walking tour – starts at the north end of Mission Bridge

Please see [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com) under events to access the full brochure of Historic Calgary Week events.



## Post it!

Let's tell the world about life in Cliff Bungalow-Mission

See something interesting in the 'hood?

Take a photo and post it to **Instagram** (with the hashtag **#cbmca**) or to our **Facebook** page. It can be anything:

- a selfie of you and friends at a 4th Street eatery? **Post it!**
- a cute dog? **Post it!**
- birds at your backyard feeder? **Post it!**

#cbmca



## MEMBERSHIP AFFINITY PROGRAM

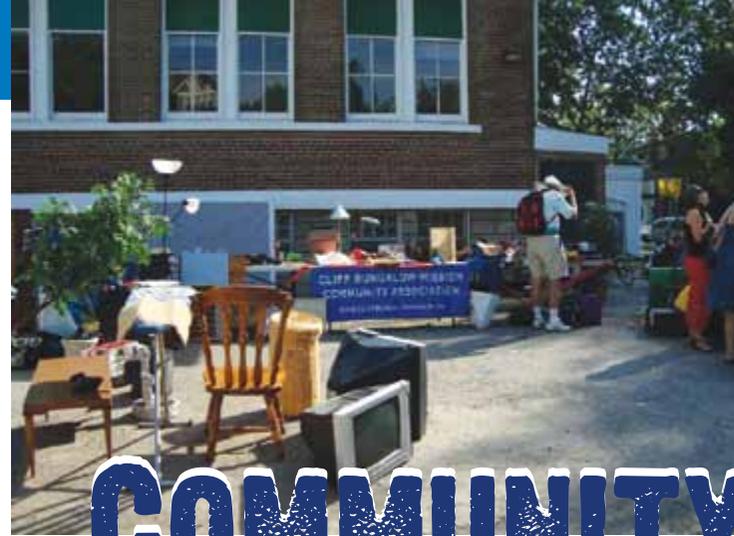
### Use your membership card to save!

Did you know that you can save money by showing your Cliff Bungalow – Mission Community Association membership card at local businesses? The shops and restaurants listed below offer discounts and special offers to CBMCA members. Just show your card!

- Clear float spa: 105, 1800 – 4 St SW, 10% discount (except for the Theta Membership)
- European Bakery: 515 – 17 Ave SW, 10% off all items
- Expedia Cruise Ship Centres: 615A – 17 Ave SW, \$50 discount towards a \$1500 Travel Package
- Famoso Neapolitan Pizzeria: 105, 2303 – 4 St SW, 10% off food and beverages
- 4<sup>th</sup> Street Liquor & Wine, 1809 – 4 St SW, 10% off all items
- Landmark Centre Second Cup: 506 – 17 Avenue SW, free upsize on beverages, every Sunday CBMCA member seniors get a free small coffee or tea with purchase of a baked item, 10% discount on catering order, free delivery with purchase over \$50.
- Lorenzo's Pizza: 515 – 17 Ave SW, 10% off on pick up orders and 5% off on delivery orders
- Momentum Health Mission: 909, 2303 – 4 St SW, 25% off initial assessment (includes massage), 15% off all products sold, free gait assessment.
- Peking Dragon: 1904 – 4 St SW, 15% on Pick Up items on orders over \$30.00
- Rideau Pharmacy: 1801 – 4 St SW, 15% off Front Store items (excludes prescriptions)
- Tea Factory: 1820 – 4 St SW, 10% off all Loose Leaf Teas and drinks
- The Tech Shop: 2424 – 4 St SW, 10% off regular priced footwear / accessories, 15% off regular priced apparel
- UPS Store: 1811 – 4 St SW, 5% off all products and services (excludes Canada Post products)
- Yann Haute Patisserie: 329 – 23 Avenue SW, 10% off their patisseries.

Do you own or manage a business and would like to be part of this program? Please contact [cbmca.editor@gmail.com](mailto:cbmca.editor@gmail.com). Residents may purchase a membership by using the membership form in this newsletter or online at our website [www.cliffbungalowmission.com](http://www.cliffbungalowmission.com), click on "Get Involved".

**VOLUNTEERING....**  
*Good for the Soul*



# COMMUNITY CLEAN-UP

Saturday, September 9, 2017

9:00 am – 2:00 pm (trucks leave at 2:00 pm and the event is over at that point)

Back Parking lot of Holy Angels School, 2105 Cliff Street S.W.

Each year, we team up with the City of Calgary to help you get rid of unwanted household items and property waste. Last year, a record of one million kgs of waste and nearly 200,000 kgs of organics were collected. The City trucks will take away a huge array of household items and organics.

Please note that the following items are **NOT** accepted by the garbage trucks:

- Car batteries
- Glass (e.g. window panes, glass table tops)
- Household appliances with Freon (e.g. refrigerators, freezers)
- Microwaves
- Liquids (e.g. cooking oils)
- Large metal items (e.g. lawnmowers, barbeques)
- Rail way ties
- Sod or dirt
- Household hazardous waste including: propane tanks, paint; au-

tomobile, cleaning, healthcare, and gardening chemicals

In addition to the City of Calgary's Garbage Trucks, the following will also be available:

### Gently Used Goods Donations

Women in Need Society (WINS) accepts all gently used clothing (women's, men's, children's), household items, toys and furniture. Please ensure items are gently used and in working order. For ease of transport, we'd be grateful if donations could be dropped off in sealed boxes or bags.

### Recycling

Recycle Logic will be joining us to accept materials that you can't put in your standard community recycling. Some examples of material that will be accepted by Recycle Logic: cable boxes, modems/network switches, stainless steel kitchen appliances, cords, extension cords, Christmas lights, stereo equipment, speakers, CD /DVD/DVR players, microfiche readers, microwaves, cell phones, network equipment, testing equipment, circuit boards, receivers (satellite & cable), uninterruptible power supplies, gaming consoles, games, projectors, VCRs

### Scrap Metal

Our friend Mike will be collecting tires, batteries, old broken bikes (usable ones can go to The Syrian Refugee Support Group), and all kinds of scrap metals except fridges.

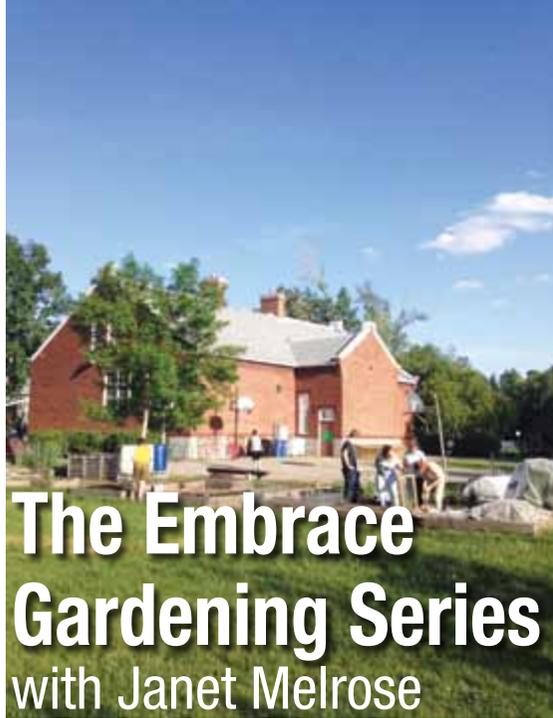
### Bikes

The Syrian Refugee Support Group will be on hand to collect gently used bikes and helmets for its bike program. Adult newcomers to our city need adult bikes and helmets for transportation and the children need to feel the wind in their faces. The Syrian Refugee Support Group has branched out to help not only those from Syria, but to any adult or child in need.

### Free Table

Drop off what you don't need anymore! Pick up what you do! Think of it as a free garage sale. Fun for the whole family.

