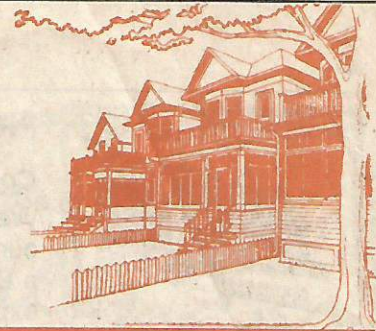


# Free Press



Cliff Bungalow-Mission Community Association

March/April 2001

## Urban Forest Renewal Planned for 2nd St. SW

The good news is that the City of Calgary has identified 130 planting locations along 2nd Street SW between 13th and 26th Avenues.

The bad news is that 13 poplars are to be removed in March. Tests indicate that the trees being removed are at least 70% decayed and are considered safety hazards. The City will prune the remaining trees to remove dead wood and improve branch structure. Additional trees may be identified at that time as having high decay, and may also have to be removed. Trees being removed will be flagged and posted. Annual inspections of the remaining trees will be done, and they will subsequently be pruned or removed as needed.

The planting sites have been pre-marked and may be identified by the tufts of monofilament line pinned to the ground. The plan is to plant Manchurian Ash in locations that are clear of overhead power lines, and small trees such as Hawthorns under power lines. Parks will contact property owners adjacent to the planting sites in regard to these new trees, scheduled to be planted in May this year. Property owners who do not wish a new tree may decline (shame on you!).

Due to difficulties encountered when using city water trucks on busy streets, adjacent residents are requested to ensure the trees have enough water, for three years.

During the times this work is underway, there will be daytime parking restrictions and work areas will be posted "No Parking" 24 hours in advance.

We hope everyone will co-operate, as vehicles will be towed.

If you have any questions, call 221-4660

**Bob Lang, President**  
229-2762

## SWING INTO SPRING!!!

## WOODHOUSE BIG BAND

SATURDAY, APRIL 28TH  
8:00 PM

CLIFF BUNGALOW-MISSION COMMUNITY CENTRE  
2201 CLIFF STREET SW

\$5 - MEMBERS

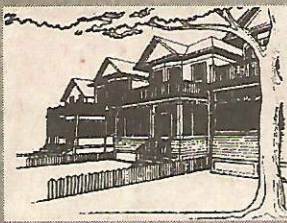
\$8 - NON-MEMBERS

CASH BAR  
FREE MORS D'OEUVRES

BRING YOUR FRIENDS...  
AND SWING TO THE BIG BAND BEAT!

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# The Free Press

CBMCA  
PRESIDENT

Bob Lang 229-2762

EDITOR

Cathryn E. Gramolini  
244-3476

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## PRESIDENT'S MESSAGE...

### *Community Centre Update...*

We don't have anything new to report on our lease, and continue to operate under a Consent Order that is now without an expiry date. Life, however, goes on and we are currently working on organizing our office materials. The Community Association office, upstairs, is getting a fresh new coat of paint for the first time since we moved in!

### *Big Band Night...*

We hope you will all come out to the Big Band Night on Saturday, April 28th. A better entertainment value can not be found anywhere else in the City, nor so good a live, Big Band... so bring your friends and best dance partners for a terrific evening of dancing, fun and meeting new people!

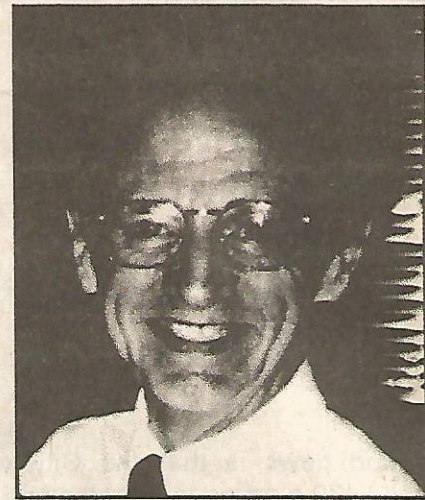
### *Mission Area Study...*

In previous issues, we reported that the Community Association has been awarded a Neighbourhood Grant from the Calgary Foundation. The late **Harold Hanen**, through his association with Catalyst Calgary, assisted our Community in obtaining this grant that will allow us to undertake some special studies to enhance the normal City review process of the Mission Area Redevelopment Plan. The Community Association will be collaborating with the Faculty of Environment Design in some of these studies, and will undertake other studies on its own.

The name of the process we are undertaking is "Townscape Analysis" which provides a methodology for understanding in detail the makeup and functioning of a place. Cliff Bungalow-Mission Community is the product of the inter-relationships of natural form and process with built form and community. The results of this process will help provide a basis for the development of locally relevant urban design and planning principals upon which future development decisions can be made and conservation strategies developed.

### *24th Avenue Parking Lot...*

We understand that the parking lot on 24th Ave. SW between 2nd and 4th



**Bob Lang, President  
Cliff Bungalow-Mission  
Community Association**

Streets SW has been sold. The Holy Cross Hospital used this lot when it was in operation. We also understand that this land was probably sold with the understanding that the new owners could develop under RM-6 land use, even though the proposal being considered for the Mission ARP is redesignating the RM-6 land use areas to RM-4.

It is unfortunate that one part of the City (Corporate Properties) has sold this land with this understanding, while another part of the City (Community Planning) is working with our Community in preparing a revised vision for the Community. RM-6 types of development are not compatible with any of the buildings across the street on that block, while RM-4 developments could be.

This is a very significant piece of land in our Community, and it appears that once again, we have been left outside of the loop.

Needless to say, we are very disappointed, and there will probably be problems and issues as the new owner(s) bring forward proposals for that site.