Super excited about the Community Cleanup and want to volunteer your time to help out on the day? Email [cbmca.environment@gmail.com](mailto:cbmca.environment@gmail.com)



## The Embrace Gardening Series with Janet Melrose

This series of talks by Calgary's cottage gardener, is organized by a consortium of inner city community gardens—of which Cliff Bungalow – Mission is a part. These free talks over the summer months are hosted by participating communities. Everyone is welcome to attend; donations are gratefully received.

**Wednesday, August 14**, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: "Late summer", at Bankview Community Hall, 2418 – 17 St. SW.

**Monday, September 11**, 6:30 pm, munch-n-mingle, 7 – 9 pm presentation and Q & A. Theme: "Harvest time" at Cliff Bungalow – Mission hall



## ReTree YYC Tree Education Programs

Mission was chosen by the City of Calgary as one of the 25 ReTree communities for 2017. The program's goal is to work with citizens to encourage proper planting and maintenance of our urban forest on both public and private property. Anyone from the community is welcome to attend this series of free informational talks which will take place at the hall – 2201 Cliff Street SW. Please find event and registration information below.

Wednesday, August 23, 2017, 6:30 – 8 pm.  
Building Calgary: Tree by Tree  
register at <http://bit.ly/2uojdD2>

Wednesday, September 20, 2017, 6:30 – 8 pm  
Pruning and Disease 101  
register at <http://bit.ly/2tjMEBw>



## Wary in the Prairie

Prairie dogs have a complex system of communication that sound like pitched warning barks that signal different types of predators. They earned their name from settlers traveling across the plains who thought that these warning calls sounded like dogs barking.



## Summer Potluck Picnic in the Park

This year's potluck picnic was held for the first time in the park on the south side of the community centre on Sunday, July 9, rather than on the north side. As you know, it was during the hot weather and there was more shade on the south side. We also put up two of our tents for more shade. The summer picnic in the park potlucks start an hour earlier (5 pm) so we can enjoy the outdoors. Even though it was hot this year, it was cool in the shade.

There was a wonderful variety of summer-like foods such as cold soup, various salads, and watermelon. The setting was beautiful and the food was delicious. Potlucks provide a great opportunity to sit down with your neighbours and talk and laugh about various topics.

The next potluck is on Sunday, September 10 at 6 pm.

One of the dishes at the July 9 picnic potluck was the following, which is a great summer dish you can enjoy outdoors and you do not have to heat up the house/apartment to prepare.



### Gazpacho Soup

- ½ large English cucumber
- ½ red onion
- ½ green pepper, seeds removed
- ½ red pepper, seeds removed
- ½ yellow pepper, seeds removed
- 2 tbsp chopped fresh parsley
- 2 ½ cups tomato juice
- 1 tsp Worcestershire sauce
- 4 tbsp of lemon juice
- Salt and pepper to taste
- ½ tsp hot sauce, if desired

Cut the cucumber, red onion, green pepper, red pepper, yellow pepper into chunks. Coarsely chop cucumber and onion in food processor. Chop (not too finely) peppers and parsley in food processor. The latter can be done with the tomato juice and spices or the tomato juice and spices can be added after the chopping is done. Refrigerate. Garnish with croutons before serving if desired. This recipe can easily be doubled for larger groups.

**Our next potluck will be Sunday, September 10 at 6 pm, back in the hall.**

See something cool in the neighbourhood?

Instagram it!

# #cbmca



## Why you need to report the sale of your home

By Suzanne Smith-Demers, Registered Retirement Consultant

Fortunately, Canadians don't have to pay capital gains tax on the sale of their primary residence. Until recently, you didn't even have to mention a sale on your tax return either, but while the capitals gains on your home can still be exempted from tax, there are important new reporting requirements.

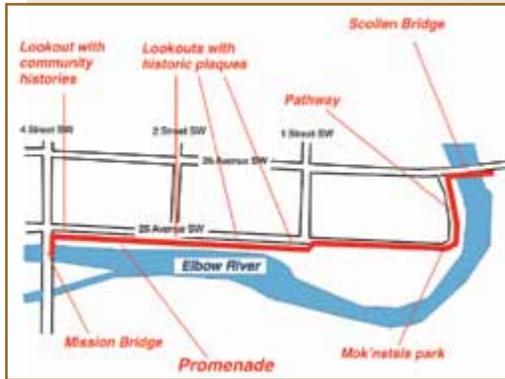
Last October, the Canadian government announced new measures requiring everyone to report the sale of their home on their tax return. If the sale is not reported, you could be re-assessed. You may even be subject to a penalty in the future. CRA has stated that it is unlikely a penalty will be issued when the sale occurred in 2016, given that the reporting requirement is brand new, but it may not be so lenient going forward.

The new rule is part of the government's attempt to rein in potential abuses of the principal residence exemption (PRE), such as non-Canadian residents claiming the exemption and others claiming it on a second property in the same year. Usually, 50% of a capital gain on an asset must be reported as taxable income. But the PRE allows Canadian residents to be exempt from paying tax on capital gains on their principal residence. Only one property can be designated per year as a principal residence, therefore gains may be taxable on the sale of a second property, like a vacation home.

The bottom line is this: if you sell your home, complete Schedule 3 at tax time to claim the PRE and to avoid any potential penalties for late filing. Most individuals previously eligible to claim the PRE will continue to remain eligible.

## A Historic Stroll *The Elbow River Promenade*

Une balade historique  
*La Promenade de la rivière Elbow*



On this short, four-block walk, you can enter a historic Calgary community knowing nothing about it and leave knowing its history from First Nations through early settlement to modern development.

*Cette courte marche vous fera découvrir l'histoire de la communauté de Mission, de leur mode de vie autochtone au développement moderne.*

Cliff Bungalow - Mission Community Association

# Historic Promenade Stroll



**You are invited to take a third and final stroll along the Mission Elbow Historic Stroll as part of Historic Calgary Week on Saturday, August 5, from 1 – 2 pm. The stroll starts and ends at Mission Bridge (26 Avenue and 4 Street SW).**

In May, Elis Hiebert and Bill Longstaff led about 40 participants on a **Jane's Walk** on the Historic Promenade. Jane's Walks are inspired by the memory of community activist Jane Jacobs, who mobilized ordinary citizens to protect their communities from a car-centred approach to urban planning, and make them people-centred instead. Elis and Bill researched human stories about people, places and events that would resonate with local people. They shared these with participants, passing around pictures of historic places along the walk, with kids and adults playing, walking, sleighing, skating, and just living everyday lives against the backdrop of the Elbow River and Mission. They got permission to go into buildings to get the vibe inside, which was illuminating for all, and a lot of fun!

**On Canada's 150th Birthday** 'Historic Stroll', history came back to life for over an hour, as a group of 85 – 100 moved along the Promenade toward birthday cake at Mission Bridge. Elis coordinated the storytellers and singers who used story and song to move from the early First Nations presence along the Elbow River through subsequent waves of settlement. Jocelyne and husband John led everyone in a rousing version of 'Alouette' after outlining the significant 'French connection' in our area history. 'Horizon Ridge', a great local band, became 'roving minstrels' and Helen, Steve, Peter and Dianne sang toe-tapping songs and ballads ranging from Johnny Cash's 'How High's the Water, Mama?' through to Gordon Lightfoot's 'Canadian railroad Trilogy'. Charming Claire read recollections of summers spent next door to the long-standing 'Lang House',

now restored and used by Grandview residents. Judith, of local CBMCA history book fame, told stories of what it was like to actually live there as a little girl, playing, and swinging from tree ropes into the river. Emil & Murray outlined the often frenzied building periods that took place over the decades. Longtime CBMCA Heritage committee member Bill told us of earlier Mission Bridge building exploits, then Angela recounted the building of this actual Elbow River Historic Promenade, a 5-year \$1.2 million joint venture between our community (our community raised \$90,000) and the City of Calgary. Thanks to MLA Kathleen Ganley and Councillor Evan Woolley taking time out of a very busy day to come. It was a lot of fun!

We are very grateful to Calgary Foundation, for their unique support of grassroots community events, and their support throughout the building of this entire Historic Promenade, to our local Mission Safeway for the generous cake donation, to SAVOUR café, which generously offered loonie coffee and washroom facilities to our participants. And a big thanks to our volunteer helpers: Angela, Sue, Joan, Horizon Ridge band, Ken & Bill, Mira, Bob and Murray

If you haven't taken the stroll, we encourage you to follow along with our brochure, available at Promenade Mission Bridge rest stop. We hope you will visit this community gem of a walk!



**FRANGLOFUN  
STAMPEDE  
BBQ**



# Cliff Bungalow - Mission Community Association

462, 1811 4 Street SW  
Calgary, AB T2S 1W2



## Membership Form

(Please Print Clearly)

Name (1) \_\_\_\_\_

Name (2) \_\_\_\_\_

Name (3) \_\_\_\_\_

Street Address \_\_\_\_\_

Suite/Unit # \_\_\_\_\_ Postal Code \_\_\_\_\_

Phones (1) \_\_\_\_\_ (2) \_\_\_\_\_ (3) \_\_\_\_\_

Email (1)\* \_\_\_\_\_

Email (2)\* \_\_\_\_\_

Email (3)\* \_\_\_\_\_

Membership Cost: Single \$10 \_\_\_\_\_ Family \$20 \_\_\_\_\_ Payment type: Cash \_\_\_\_\_ Cheque \_\_\_\_\_

New \_\_\_\_\_ or Renewal \_\_\_\_\_ If Renewal, provide your Card# \_\_\_\_\_ Purchase Date \_\_\_\_\_

\*Your e-mail addresses will be used by CBMCA to inform you of community events and important community matters

## TIME TO RENEW YOUR MEMBERSHIP

Our membership year is AGM to AGM. The AGM was on Wednesday, November 23, 2016, so if you have not renewed your membership, now is the time to do so.

You do not get a new card every year. The plastic membership card is permanent. You get a new date sticker when you renew your membership.

Having a CBMCA membership has become more popular partly because of the Membership Affinity Program. All you have to do is show your up-to-date membership card to obtain discounts. See details of this program elsewhere in this newsletter.

To purchase or renew your membership, just fill in the membership form elsewhere in this newsletter and send it in with your cheque to the address on the form.



# Mission Possible 2017

Cliff Bungalow – Mission inspired the now city-wide “Neighbour Day,” and Mission Possible is our own particular version of Neighbour Day. On June 17, we celebrated the fifth Mission Possible, the first one being organized in a matter of days in 2013 as a result of the flood. It’s a day to celebrate our community’s resilience and collective response to the 2013 flood, while also giving back through donations to the food bank.

Original Joe’s, our main sponsor for the third year running, served fantastic, double burgers; the line was across the field all afternoon! And Yann Haute Patisserie sealed the deal with cake pops and macarons! Our new neighbour, Mill Street Brewery, also donated to the event, along with Midtown Co-op. We enjoyed great live music from the talented Justine Vandergrift and Anthony Kimeka, and a spontaneous performance by talented neighbourhood children! New this year was circus and stilt walking from Snow Circus (Cliff Bungalow resident Schuyler Snowden). The event was enjoyed by people of all ages as well as Councillor Evan Wooley, MP Kent Hehr, and MLA Kathleen Ganley. Thank you all for coming!

Along with great food, there was great entertainment. It was kicked off by Anthony Kameka of Windigo and ended with returning Justine Vandergrift. They were joined by local resident Schuyler Snowden who started off on huge stilts looking for butterflies. Then he did a fascinating and multifaceted juggling act. You can see him at [www.TheSnowCircus.com](http://www.TheSnowCircus.com). Finally, we had a wonderful impromptu performance of Mad World by local youth Genevieve Gault.

This kind of event would not happen without the help of many people and

organizations. We want to acknowledge those who helped this year. Some worked on the organizing committee, some worked in the background making arrangements, making posters and getting supplies together and some worked on the day of the event. Some worked in all phases. They all helped create this special event for a special community. We also thank everyone who attended the event. You are why we do events like this. This kind of event helps build a strong sense of community.

Thanks to our hard-working volunteers: Mary Beth Acheson, Annie Chong, Susan Chow, Kaeleigh Doherty, David Frishman, Parjna Harsora, Murray Hiebert, Georgia Hoffman, Ken Hryciw, Sander Jansen, Jim Jung, Jane Kubke, Bob Lang, Philip Lozano, Jari Narvanen, Tina Narvanen, Jan Pugh, Jo Stone, Jo Stratton, April Vande Beek, Amanda Weightman, Amanda West, Angela Yap and Kate Zago. Kaeleigh Doherty and Amanda Weightman headed up the planning committee.

The organizations which contributed: Original Joe’s, Yann Haute Patisserie, The City of Calgary, ATCO Gas, Midtown Calgary Coop, and the Red Cross.

We apologize if we have missed anyone. Please let us know.

Those who attended donated \$309.85 towards the Calgary Food Bank.

The 2018 Mission Possible event will be on Saturday, June 16. Please note that in your calendar.

**Stay tuned about upcoming events!**  
**Follow CBMCA on our website**  
**[www.cliffbungalowmission.com](http://www.cliffbungalowmission.com),**  
**Twitter [cbm\\_ca](https://twitter.com/cbm_ca), Instagram [cbm\\_ca](https://www.instagram.com/cbm_ca) and**  
**Facebook**



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## Community Preparedness Building Safe Communities Program

As Calgarians we know that emergencies can affect our communities at any point. Many emergencies may not be preventable but we can minimize the risk by being prepared. Here is a list of ways you and your neighbours can be prepared.

### 1. Know your neighbours

If an emergency does arise, if you know your neighbours you can readily identify neighbours who may have special needs, mobility or those who need additional assistance in an event of emergency.

### 2. Know the potential risks and hazards in your community

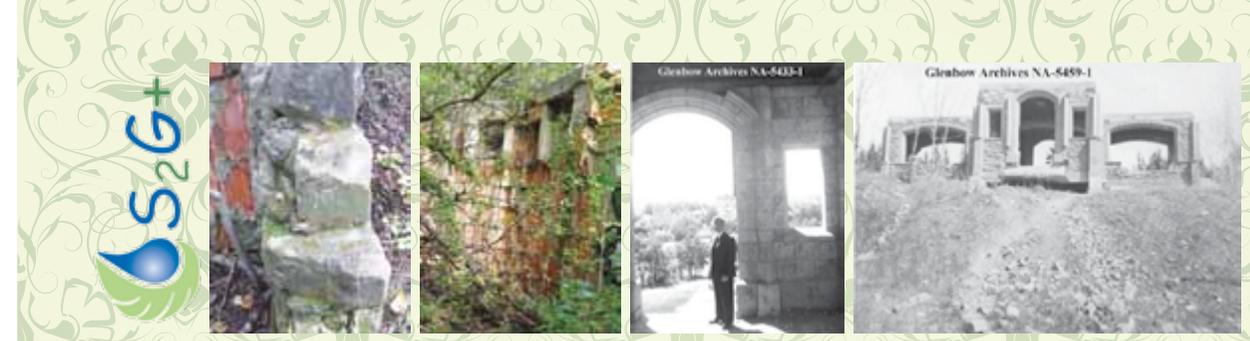
The more residents are aware of areas in their community that are potential risks, the better prepared a community can be. Be proactive!