**Bob Lang, President CBMCA  
229-2762**



COMCARE  
HEALTH SERVICES

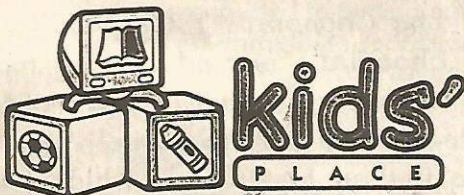
### Home Health Services:

- Post Surgical Care • Palliative Care
- Mental Health Care • Respite Care
  - Acquired Brain Injury Care
- Live-ins • Caregivers' Relief
  - Foot Care • Geriatrics

Office Support:  
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**228-3877**

**338 - 24th Avenue SW**



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location: the Intervisual building  
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**Opening Early Spring 2001**

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or contact the director,  
Patti Ellerton (B.A, B.Ed.)  
at [info@kids-place.ca](mailto:info@kids-place.ca)  
or call 264-9199.

# Community Calendar



Roses are Green  
Violets are Green  
On St. Paddy's Day  
Just one colour is seen!

March 6, 1:30 pm  
CBM Community Council Meeting (229-2762)

March 6, 7:00 pm - Memorial Park Library  
Heritage Carnival Meeting (229-2762)

March 7, 7:30 pm - CBM Community Centre  
Garden Allotment Meeting (228-7854)

March 8, 7:30 pm - CBM Community Centre  
Development Committee Meeting (245-3935)

March 12  
Provincial Election

March 17, All Day (to be sure!)  
St. Patrick's Day

March 22, 7:30 pm - CBM Community Centre  
CBM Board Meeting (229-2762)

March 29, 7:30 pm - CBM Community Centre  
Development Committee Meeting (245-3935)

April 1  
Daylight Savings Time

April 4  
Newsletter Ads & Column Deadline (244-3476)

April 19, 7:30 pm - CBM Community Centre  
Development Committee Meeting (245-3935)

April 26, 7:30 pm - CBM Community Centre  
CBM Board Meeting (229-2762)

April 28, 8:00 pm - CBM Community Centre  
**BIG BAND NIGHT... Woodhouse Big Band Swings!**



"COMMUNICATION SKILLS"  
can really mess up  
a relationship...  
Why Not Just Talk???



## MAKIN' ATE... CAT ON THE PROWL

### LA COSTA RESTAURANT

1202 1st Street SW  
269-1850

Spacious and airy, the atmosphere at La Costa is warmly Mediterranean. Manager Scott Gordon and Head Chef Scott Evans offer a menu both extensive and diverse. My dinner companion was Chef Ricardo Morin, of Ricardo's. Downtown Catering... I know... I brought a ringer! We were pleased with our house wine, a Spinelli Montepulciano D'Abbruzzo, served with a "perfect pour" by our waiter, Clint Duperron (who remained unobtrusive but attentive throughout our meal). Then came an intense scrutiny of the menu... Chicken Breast stuffed with Ricotta and fresh Basil in a Chianti Sauce; Braised Rabbit in Sherry with Thyme, Paprika and Demi-glace; Hazelnut Crusted Halibut with Lime Chili Butter; Pastas with Lobster or Forest Mushrooms or Eggplant; a wide variety of Focaccia Sandwiches and Salads... and an amazing 17 vegetarian items!

Antipastos include Sauteed Escargots with Pancette in light pink peppercorn-garlic cream sauce; Steamed Blue Mussels with bell peppers in spicy tomato sauce; Grilled Portabello Mushroom with roasted garlic tomato butter. Soups and salads as well as Tapas (small dishes of tasty foods) are also offered. But I really need all this space for OUR dinners! We started with 3 appetizers... Grilled Tiger Shrimp with Garlic Saffron Aioli (by the way, all menu items come in small and regular sizes... and the "small" is price only - the portions are satisfying!). The shrimp was truly grilled with that blackened flavour to which the perfect counterpoint of savory dollops of Aioli was a flavorsome addition. The Grilled Asparagus with Asiago Cheese was crunchy and tender, and the

Grilled Seasonal Vegetables with aged Balsamic Vinaigrette came in a delightful pile of roasted eggplant, sundried tomato, chives and tomato, and hidden within, a ricotta-type cheese that was heavenly! Presentation was lavish and though only small portions were ordered, there were still 6 shrimp on the plate! For main course we were offered the "feature" dish of roasted Capon chicken breast crusted in hazelnut with a Bailey's cream sauce. Tempting, but I had seen the Pan-seared Veal Milanese with Lemon Beurre Blanc... wow! Tender, *real* veal, delicately coated in crispy crumbs (5 pieces of veal!) atop a tongue-watering lemon butter with fresh, fresh green and red peppers and veggies and creamy roasted potatoes. Ricardo had the Rack of Lamb Provençal with Rosemary Demi-glace. Again, a huge portion, the Rosemary unabashedly supporting the juicy tenderness of delicious Alberta lamb.

This restaurant is obviously dessert heaven! We ordered the Chocolate Paté which was dark, Lindt chocolate served on the most marvelous raspberry coulis and crème Anglaise. Deeply rich and luxurious! We also ordered the Italian Meringue... which I will forever cherish... with chewy meringue, Mascarpone Cheese, heavy, unsweetened whipped cream drizzled generously in black chocolate ganach and floating elusively on raspberry coulis and crème Anglaise. Ah... so sinfully melting on my grateful tongue!