### 3. Know the evacuation routes

Knowing how to get of your neighbourhood can reduce traffic congestion and allow for emergency personal easy access.

### Emergency numbers, Calgary and area:

- Ambulance, Fire, Police, Hazardous Materials Spills: 9-1-1
- Gas Emergency – ATCO Gas: 403-245-7222
- Electrical Emergency - ENMAX Power: 403-514-6100
- All other City services: 3-1-1
- Poison & Drug Information Service: 1-800-332-1414
- Calgary Emergency Management Agency 3-1-1: calgary.ca/cema



## Lindsay's Folly Castle Ruins along the Lower Elbow River

Hidden deep in the bush on the slope along the Elbow River pathway system near Stanley Park, a bit of brick and concrete rubble are all that remain of what was once a grand design for an impressive sandstone castle. It would have had sweeping views of the river and the burgeoning city beyond.

Dr. Neville J. Lindsay was one of Calgary's early physicians. He arrived on the first passenger train in 1883, later returning with cash in his pockets from the Klondike Goldrush to pursue real estate development during Calgary's first building boom.

The site for the castle was purchased by Lindsay in 1904. Some claim it was once a fox farm. Hydraulic methods were used to terrace the hill and ten rows of fir trees were planted to stabilize the slope. Construction began in 1913 using sandstone blocks from the first Knox Presbyterian Church, a property purchased by Lindsay in 1910 to be redeveloped as a downtown business block. Work suddenly stopped on the mansion after the foundation, an enormous arched portico with wide steps, and some of the first storey walls were constructed,

Why Lindsay abandoned the project remains the subject of lore. The romantic, untrue version was that he fancied the home for his bride who then died, but the real Mrs. Lindsay long outlived her husband. Another account was that Lindsay realized the slope was too unstable to support the grand structure and it could slip down the hill toward the river. Most likely, he simply ran out of money, having gained and lost a fortune in real estate speculation.

Lindsay died broke in 1925. The site reverted to city ownership in 1936 for back taxes and by 1938 it had become parkland. Metal was salvaged from the steel beams for the WWII war effort. In 1955 the sandstone portico finally collapsed or was bulldozed for safety reasons; the blocks possibly scavenged for backyard rock gardens and such.

The ruins of Lindsay's Folly were used by swimmers to change for a dip in the Elbow River or as a secluded spot for teenage parties. For generations, children have played amidst the rubble, concocting ghost stories that contributed to the legend of "Deadman's Castle".

Had the castle been completed, would it have survived or simply tumbled down the slope toward the river, a victim of unstable slopes and the ravages of flooding; just one man's folly.

Sources:

- Mittelstadt, D., *Lindsay's Estate: A History of Parkview and Erlton*, 2001
- Lawrence, E., *The Story of Lindsay's Folly*, Avenue Magazine, May 2015
- Calgary.ca
- Historical Photo Credits: Glenbow Archives



Honeybees can count, categorize similar objects like dogs or human faces, understand "same" and "different," and differentiate between shapes that are symmetrical and asymmetrical.

CALGARY PRIDE PARADE  
6 AVE. AND 6 ST. SW  
SEPTEMBER 3, NOON – 1:30

The signature Calgary Pride Parade is one of the most colourful celebrations of the year!  
More info: [calgarypride.ca](http://calgarypride.ca).



Photo by JMacPherson

CIRCLE THE WAGONS  
3951 TRASIMENE CRESCENT SW  
SEPTEMBER 9, 11 AM – 11 PM

This year's traveling carnival of local food, beer, music, art and performers will be proudly hosted at Currie. Currie boasts Canadian Pride, and to help further amplify the celebratory energy from Canada's 150th anniversary. More info: [cirdethewagons.ca](http://cirdethewagons.ca).



YW WALK A MILE IN HER SHOES  
STEPHEN AVENUE AND OLYMPIC PLAZA  
SEPTEMBER 19

Hundreds of men and women will step onto Stephen Ave. in high heels to show their support for women and children who are victims of family violence. More info: [walkamile.ca](http://walkamile.ca).



## YOUR COMMUNITY/CITY EVENTS AT A GLANCE...

**The Market on Stephen Avenue – Tuesdays until Sept. 5, 11 am – 5 pm**

Bring your enviro bags and coolers! You'll find up to 60 vendors; from fresh food (produce, breads, pastries, etc) spices, sauces, treats, art, fashion, jewelry and so much more! Found on Stephen Avenue between 1 Street East and 2 Street West. More info: [inquiries@dmeinc.ca](mailto:inquiries@dmeinc.ca).

**Honens Festival – Various Venues, Sept. 7 – Sept. 10**

The award-winning Honens Festival returns for a four-day festival of music with a side of maple syrup! To mark Canada's 150th birthday, this celebration of piano showcases some of the country's brightest classical music stars alongside Honens Laureates through innovative performance projects and dynamic community concerts. More info: [honens.com](http://honens.com).

**Beakerhead – Various Locations, Sept. 13 – Sept. 17**

One of the world's most original spectacles of art, science and engineering, will erupt this September when the fourth annual Beakerhead hits Calgary. Look for mechanical creatures, multi-story art installations, famous and soon-to-be famous scientists and inventors, and performances by people and machines. The dose of quirky spectacle will include more than 65 events. More info: [beakerhead.com](http://beakerhead.com).

**Techstock 2017 - 3553 31 Street NW, Sept. 14**

This is an annual event hosting 30+ start-up companies and researchers who showcase their innovations to the public. This year they explore how technology and social innovations are making a profound impact on our society and driving change in areas such as sustainability, health, education, gender equality and more. More info: [innovatecalgary.com/events/techstock/](http://innovatecalgary.com/events/techstock/)

**Railway Days – Heritage Park, Sept. 23 - 24**

There is fun for the whole family at Railway Days! As one of the few sites in North America with two steam locomotives, our trains take centre stage for two days with demonstrations, hands-on activities, and exciting exhibits. More info: [heritagepark.ca](http://heritagepark.ca).

## YOUR CITY OF CALGARY



## Calgary's Largest One Day Food Drive - It's a Community Affair

Community service is what it's all about when it comes to the annual City-Wide Food Drive. On Saturday, September 16, some 7,000 volunteers of all ages and backgrounds will spread across the city collecting non-perishable food donations in support of the Calgary Food Bank.

For the Clark and Anderson families, three generations of family members will be getting in on the act again this year. Brent and Judy Clark have volunteered for the City-Wide Food Drive for the past 10 years. "We've gone with our grandchildren a couple of times, and it was great!" says Judy. "We drove, and they ran and collected the bags. Sometimes folks were so generous, it took three kids to collect the bags from a single house, and that really impressed the kids! It was a joy to establish a family tradition with them of helping our communities."

The Clark's 8-year-old grandson, Erik Anderson, says, "I think about how people will like all the good food, and how they'd be happy to see all the kinds of foods!"

Big sister Lauryn adds, "Everyone collects so much food, and then we fill semi-trucks full of food, and it really adds up. It must make such a difference."

Now in its 13th year, the City-Wide Food Drive is an easy and convenient way for you to help fill the shelves at the Food Bank as seasonal need for food hampers increases.

Starting the week of September 11, you'll see volunteers drop off donation bags on doorsteps across the city. During that week, these bags can be filled with non-perishable food items, and on Saturday, September 16, those same volunteers will travel back through their neighborhoods to collect the bags. They won't ring your doorbell or disturb you, but will happily collect the filled donation bags from your doorstep, and take them to a central drop-off for transport to the Calgary Food Bank.

This year's City-Wide Food Drive target is to collect a half million pounds of food in one day! It's a lofty goal, but Calgarians are known for their good and generous hearts, especially during tough times. When it comes to neighbor helping neighbor, the City-Wide Food Drive really is a community affair!



# Summer Safety

Happy August, everyone!

With summer in full swing we hope you have been enjoying long days, warm sun and family holidays! If you are planning to hit the road with your pet here are a few simple tips to make the holidays run smoother.

- 1. Never, ever, leave an animal in a car.** Hot cars are dangerous for pets and people alike. On summer days, the temperature inside a parked vehicle begins to climb immediately and can reach dangerous levels in as little as 10-15 minutes. Even a few moments in a hot car can lead to heat stroke and even death. Cracking the windows or leaving water in the car is not enough to keep the heat manageable. If you know you will be stopping leave your pet at home or bring someone else along who can take your pet for a walk in the shade while you pick up what you need.
- 2. Watch out for Fido at the BBQ!** As with your kitchen at home, if you are cooking or carrying hot foods it pays to keep your pets out from under foot. In the case of social gatherings, ask your guests not to share food with your pets and to pick up any food that is dropped. Rich summer foods like ice cream, hamburgers, hotdogs and chips can cause digestive upset or even problems like pancreatitis in some pets.
- 3. Think safety when it comes to social situations!** Just like people not all pets are keen to be friends. When out for a walk, keep your dog on a leash and under control at all times. Avoid letting your dog greet other dogs without first asking the owner. When at a location like a dog park, pay attention to the body language of your dog and any other dogs in the area to watch for signs of stress or conflict. Unsure about what to look for? Check out our free animal training resources at [www.calgaryhumane.ca](http://www.calgaryhumane.ca).
- 4. Travelling? Plan ahead!** Summer road trips can be fun for both pets and people, but they do require some advance planning. Before hitting the road, visit your vet to update any necessary vaccines or health certificates and ensure your pet's microchip/tattoo in-

formation in up to date. Load your pet's information, including a photo or two onto your smart phone just in case your pet gets lost. When you are packing include extra food and medication for your pet in case you are delayed in getting home. Finally, the safest place for your pet in a vehicle will be in a crate or restrained by a seatbelt harness. Bringing your pet's bed or some favorite toys will provide comfort for the ride.

Do you have more questions about summer safety and your pet? Curious about some behaviour you saw at the dog park? Want to find out more about adopting a new family member? Check out our website at [www.calgaryhumane.ca](http://www.calgaryhumane.ca) for information and resources!

## BRAIN GAMES SUDOKU

2					6	5	3	
		3		4	7	6		
					8	1	2	
		6					9	1
		8	4		1	2		
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	6	5	9					
		7	5	6		9		
	3	1	7					5

FIND SOLUTION ON PAGE 33

## DOLLARS & SENSE



# Don't Let Your Investments Take a "Vacation"

It's summer again – time for many of us to take a break and possibly hit the open road. But even if you go on vacation, you won't want your investments to do the same – in summertime or any other season. How can you help make sure your portfolio continues to work hard for you all year long?

Here are a few suggestions:

### Avoid owning too many "low growth" investments

As you know, different investments have different characteristics and can help you in different ways. For example, you typically own stocks because you want the potential for growth. Other investments, such as guaranteed investment certificates (GICs), provide you with a regular source of income and stability of principal – two valuable contributions to your portfolio. However, investments like GICs don't offer much in the way of growth potential. So, if you own too many of them, you might be slowing your progress toward your important financial goals, such as a comfortable retirement.

You can maximize the productivity of your portfolio by owning a variety of investments – domestic stocks, international stocks, corporate bonds, GICs and more. How much of each investment should you own? The answer depends on a variety of factors, including your age, income, risk tolerance, family situation and specific objectives. Over time, your ideal investment mix may change, but you'll likely need at least some growth potential at every stage of your life.

### Don't let your portfolio go "unsupervised"

Your investment portfolio can be subject to "drift" if left alone for extended time periods. In fact, without your making any moves at all, your portfolio can move in directions that may not be favourable to you. Suppose you think your holdings should be made up of 70% stocks, but due to strong gains, your stocks now make up 80% of your portfolio. This development could lead to a risk level that feels uncomfortably high to you. That's why you should review your portfolio at least once a year, possibly with the help of a financial professional, to check your progress and make adjustments as needed.

### Don't stop at the nearest "resting place"

Some people hope that if they can get that one "winner," they will triumph in the investment arena. But the ability to "get rich quick" is much more of a myth than a reality. True investment success typically requires patience, persistence and the resilience to continue investing even during market downturns.

In other words, investing is a long-term endeavour, and you need a portfolio that reflects this reality. You need to establish your goals and keep them constantly in mind as you invest. And you will never really reach the end of your investment journey, because you'll need to make choices and manage your portfolio throughout your retirement years.

Hopefully, you will enjoy a pleasant vacation sometime this summer. But your investment portfolio shouldn't take time off.



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## FOR ART'S SAKE

### Festivities in August

By Alex Bonyun

August is a great month to get out and experience art in our community for free! Whether it's an outdoor festival, or an indoor celebration, there's so much for you to see! Downtown you can take in Olympic Plaza on a warm August day with the Spaghetti Western Music Festival (August 20, noon - 9pm), Canada's alt-country music festival, or celebrate Canada 150 with Happenings (August 18, 5 - 9pm), the free visual art party with live music and creative activities inside Arts Commons. Another way to enjoy music outdoors this summer is at Calgary ReggaeFest (August 17 - 19), a three-day festival in Shaw Millennium Park.

For anyone looking for a bit of theatricality in their August, the Calgary Fringe Festival (August 4 - 12) returns to Inglewood this year with a unique line-up of unexpected, unforgettable performances. Calgary Opera's Opera in the Village festival is making the move from East Village to the newly unveiled Enmax Park with the hit show South Pacific (August 10 - 20, 8pm nightly).

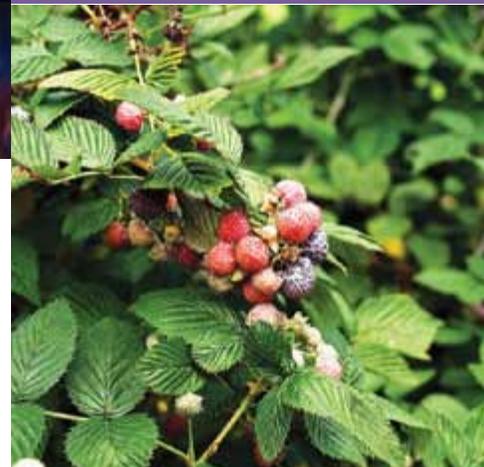
If you're looking for a stroll through some of Calgary's character neighbourhoods Inglewood's Sunfest (August 5) and Marda Loop's Marda Gras Festival (August 13) are back again for another great year.

For something a little quieter with a slice of nature, the Calgary Dragon Boat Race & Festival (August 12 - 13) is a fun way to kick back on the banks of the Glenbow Reservoir and root for your favourite team! And, if you've never checked out Globalfest (August 15 - 26), Calgary's largest display of fireworks is a fantastic way to enjoy music and culture from around the world, while being wowed by a truly explosive display.

For a full list of Calgary's festivals this August, indoor and outdoor, you can visit [calgaryherald.com/life/swerve/swerve-festival-guide-2017-august](http://calgaryherald.com/life/swerve/swerve-festival-guide-2017-august).

*This column is provided by Arts Commons. Located in the heart of Calgary's vibrant downtown core, Arts Commons is home to six distinct performance venues.*

## RESIDENT PERSPECTIVES



## Foraging in Calgary's Wild Berry Patches

After a seemingly endless winter, summer in Calgary is a wonderful time to go for long walks or bike rides, especially along the Elbow and Bow rivers. Believe it or not there is an abundance of wild berries growing on the riverside and all over our city, and they are ripe for the pickin' right about now.