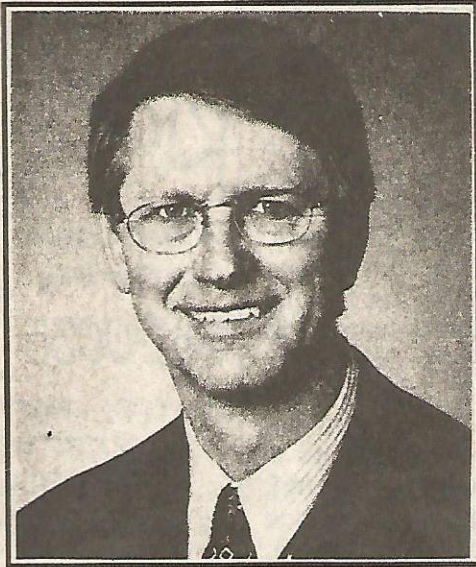
Average dinner, small - \$12, regular - \$20, but as mentioned, the "small" - isn't!

Perfect food, perfect service (perfect company) La Costa gets five forks up from Ricardo and from me... as well as another reservation, *very* soon to try more of their incredible, unique edibles!

Cat Gramolini, Editor  
244-3476



Provincial Election  
2001



# Brian Edy

ALBERTA LIBERAL PARTY  
CANDIDATE

**A TRUSTED Champion  
for  
Calgary Buffalo**

**BRIAN EDY,**  
a strong voice for downtown residents

**BRIAN EDY SUPPORTS OPEN GOVERNMENT**

Brian recently played a key role in forcing the Klein government to disclose that it paid \$792,000 of *your* money on behalf of Stockwell Day. Brian believes that Day should pay his own costs.

**BRIAN SUPPORTS LOWER UTILITY COSTS**

Brian is committed to finding out just who is unfairly benefiting from deregulation of electricity. He will press for an immediate reduction in consumer costs, speed up new supply and in the long term, make sure that your economic future is not crippled by runaway utility costs, the result of poor planning by the Klein government.

**BRIAN WANTS A HEALTHY HEALTHCARE SYSTEM**

Brian is opposed to the Klein/CRHA brand of "hallway medicine". The answer is not in new buildings, but in finding and keeping nurses, doctors and health technicians. There must be no taxpayer subsidy to private for profit hospitals. Repeal Bill 11!

**BRIAN IS LISTENING TO TENANTS**

Brian believes that the Klein government has abandoned tenants. Look at the evidence - the Calgary Landlord Tenant Advisory Board has been eliminated. We have the weakest tenancy laws in the nation. Mr. Klein gives grants and rebates to landlords, but does not require those benefits to be passed on to tenants.

**BRIAN STRONGLY SUPPORTS PUBLIC EDUCATION**

Our public schools are rundown as a result of Provincial Government neglect in rebuilding vital infrastructure. Funding must be provided to repair and upgrade our schools.

Student post-secondary tuition should be reduced and additional funding provided in order to promote an Alberta educational competitive advantage.

**ELECT BRIAN EDY, TO FIGHT FOR YOUR NEEDS!**

Phone Brian at 662-2001 • [www.brianedy.com](http://www.brianedy.com)

# COMMUNITY SPOTLIGHT

## ALEX WALKER TOWER IS IN THE NEWS AGAIN!!!

The Alex Walker Tower was abuzz on Sunday, February 5th... Chef Ricardo Morin of Ricardo's Downtown Catering held another of his brunches there, to the delight of the residents. Charging \$6/person, his all-you-can-eat brunch included gently scrambled eggs, fresh, thick-cut bacon, sausages, home-made scones and an incredible casserole of potatoes and yams in a lightly seasoned butter sauce. He also brought bags of fresh-made scones for sale (4 large scones for \$2) and steak and steak & kidney pies (\$2.50). Residents not only ate their fill, but brought home inexpensive dinners for the week! Included in the brunchers were Ivan Pahanic, Vic Gerlitz, Darinka Lemis, Mabel Whelpley, Ethel Williams, Elizabeth Sarake, Harold Geisler, Dwight Morrow, Annette Seltel, John Chicoine; Kay Rudolph, Rita Armstrong, Joan Crawford, Gerry Crimmon, Edward Zakrzewski, Shirley Turley, Maria Martinez, Terry Burns, Ross & Audrey Read, Kenny Noonan, Adele Pinto, David McKenzie, Vernice Strobel, Mildred Gillette and Albert Schimke. Dave Marshall, Manager of Gracewood Housing was also in attendance with his wife, Charlene, and daughter, Chloe. These brunches are great for the residents... a chance to mingle and have a meal together, but more importantly, they get an incredible value for their \$6. When asked, Ricardo stated, "these are people who helped develop Calgary, and our country... they fought for and won our continued freedom in WWI and WWII and seem to get such little appreciation". Well Ricardo, the residents of the Alex Walker certainly appreciated *your* appreciation!

## LILAC FESTIVAL...

It won't be long before the snow disappears and people will again be enjoying the Lilac Festival. The date of this great event is Sunday, May 27th - instead of waiting until then, why not get involved now. You could help with organizing events on the street, or with the Community's Beer Garden. Call Mary-Claire, 228-5181 or Bob, 229-2762.

## HERITAGE CARNIVAL - PLANNING MEETING...

During the last several years the Cliff Bungalow-Mission Community Council (a collaboration of community groups and agencies) has organized The Heritage Carnival as a celebration of our diversity. The Heritage Carnival provides a low-cost, multi-cultural evening of family-oriented entertainment and neighbourhood sharing. The Council hosted a meeting of community groups and individuals on February 6th to discuss this year's event. We were pleased with the response, and it looks like this year the Heritage Carnival, to be held Friday, May 25th in the park adjacent to Memorial Park Library, will be even better. **The next planning meeting is to be held Tuesday, March 6th, 7:30 pm at the Memorial Park Library.** We invite anyone curious about this event to attend and provide their ideas on what should be included this year - we want to involve as many people as possible in this fun community-based event, so if you have any questions, or to obtain dates of future planning meetings, please call Bob, 229-2762.