There are numerous wild, edible berries in Southern Alberta, but here are a few of the most common ones:

**Red Raspberries:** These bright red, sweet and tart berries are what many childhood memories are made of in our province. The mid-sized bushes have light green leaves that are toothed along the edges and are greenish-silver on the other side. The raspberries grow in clusters on the end of the stems and will continue to produce fruit through the growing season after they are picked. These bushes may or may not have thorns, so be cautious and bring gardening gloves if you are going hunting for these particular little gems.

**Saskatoon Berries:** Saskatoon berries are native to Alberta. The Plains Indians ate the fruit both fresh and dried in their dietary staple, pemmican. These berries are dark purple when ripe, very tart and sweet with a slight almond flavour, and make excellent jams, preserves and pies. The mid-to-tall sized bush has small green leaves and sports white flowers in the spring. The berries grow in clusters along the stems, so if you're really ambitious, you may want to bring along a small step ladder to harvest the ones up high.

**Choke Cherries:** These little beauties are so named for their large pit, but don't be deterred, they are sweet and juicy and make a lovely jelly—just be aware when the kids are gobbling them up. This mid-sized bush will have oval-shaped, dark green leaves that point at the end. The berries are red, ripening to bluish-black and hang in dense popsicle-shaped clusters that will pull the branches down with their weight when ripe.

These berries will grow along the rivers and ravines in our city. If you're planning on goin' pickin' bring a bucket or sturdy container of some sort and gloves; don't go during the heat of the day because the berries will mush or burst in your fingers; try to avoid areas that may have been recently plied with pesticides or the like; get a field guide to correctly identify your berries before consuming them. Some good places to start your berry adventures are Paskapoo Slopes, Edworthy Park, Stanley Park, Inglewood riverside and Beaverdam Flats. Happy hunting!

## Backyard Play Safety

Emergency Medical Services (EMS) would like to encourage parents and caregivers to ensure their backyard play areas are made safe for children. Although direct supervision is the best method to reduce the chance of injury, ensure your play equipment in your yard is in good repair and is suitable for the age and skill of the children using it. Check play equipment often; replace or repair any worn or broken parts. Set up play equipment over top a 9-inch layer of shock-absorbing material such as sand, wood chips, or pea gravel which extends 6 feet out in all directions from the play area.

### Water hazards

- Drowning contributes to unintentional injury-related death among children ages one to four;
- Children can drown in just a few centimetres of water if it covers their mouth and nose;
- Ensure all backyard swimming pools are fenced. The fence must be at least 1.8 metres (\*) high and have a self-latching, self-closing, lockable gate. (\*Alberta Building Code)

### Lawn and garden tools

- Keep young children away from outdoor power equipment;
- Serious burns may result from touching hot engine surfaces;
- Ensure that all sharp tools, fuel, chemicals, and other hazardous substances are stored in a secure, locked area. A simple latch may not be sufficient.

### Insect bites and stings

- Minimize the risk of attracting insects by not wearing strong perfumes or scented lotions;
- Avoid wearing brightly coloured clothing outdoors;
- Consider destroying or relocating hives and nests situated near your home;
- To avoid injury through inadvertently stepping on a stinging insect always wear footwear outdoors;
- If your child has received an 'EpiPen, Junior' prescription from your physician (for anaphylactic reactions only) ensure they understand when and how to use it;
- If your child experiences a severe reaction to an insect sting, or other environmental cause, seek medical attention, or call 9-1-1.

## New pilot signage aims to hit the mark with Calgarians

The City of Calgary places a Notice Posting sign on sites where a proposed land use change, or development application has been received by The City. The sign helps inform citizens about a proposed application, and how they can get involved in helping build our city.

We're working to enhance our signs to make them simple, informative and transparent. Thanks to your input last year, we're piloting a new Notice Posting sign and we want your comments. Take our quick survey at [calgary.ca/noticeposting](http://calgary.ca/noticeposting) before August 31, 2017.

### Planning Services Centre

403-268-5311

Monday to Friday

8 a.m. – 4:15 p.m.

## Mail-in ballots for the 2017 Election

In October, Calgarians will vote to elect their Mayor, Councillors and School Board Trustees. Your community is shaped by the outcome of an Election. If you are unable to vote during the Advance Vote or on Election Day due to physical incapacity, being absent from the city, working as an election worker, or volunteering/working on a campaign, you can request a mail-in ballot online by visiting [www.electionscalgary.ca](http://www.electionscalgary.ca), by phone, 403-476-4100 (option 2), in-person or in writing at the Elections & Census Office, 1103 – 55 Avenue NE.

If you request a mail-in ballot, a ballot package with instructions will be mailed to you after Nomination Day (September 18, 2017). A photocopy of an authorized piece of identification must be sent back with the returned ballots. Ballots must be received by the Elections & Census Office no later than 8 p.m. on Election Day (October 16, 2017). For more information on the Election, or to sign-up to receive updates, visit [www.electionscalgary.ca](http://www.electionscalgary.ca).

## Ask Charles

**I'm selling my house, and the listing agreement says I have to pay my real estate agent commissions if my place sells after the agreement ends. Is that legal?**

It sounds like you're referring to the "holdover" clause, which is found in most residential listing agreements (seller representation agreements) in Alberta. And yes, holdover clauses are legal.

A holdover clause permits your real estate brokerage to collect its fee or commission from you if you enter into a purchase contract with a buyer within a specific number of days after your listing agreement ends and that buyer was introduced to your property during the term of the listing agreement. The length of the holdover period is negotiable between you and your real estate professional.

When a real estate professional lists your home, your listing agreement sets out that you will pay your brokerage in the event your home sells.

Imagine you have a 90-day listing agreement. On day 88, your real estate professional arranged for a showing of your home to a buyer. The buyer liked it, but had to think about it for a few days. On day 91, the buyer decides they want to buy your home. That buyer only knew about your home being for sale because of the listing you had on it with your real estate professional.

Assume you didn't extend your listing agreement, on day 91, your home is no longer officially for sale but you still want to sell. The buyer that viewed your home on

day 88 writes on Offer to Purchase for your home, and you accept their offer.

Now the holdover clause kicks in.

Because you're selling your home to a buyer who was introduced to it during the term of your listing agreement, the holdover clause requires you to pay your real estate brokerage the commission you agreed to in your listing agreement.

Your real estate professional did what they set out to do – they sold your home for a price with which you were happy. They deserve, and have every right, to be paid for their work.

The holdover clause also protects a real estate brokerage's commission in the unlikely event a buyer and seller want to work together to get a deal done, but they wait until just after the listing agreement ends merely so they don't have to pay commission. If in such a case the buyer was introduced to the seller's property during the term of the listing, the real estate professional deserves to be compensated for their work. Side deals between a seller and that buyer shouldn't affect the ability of the seller's real estate brokerage to collect its commission.

*"Ask Charles" is a monthly question and answer column by Charles Stevenson, Director of Professional Standards with the Real Estate Council of Alberta (RECA), [www.reca.ca](http://www.reca.ca). RECA is the independent, non-government agency responsible for the regulation of Alberta's real estate industry. We license, govern, and set the standards of practice for all real estate, mortgage brokerage, and real estate appraisal professionals in Alberta. To submit a question, email [askcharles@reca.ca](mailto:askcharles@reca.ca).*



## Dogs, Yellow Spots, and Lawns

By Jennifer L. Scott, D.V.M.

When I sold some of my Labrador puppies I was amused by the number of people wanting a male dog, “because girl dogs destroy the lawn with those big yellow spots”. Well our male dogs have taken out their share of grass, as well as some trees and expensive perennials of mine. As both an avid gardener and a veterinarian let me pass on what meager advice I can give.

Urine contains nitrogen, potassium, and phosphorus, all three ingredients of fertilizer. Thus, a urine spot with the dead grass is always surrounded by dark green rapidly growing grass, too much of a good thing. Urine would make a great fertilizer if you could catch it and dilute it before spreading it over your lawn. Not me!

The nitrogen content of urine scalds grass more severely than the urine acidity. Nitrogen breaks down to ammonia and “burns” the grass. This is the same as over-fertilizing your lawn. Salinity or salt content of urine rises in concentrated urine. Large amounts of nitrogen

and salt are impossible for the natural buffering of the soil to overcome and the grass dies.

The urine pH or how acid or alkaline the urine is can also kill the grass. This varies with the individual dog’s metabolism and diet. Baking soda and commercial products available at pet stores and veterinary clinics will alkalize or acidify the normally slightly acid canine urine. Products include tablets and dog rocks or water pucks to put in the pet’s water bowl. These products as a rule are safe in most dogs, but unfortunately some may be harmful in individual dogs inclined to form stones in their bladders. I have not found a product that I think works. Most soils are slightly alkaline and can readily withstand the normally slightly acid canine urine. Certainly, Calgary’s clay soil tends to be alkaline as a rule.

Diluting the urine immediately with large amounts of water is effective but impractical if your dog is loose and alone in the backyard. You can build up the soil’s natural buffers by leaving grass clippings on the lawn or by spreading compost, peat moss, or wood ashes on the grass.

Train your dog as a puppy to piddle in one place in the yard. It is more difficult to train an adult dog used to using the entire lawn but you can with persistence and patience.

Garden centers have products that may help you repair or prevent those yellow spots. I have found most of these products too labour intensive for my taste.

A friend sent me an e-mail saying Martha Stewart swears that by giving her chows two tablespoons of tomato juice in their food twice daily their urine never causes lawn spots. Never tried it, give me some feedback if you try it and it fails or works. Adjust the amount of juice to your dog’s size.

My solution is to train my dogs outdoors like I do indoors. Since I like a nice green lawn, I trained my four large dogs on my last property to use one section of the lawn and I promoted the growth of crab grass in that area. Nothing kills crab grass for long and from a distance it looked same as the rest of the lawn. Now I have trained my dogs to use the gravel dog run and one pees on gravel more readily than grass.

Be positive, it might be possible to have a happy dog and a beautiful lawn. Good luck!

### Deadline – 1<sup>st</sup> of each month for the next month’s publication

#### Contact [news@great-news.ca](mailto:news@great-news.ca)

- ◆ Free announcements: lost/found, household items for sale, wanted, garage sale, student/senior services, etc.
- ◆ Forty word limit

**CHILD SCIENTISTS WANTED!** Ch.I.L.D. Research Group at the University of Calgary requires kids under 14 years to participate in fun game-like projects to help us understand how children develop language and social understanding. If interested call (403) 220-4955, email [child@ucalgary.ca](mailto:child@ucalgary.ca), or visit <https://psyc.ucalgary.ca/child/>

**RELIVE CALGARY’S VIBRANT HISTORY:** with Chinook Country Historical Society during the 27th annual Historic Calgary Week. From July 28th- Aug 11th get to know people’s stories while visiting historic sites in the Calgary area.

**CALGARY 55+ GAMES:** From August 10<sup>th</sup> to 12<sup>th</sup> 2017, Calgary 55 Plus Games Association will be hosting the Calgary 55 Plus Provincial Championships. There will be 11 events. We need new members and volunteers. Go to [www.calgary55plus.com](http://www.calgary55plus.com) for information.

**LOVE TO SING?** Vocal Latitudes may be the choir for you. A non-audition, World Music community choir, Vocal Latitudes meets Tuesday evenings from September-May in a convenient central location. Repertoire includes jazz, gospel, African, Canadian, Renaissance, pop, original contemporary. For more information, see [www.vocalatitudes.org](http://www.vocalatitudes.org).

**FLC SENIORS CLUB 55+** -Tai Chi- call Juliette 403-225-1593 or email [taichi@flcseniors.ca](mailto:taichi@flcseniors.ca). -Line Dancing- call Ann 403-254-9181 or email [linedancing@flcseniors.ca](mailto:linedancing@flcseniors.ca). For more activities, visit [www.flcseniors.ca](http://www.flcseniors.ca). Join us for a very affordable, healthy, and active lifestyle.

**HOLY SPIRIT CWL CRAFT SALE:** Saturday, November 18th, 10 a.m. to 3 p.m. 10827 – 24th Street S.W. Over 40 tables of handcrafted gifts. Contact [hscwlcraftsale@gmail.com](mailto:hscwlcraftsale@gmail.com).



## 5 Spelling Tips for Summer

Summer’s for slowing down, but not for shutting down! We want to keep our kids sharp, ready, and excited for the new school year. Here are five spelling tips you can do with your kids to improve their spelling skills this summer. Remember, all language arts skills – reading, writing, listening, and speaking – are related. When you read, write, speak, and listen with your child, you’re strengthening those spelling skills. Try incorporating these five great spelling game ideas into your child’s summer routine and watch their spelling skills improve by leaps and bounds!

1. Do a scavenger hunt. Find items that begin with a certain letter. First to find ten items wins an extra ten minutes of bedtime story reading. Bedtime reading is precious.
2. Be an artist. With your children, draw or cut out pictures of people, items, and events that start with a certain letter. Be creative and exaggerated for emphasis and vocabulary-building. “F is for fireworks, fishing, frolicking, fast footraces, freedom, fresh fruit, family, friends, and fields full of flawless flowers.” Exhibit these pictures for the whole family to appreciate.
3. Play word games in the car. Kids really don’t need to be in front of a screen all the time. For each five minutes on a ride, spot as many items as you can that begin with a certain letter. Make a list. After five minutes, change the letter.
4. Keep a summer journal. Writing helps spelling like no other activity.
5. Have a pen pal. Kids love getting mail. Snail mail is more fun than email, and it gives your children something to look forward to!

Remember, summer is the perfect time to relax, but it’s also important to keep your kids on track. There is no reason to be bored this summer when there are endless, fun and educational spelling activities. Enjoy!

# BUSINESS CLASSIFIEDS

For business classified ad rates call Great News Publishing at 403-263-3044 or sales@great-news.ca

## YOUR CITY OF CALGARY

### Recycling Tip of the Month: What to Compost

As weekly green cart collection has started, you must be amazed at the amount of food and yard waste that's accepted in the green cart. Here are five times to remember to include the food from your kitchen clean up.

- 1. Preparing meals:** Instead of throwing out vegetable peels, eggshells and other food scraps, add them to your kitchen pail for composting.
- 2. Scraping plates:** Keep your kitchen pail visible and accessible and encourage everyone at home to help with the clean-up.
- 3. Cleaning the fridge of spoiled leftovers:** Give a second life to food that has spoiled by emptying it into the kitchen pail for composting.
- 4. Leftover grease and sauces:** Use a spatula or paper towel to scrape out excess grease. The paper towel is compostable too.
- 5. Paper plates and napkins from summer barbecues:** If a lot of guests are coming over, line your green cart with a paper yard waste bag and toss the paper plates and napkins inside for a no fuss solution.

**Tip:** To keep things neat and tidy, line your kitchen pail with a compostable bag or newspaper. You can also give your pail a quick rinse or put it in your dishwasher to clean it out.

For more tips and a complete list of what's accepted in the Green Cart, visit [calgary.ca/greencart](http://calgary.ca/greencart).

**HOME BUSINESS OPPORTUNITY:** Clinicair is the leading provider of Indoor Air Quality and Medical Grade Duct Cleaning services in Canada. We are looking for a dealer in Calgary to represent our growing company. We offer a royalty free business. Clinicair supplies you with the latest technology, and training. Call Craig: 1-416-277-6067.