## STREET LIGHTS...

When walking or driving around the Community, you may notice that some of the street lights are not working. As this City has a huge number of street lights, it is up to us to identify those in our Community that are burned out or otherwise not working. If you see a street light that needs attention, call 268-2823 to report it.

**If you would like to send congratulations, birthday or anniversary greetings... advise of a charity event or sale, drop me a line. Cat Gramolini, Editor, 503, 824 - 13th Avenue SW, Calgary T2R 0L2 Phone/Fax: 244-3476**

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Photos by Valerie Hak

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244-7737

[www.harveycernaiko.com](http://www.harveycernaiko.com)

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Progressive Conservative Association



## DEVELOPMENT REPORT...

### Former Holy Cross Site - Land Use Amendment

This land use did go to City Council on January 15th, hot topics being parking and Special Care facilities. A point was made that every use for the buildings is discretionary, meaning that the community can input on every application. This means that uses such as Special Care facilities still have to go through the process, giving the community the ability to discourage halfway houses or to encourage Seniors' housing. Parking will be dealt with through a development permit and through City Transportation. We hope to put parking measures back in place on 2nd Street and 24th Avenue, where meters used to be (when the hospital was still open).

### Former Holy Cross Site - Parking Application

The land use amendment from '99 had requested that all stalls encroaching on the setbacks of the site be pushed back to allow for landscaping. This was to happen this year, in hope that the parkade would be started. As the owners are not yet at this stage, they may have to make some alternate arrangements with the community. One option is to relinquish the parking that backs onto 1st Street SW for immediate landscaping while holding off on the remaining stalls. Regardless of the outcome, we will have full co-operation with the owners to have parking measures around the site, to discourage day parkers or site users from parking on residential streets.

### Former Holy Cross Site - Ambulatory Clinic

This Walk-In Clinic is specialized, having a machine similar to an MRI, but geared towards heart patients. Due to its nature, this use will most likely be low-impact.

### Former Holy Cross Site - 3rd Floor, 1967 Wing

As of February 5th, the third floor will have 42 beds available for Seniors' extended care. Managed by the CRHA and Extencicare, this is the first step towards possibly converting the remainder of the upper floors to Seniors' long term care.

### Former Holy Cross Site - Parking Lot 300 block, 24th Ave. SW

As reported by the Herald, this site has been conditionally sold. There was great debate in Council as to how this lot was sold. The pending ARP recommends downzoning the lot to RM-4. Rumour has it that the lot was sold as RM-6, which would certainly create a great deal of stress for the community. This site really should have had a public hear, so now is the time to voice concerns to your Alderman and the Planning Department.

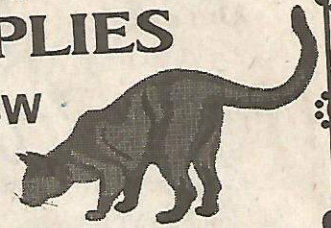
(continued on Page 9)

## BEA'S PET FOOD & SUPPLIES

601 - 17th Ave. SW

(next to 7-11 at 5th St.)

228-1000



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Bea's does not sell animals - we educate pet-owners to support animal rescue groups and reputable breeders.

CHECK OUT OUR FREQUENT BUYER PROGRAMS!

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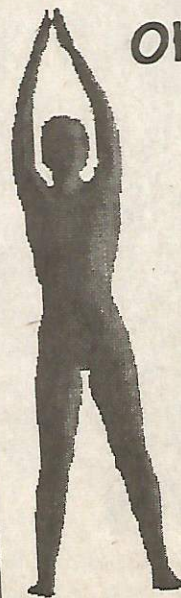
## one mind one body one life



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- ... and we serve Planet Coffee!

## MISSION SPORT PHYSIOTHERAPY & REHABILITATION

228-7968  
909, 2303 - 4th Street SW







## **DEVELOPMENT REPORT...**

*(continued from Page 8)*

### **325 - 23rd Ave. SW - Illegal Business**

The Development Committee met with the representative of the home owner and no solution could be found. The community still stands with the Planning Department on this one because we do not want to encourage encroaching commercial onto residential streets.

### **314 - 318, 21st Ave. SW Special Care Seniors' Bldg.**

No news yet, but the feedback from the community is that it will be a welcomed addition. Some concern has been raised about displacement of long-term residents. This is certainly a concern and we are looking for options available for residents to be relocated within the community. If you have any idea on what may be done, please let me know.

### **2102 - 2nd St. SW - 5-Storey Condo Project**

The Planning Department and applicant have finally come to an arrangement on the river setback. To accommodate City concerns, the project lot a couple of units, leaving it at 31 total. The applicant also included a second level of underground parking, resulting in a surplus of 9 stalls. The building materials have also been scaled back. Instead of several colors and types of materials, the building will be predominantly built of limestone. Due to the setback having to be adjusted so much on the river, the applicant is no longer willing to rebuild the pathway that runs along the river to Holy Cross Lane. Because the riverbank is owned by the province different rules apply than to a city-owned property. We will try to initiate some communication with the appropriate provincial department.

### **Lindsay Park Expansion**

Although the park expansion is still in the fundraising stage, more concrete plans are being made. This is the time when community residents can voice concerns and hopes, such as the possibility of rehabilitating the bridge on 21st Avenue, that leads to the park.

### **509-513, 21st Ave. SW-Commercial/Condo Bldg.**

We appealed plans for this building last year and won. They have now returned with a new plan that is in the right direction, but still needs some work. Much of the contention comes from the commercial uses. The planner has agreed to look at possibly reducing the

required 25% rule, as the applicant has refused to look at land use redesignation to pure residential. Speak up now if you have concerns!

### **1902 - 5A St. SW - Argyle House**

The difficulty with this property is that the City gave misinformation, leading to offices being located on a residential property. The owners are proposing a direct control land use amendment, which would allow the office/commercial aspects to remain. This could potentially create long-term problems if and when the property is sold in the future. DC zoning is permanent and it would be unlikely for the property to be every used as residential again. Like the case on 23rd, precedent such as this encourage encroachment into residential, ultimately opening the door to full commercial uses peppering the community. The jury is still out on this one. Anyone wanting more information on DC zoning should contact me immediately.

### **131 - 17th Ave. SW - Dental Ceramic Lab**

The Development Committee has met with the architect and some improvements were made to the plans, but they did not go far enough to address concerns. Although some more brick was added, the building is still predominantly glass. The way the parking lot is configured, not even landscaping could be used to soften the appearance. It is most likely that this project will have to be appealed to achieve more substantial changes.

### **218 - 228, 25th Ave. SW - Seniors' Facility**

No word on the status of this project.

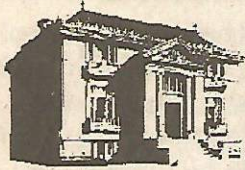
### **Empty Lots, 25th & 26th Avenues SW**

No word on this project.

Lastly, a note on 25th Avenue SW traffic. Erlton has written a letter in regard to some of the proposed changes in store for 25th Avenue in the Inner City Transportation Plan. A number of concerned residents have added their support to a letter being written by one of our concerned community residents. If you are immediately affected by increasing traffic on 25th, please contact me and lend your support to this letter.

**Marika Styba, 245-3935  
Development Committee**

**Your Involvement  
With the Development Committee  
Is Welcome!**



## MEMORIAL PARK LIBRARY...

### New Tenant for Upper Floor

A new tenant has been identified for the upper floor of the Memorial Park Library building. Alliance Français Calgary is a not-for-profit organization that teaches the French language and French and Canadian culture. When this was announced in late January, the details of the lease were still being worked out. The revenue from this lease will help with the upkeep of this historic sandstone building (sandstone buildings are expensive to maintain).

Don't forget... the new computers have been installed in the former meeting room on the main floor. All have the full suite of Office 2000, including Word, Excel, PowerPoint, Access and FrontPage. You can also access the Internet and the library materials database. All you need is your Library Card! If there is any book or other library material identified on this database that is not available at Memorial Park, you can get it delivered to this branch. As Memorial Park gets credit for these requests, and as you can get anything in the Calgary library system this way... Why Not Take a Look??? So get yourself down and use this wonderful Library... and don't forget to borrow some books!

If you have comments or questions, call:  
**BOB LANG, 229-2762**

## ST. MARY'S SCHOOL...



### Waits on Decisions!

As we go to press, it is still unknown whether the exterior of St. Mary's School (1909) will be designated as a Provincial Historic Resource. We have just learned that the Province will extend the protection period for another four months.

The local theatre group we mentioned in the last issue has toured the building with their architects and at time of writing, is evaluating the feasibility of using this building for their needs, as well as other community needs. While they are still upbeat about the prospects, they do need to make a decision soon.

The Calgary Catholic School District may not deal with this matter in public until their June Board meeting. We hope they will seriously consider accepting designation and encouraging creative community uses.

So keep an eye on this column, we can hopefully soon report real progress in the revitalization of this historic piece of our Community.

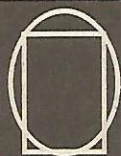
Contact the Society at:  
**874-0751**

### COMMUNITY MEDIATION CALGARY

301, 1609 - 14th St. SW ■ 244-6998

This program is available, at no cost, for resolving disputes between individuals, neighbours, and Board Members of organizations within your Community. Conflicts can involve property, pets, fences, parking, nuisances, etc.

FOR ASSISTANCE, CALL 244-6998 [www.mediation.ab.ca](http://www.mediation.ab.ca)



## NEW HEALTH WAVE

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# COMMUNITY VOICES...

## JOE CLARK, MP, CALGARY CENTRE

Unfortunately, at presstime we have not received any message from our new MP including contact information. I have been leaving messages since the election at 263-7424, but received no answer. (Editor)

## GARY DICKSON, MLA, CALGARY BUFFALO

The provincial general election will likely be March 12, 2001. When I learned of Mr. Day's settlement of the defamation lawsuit brought by Mr. Goddard, I wrote the Justice Minister demanding disclosure. The government later indicated that almost \$800,000 in taxpayer funds were paid out on Mr. Day's behalf. I also requested that the government arrange for a judicial ruling on whether Day is entitled to this payment under the terms of the Risk Management Fund. To date, the government has refused my request.

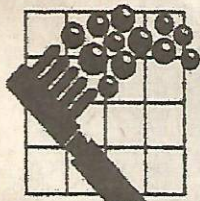
I will continue to serve as the Calgary Buffalo MLA until the date of the next provincial election. The constituency office remains available to assist you with issues or concerns dealing with provincial responsibility. If you have any questions or require any assistance, please contact my office, 541-9116 or fax: 541-9106 or you may email: [calgary\\_buffalo@assembly.ab.ca](mailto:calgary_buffalo@assembly.ab.ca)

## JON LORD, ALDERMAN, WARD 8

I recently introduced a Notice of Motion to Council regarding recycling initiatives in Calgary. Although many people are already doing a great job in recycling their products, the fact remains that overall, Calgary is well behind many other cities when it comes to recycling. We recycle less than 25%, while cities like Halifax and Edmonton will be exceeding 50% shortly, and the North American average is closer to 30%. New technology, new markets for recycled products and new studies showing the true costs of landfills has me convinced that we could and should be doing a lot more. Did you know, for example, that in North America, we landfill enough aluminum each three months to completely rebuild the entire commercial airline fleet? That we need 500,000 trees every week to make the 2/3 of newspaper that is never recycled? The list goes on - suffice to say, that the studies show that reusing and recycling material may use only one-third as much energy and raw material than building from scratch and landfilling does. Makes lots of sense to me! Call my office at 268-2451, or dial my website: [http://www.gov.calgary.ab.ca/aldermanic/ward\\_offices/ward08/index.html](http://www.gov.calgary.ab.ca/aldermanic/ward_offices/ward08/index.html) with any concerns or questions.