**NEIGHBOURHOOD CONFLICT?** Community Mediation Calgary Society (CMCS) is a no cost mediation and conflict coaching service that can help you resolve problems and restore peace! We help neighbours be neighbours again! [www.communitymediation.ca](http://www.communitymediation.ca), 403-269-2707.

**YARD BUSTERS LANDSCAPING:** Snow removal \$129.95. Some conditions. Landscape construction and yard renovation: stone patios, walks, raised beds and rock walls, synthetic grass, sod and trees and shrubs, landscape lighting, water features and decks and fences and superhero window cleaning. Licensed. Insured. Seniors discount. Phone: 403-265-4769. [yardbusterslandscaping.com](http://yardbusterslandscaping.com).

**GIBBS ELECTRICAL SERVICES LTD:** Family owned and operated since 2010. Offering all residential and commercial electrical services. Master Electrician with over 17 years of experience. WCB coverage, fully insured and bonded. For our current specials and your free estimate please call Chris @ 403-710-4411. Visit us online at [www.Gibbs-Electric.com](http://www.Gibbs-Electric.com).

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**MASSAGE THERAPY:** The Home of OM in Mission, 23rd Ave and 4th St SW (lower level). We believe in linking the mind and body together to create harmony. Registered therapists with over 20 years of experience. Insurance claims welcomed. Monthly and drop-in specials. Gift cards available. View and book online at [www.thehomeofom.ca](http://www.thehomeofom.ca) or call 403-910-1809.



## The Merlin

Article by J.G. Turner • Photo by N. Suret

The Merlin is a little falcon (weighing just 129 to 236 grams and measuring up to 30 cm), about the size of a Jay. The female Merlin is about a third larger than males and are brown. The males have a gray/blue upper and a black and gray barred tail. Both the male and female have whitish streaked throats, and buff coloured underbody with brown streaks.

The Merlin likes to live in open woodlands, marshy areas and open countryside. The Merlin migrates to Alberta as one of their favoured breeding areas and can be seen along Alberta's foothills during their migration, as they will go as far north as the Yukon and Alaska. For the winter months, the Merlin migrates to northern South America, although some have begun to over-winter in the city.

#### Fun Facts:

- Sometimes the Merlin is called the "Pigeon Hawk" because when flying, it looks like a fast-flying domestic pigeon
- A falcon is a raptor (hunting bird) that has thin pointed wings that let them fly very fast and change direction quickly.
- The Merlin can easily fly at 50 kilometres per hour, and can fly even faster when hunting.
- The Merlin has excellent hearing and eyesight and is a powerful flier.
- The Merlin mostly hunts small to medium sized birds, such as songbirds, but it will also seek out small mammals (such as mice, voles, and bats), reptiles and insects (like dragonflies).

- The Merlin will hunt other birds by surprise attack from a hidden perch, or from searching flights, attacking from below and tiring out their prey.
- The Merlin has been observed hunting in pairs, working together to flush out and confuse their prey.
- The Merlin is diurnal, so they hunt during the day.
- The Merlin is usually a solitary, quiet bird but makes a shrill chatter sound when nesting.

If you find an injured Merlin or other wild animal in need, please contact the Calgary Wildlife Rehabilitation Society at 403-239-2488 or [wildlife@calgarywildlife.org](mailto:wildlife@calgarywildlife.org).



## BRAIN GAMES SUDOKU

2	8	4	1	9	6	5	3	7
1	5	3	2	4	7	6	8	9
6	7	9	3	5	8	1	2	4
3	4	6	8	2	5	7	9	1
7	9	8	4	3	1	2	5	6
5	1	2	6	7	9	3	4	8
4	6	5	9	1	3	8	7	2
8	2	7	5	6	4	9	1	3
9	3	1	7	8	2	4	6	5



**MP Calgary Centre**  
**Hon. Kent Hehr**  
 950 6 Ave SW Calgary, Alberta T2P 1E4  
 ✉ [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca)  
 ☎ 403-244-1880  
 🌐 [www.KentHehrMP.ca](http://www.KentHehrMP.ca)

Before I get into this month's newsletter I wanted to make sure you received an invitation to my annual BBQ on September 10<sup>th</sup> – which will be held at Sunalta Hall (1627 10 Ave SW).

We'll be there from 11 am to 1 pm, flipping burgers and saying hello to our neighbours. If you're interested we also have an RSVP page online on my website at [www.KentHehrMP.ca](http://www.KentHehrMP.ca) which will give us a heads up if you're attending so my team can plan on how many burgers to prepare.

**WHAT:** MP Kent Hehr's Summer BBQ  
**WHERE:** Sunalta Hall – 1627—10 Ave SW  
**WHEN:** 11:00 AM to 1:00 PM

Next, I wanted to talk for a moment today on the subject of infrastructure investment. Our government is committed to investing in flood mitigation, affordable housing, public transportation, and places where communities come together (like community centres or hockey rinks). We were elected on a commitment to invest in infrastructure and these long-term economic generators for communities.

Just as one example, Infrastructure Canada funding to Alberta has received more funds for projects in the last year and a half (a total of \$4.3 billion). This is larger than the last five years **combined**.

You can see all of the projects invested in by Infrastructure Canada online here: <http://www.infrastructure.gc.ca/map-carte/ab-eng.html>

By investing in green infrastructure, we get people home to their families faster, cleaner communities, and more inclusive, affordable cities.

And by investing in affordable housing we can begin to take on the issue of homelessness and poverty – a conversation that the federal government has been noticeable absent in the last ten years.

With our new National Housing Strategy, the \$11.2 billion highlighted in Budget 2017, and the important work we are doing to cut homelessness in half, and take 500,000 families out of housing need, we are well on our way to creating more inclusive communities.

As always, you can contact my office by email at [kent.hehr@parl.gc.ca](mailto:kent.hehr@parl.gc.ca) or by phone at 403-244-1880. My office is located at 950 6 Ave SW and my door is always open to you. You can follow my work in Parliament online and sign up for my e-newsletter at [www.KentHehrMP.ca](http://www.KentHehrMP.ca).

## TAKE ON WELLNESS



### Summertime Walk for Wellness

Walking is one of the easiest ways to get the exercise you need to stay healthy. Experts recommend at least 2½ hours of moderate activity (such as brisk walking, cycling, or yard work) a week.

You can make walking an important part of your life by getting friends and family to join you and finding new ways to put steps in your day. Joining a walking group and setting goals to walk will help build walking into a regular part of a healthy routine.

Some people like to track their steps through a phone app or a pedometer. Using one of these step counters can help to set short and long-term goals for how much you walk in a day. Other people like to set alarms in their phone to remind them to walk. No matter how you choose to remind yourself to get up and walk, doing a bit each day improves overall health, mood and creates good habits.

Here are some tips to be safe while outside walking:

- Know your surroundings. Walk in a well-lit, safe place.
- Carry a cell phone for emergencies.
- Wear comfortable shoes and socks that cushion and support your feet.
- Pay attention to your walking surface. Use sidewalks and paths.
- If you usually walk outside and the weather is bad, take comfortable shoes to the mall and walk several laps inside.
- Drink plenty of water before, during, and after you are active. Take a water bottle with you when you walk. This is important when it's hot out and when you do intense exercise.

For more information visit: <https://myhealth.alberta.ca/health/pages/conditions.aspx?hwid=tp23026&#tp23027>

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**25 AVENUE SW**  
 — 300 BLOCK —

Thank you to the Mission community for participating in our community engagement sessions on July 4<sup>th</sup> and July 19<sup>th</sup>. Your feedback and input was greatly appreciated! For more information and to stay updated on the proposed development on the 300 block of 25<sup>th</sup> Avenue SW, please visit

[MISSIONSTANDARD.CA](http://MISSIONSTANDARD.CA)



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