*Articles are taken verbatim from information received and may be edited for length, but not for content.*

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Call them with Questions, Complains and Comments!**



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Smoke, Coffee & Aging

# News and Happenings...

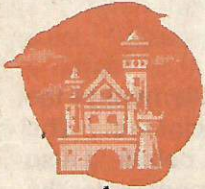
## MEMORIAL PARK LIBRARY

1221 - 2nd Street S.W • 221-2006

### HOURS:

Monday, Friday, Saturday: 10am - 5 pm  
 Tuesday - Thursday: 12 - 8 pm  
 Sunday: 1:30 - 5pm

### FOR CHILDREN...



#### Story Times

**Saturday, March 24, 11 am**

Magic and mystery abound in folklore from around the world... the best from many different countries, enjoyed in story and film. **Register Now!**

**Saturday Stories... and More!**  
**March 31, April 7, 14, 21, 28**  
**11 - 11:30am**

Families can drop in and enjoy stories, songs and videos featuring our newest books as well as all-time favourites. Enjoy our multimedia resources and non-fiction collection. All ages welcome! **No Registration!**



### FOR TEENS...

#### Homework Help...

**Thursdays, until May 24th**  
**3:30 - 5:00 pm**

Get help and enjoy fun activities that promote life-long learning skills! **Register NOW!**



### FOR ADULTS...

**Lunch & Learn Series - Every Tuesday, to May 1st**  
**12:05 - 12:50 pm**

Back again, a host of speakers, topics and videos to inform and entertain you while you eat your lunch ... the coffee's on us!

#### Turkey, Convergence of 3 Worlds, March 20

Video tour of this exotic destination, showing European influences on Turkey's development and history.

#### Travelling the Hostel Way, April 3

Margit Phillips shows slides and talks about this affordable travel-style for families and singles.

#### Touring Canada's National Parks, April 17

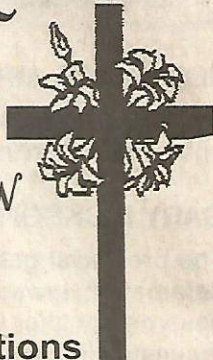
Exploring our most beautiful parks through video presentation... just in time for summer vacation.

#### Travel & Learn with Elderhostel, May 1

Presentation about travel and education offered through this program.

**Memorial Park Library...**  
**Magic for Children of ALL ages!**

## Grace Presbyterian Church

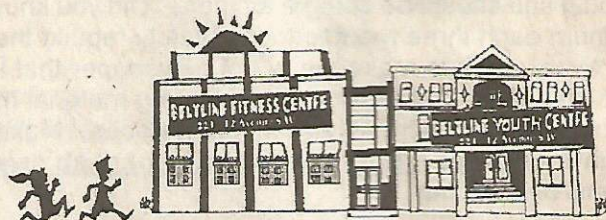


1009 - 15th Avenue SW  
 244-5861

### Join Our Easter Celebrations

Friday, April 13  
 8:30 am ..... Breakfast  
 Friday, April 13  
 10:00 am ..... Good Friday Service.s  
 Friday, April 15  
 11:00 am ..... Easter Service  
 (Babysitting Available)

Everyone Welcome!



221-3519

**BELTLINE**

**221 - 12th Avenue SW**

THE TOY LENDING LIBRARY  
 120 - 17th Ave SW

Monday - Friday: 8:30am - 4:30pm  
 \$5 ANNUAL MEMBERSHIP

Borrow toys for kids up to 10 years old. New toys without the expense! You can also donate toys to this Library.

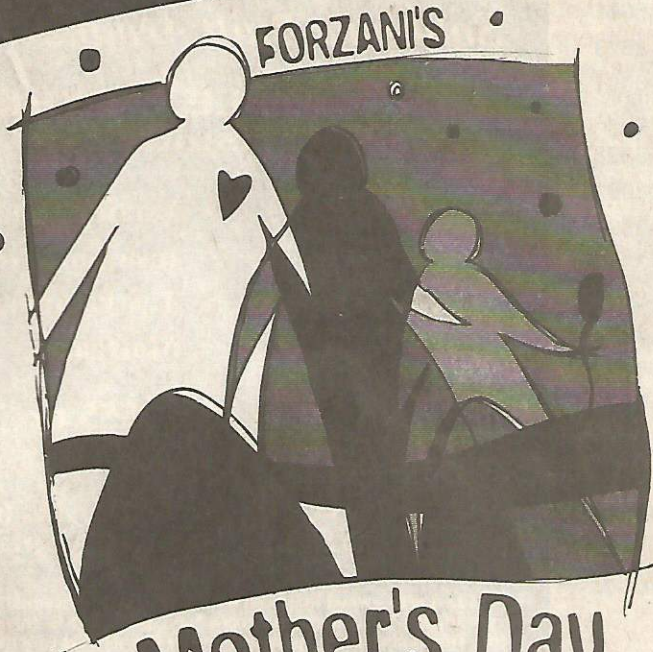
LIBRARY ON WHEELS! If you can not get to the Toy Library... it will come to you! This terrific community service needs help... for more information or to volunteer, call:

CALL 290-5466



& present

CALGARY HERALD

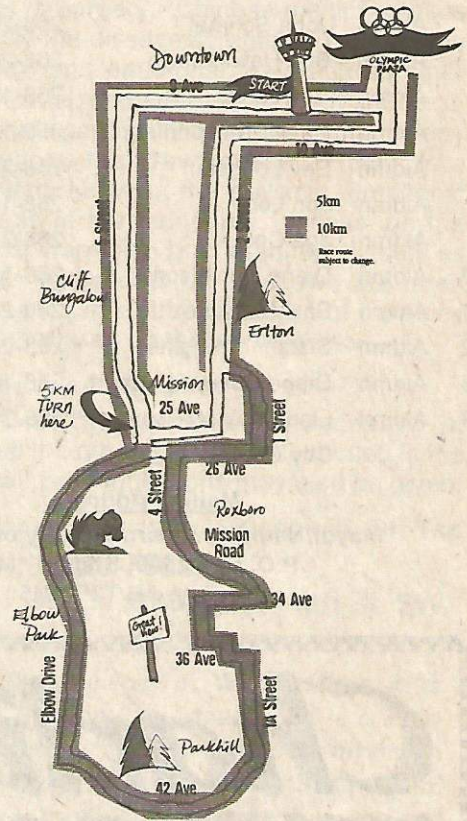


# Mother's Day RUN and WALK 2001

The Forzani's Mother's Day Run & Walk will again be running through your community on Sunday, May 13. Traffic delays can be anticipated between 8:30 am and 11:00 am. Please consult the map for complete details on the route. If you have questions and/or concerns, please contact Michael Carter at 265-1068.

**THANK YOU** for sharing your community with Calgarians. Join us for Calgary's premiere running event!

## 2001 Course Map



Pick up your entry form at any Sport Chek, Forzani's, RnR, Coast Mountain Sports, Intersport or Tech Shop store.

5 & 10 KM Run • 5 KM Walk

CALGARY  
SUNDAY, MAY 13<sup>th</sup>  
9:00 AM

LA FONDATION GROUPE FORZANI THE FORZANI GROUP FOUNDATION

Raising funds for the Heart Health Program at Peter Lougheed Centre  
PETER LOUGHEED DEVELOPMENT COUNCIL  
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# NEED TO CALL OR WRITE???

Wd	Contact	Phone	Fax
	Mayor Al Duerr	268-5622	268-8130
1	Aldmn Dale Hodges	268-2445	268-8091
2	Aldmn Joanne Kerr	268-2430	268-3823
3	Aldmn John Schmal	268-2430	268-8091
4	Aldmn Bob Hawksworth	268-2430	268-8091
5	Aldmn Ray Jones	268-1659	268-3823
6	Aldmn Dave Bronconnier	268-1646	268-8091
7	Aldmn Bev Longstaff	268-2430	268-3823
8	Aldmn Jon Lord	268-1627	268-3823
9	Aldmn Joe Ceci	268-2430	268-8091
10	Aldmn Diane Danielson	268-1676	268-3823
11	Aldmn Barry Erskine	268-2430	268-8091
12	Aldmn Suzanne Higgins	268-2478	268-8091
13	Aldmn Diane Colley-Urquhart	268-1624	268-8091
14	Aldmn Linda Fox-Mellway	268-2430	268-3823
	City Clerk		268-2362

**Mailing Address:**

Mayor/Name of Alderman, City of Calgary  
 P.O. Box 2100, Station "M"  
 Calgary, AB T2P 2M5



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 Enjoy Jazz, Funk, Blues and R & B

**Tarot Readings & Palmistry - Mondays**

# FIRST BAPTIST CHURCH

1311 - 4th Street S.W.

**PALM SUNDAY**

**"Requiem" by John Leavitt**

**APRIL 8, 6:30 pm**

**EASTER SUNDAY**

**APRIL 15**

TRADITIONAL SERVICE: 10:00 AM

CONTEMPORARY SERVICE: 11:30 AM

For further information,  
 call: 263-5911





# FIRST BAPTIST CHURCH

1311 - 4th Street S.W.

(Entrance between Brick House & Church on 13th St. SW)

## 50 - Day Spiritual Adventure "SEEING the UNSEEN CHRIST" February 25th - April 15th 8 Weeks... 8 Topics

Are you ready for Eight Unforgettable Sundays and Seven Life-Changing Weeks in between?

Please join us as we explore one topic each Sunday, at the Traditional Worship at 10:00 am or the Contemporary Worship at 11:30 am, beginning Sunday, February 25th through to Easter Sunday, April 15th... revealing ways to apply THE UNSEEN - YET EVER PRESENT CHRIST to our daily lives.

May his love embrace you and His Spirit guide you to join in this celebration and discover for yourself how His Presence transforms life.

Journals available for adults, youths and children  
For more info, call: 263-5911

# Traditional Chinese Medicine...

VICTOR TSE, TCMD, Rd.Ac.

Western medicine and Chinese medicine approach disease in fundamentally different ways. Western medicine looks for an external cause or agent of a specific disease, which it isolates and controls or destroys with drugs or surgery. Chinese medicine takes into account not only the disease symptoms but also the age, habits, physical and emotional trials and all other aspects of the individual, and attempts to put together an overall picture of the patient in order to evaluate any patterns of disharmony that have arisen. Health is a state of total harmony between the physical, emotional and spiritual aspects of the individual. Illness, on the other hand, is a disharmony that manifests itself as certain symptoms. Symptoms on their own are often unimportant, merely a part of the syndrome of harmony or disharmony which makes up the whole person.

### Herbal Supplementation and Diet

Supplementation with Chinese herbs is necessary at times to enhance all the other therapies mentioned in the last issue. Practical diet suggestions may also be given.

To learn more, or make an appointment with Dr. Tse  
228-7968

Mission Sport Therapy, 909, 2303 - 4th St. SW.

# NOVA GALLERY

## NOVA GALLERY

Plaza 2100, 4th Street SW

Gallery Hours:

Saturday: 10am - 5pm

Sunday: Noon - 5pm

Tuesday - Friday: 10am - 6pm

### ...presenting "Trains, Plains and Florals"

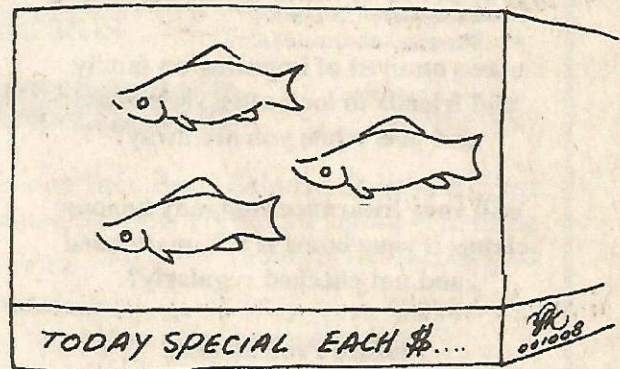
Saturday, March 24th to Thursday, April 5th

Noreen Ashton, Oils  
Nancy Osadchuk, Watercolours, Pastels

Opening Reception with Artists  
March 24th, 12 Noon to 5:00 pm

Telephone: 283-9432 • Fax: 283-7399

Mr. Ying-Kau Kwan, owner of Woodpecker Arts in the Roxboro Mall on 4th Street SW is a long-time supporter of our FreePress. His intricate carvings and paintings are on display in his magical little shop. We thank him for his support and input to our FreePress!



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President.....	Bob Lang.....	229-2762
VP, Planning.....	Janet Alford.....	289-5052
Development.....	Marika Styba.....	245-3935
Transportation.....	Pat Noble.....	228-5858
Parks/Envir.....	Robert Giles.....	228-7854
VP, Activities.....	<b>Vacant</b>	
Children.....	Brenda Noble.....	228-5858
Lindsay Park Rep.....	Dave Johnson	
Recreation.....	<b>Vacant</b>	
Seniors.....	<b>Vacant</b>	
Social.....	<b>Vacant</b>	
Treasurer.....	Karen Houlgate.....	244-9467
CBM Centre Alternatives..	Tiro Clarke.....	245-0937
Facility.....	<b>Vacant</b>	
Rentals.....	<b>Vacant</b>	229-2762
Secretary.....	Janice Capriotti.....	244-0875
Membership.....	Georgina Jameson.....	245-6010
Newsletter Editor/Ads.....	Cat Gramolini.....	244-3476
Newsletter Dist'n.....	Mary-Claire Carlson.....	228-5181
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Will your insurance company honour  
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Mature Professionals  
References Available

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# PACT 2001

	<u>Nov.</u>	<u>Yr. to Date</u>
House, Break & Enter	5	5
Shop, Break & Enter	3	3
Other, Break & Enter	0	0
Theft of Vehicle	3	3
Theft from Vehicle	7	7
Vandalism	22	22

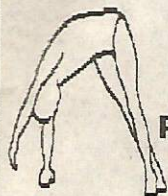
Join PACT - there is a NEED...  
Help keep 2001 stats LOW!

Call 290-2990, leave your name, Community  
name, phone number, and follow instructions  
on the recording. Be part of the Solution!

**STAND, PHONE... AND BE COUNTED!!!**



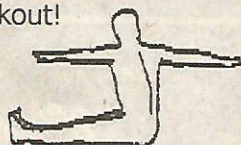
**CALGARY PILATES CENTRE**



**DAILY MAT CLASSES  
FOR ALL LEVELS...**

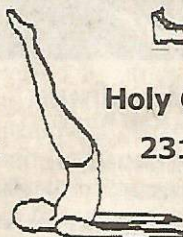
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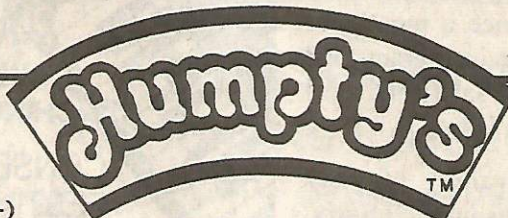
Information: 503-4888  
Registration: 240-3833  
[www.mtroyal.ab.ca/conted/cche](http://www.mtroyal.ab.ca/conted/cche)



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This card entitles seniors (60+) and their guests to receive a 10% discount on their meals (alcohol excluded). Offer not valid with any other promotion.



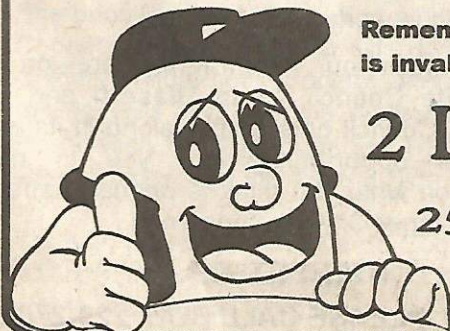
**Family Restaurants**

**March & April**

**Kidz Eat Free!**

**Fridays 5pm-9pm**  
Kids under 10. One child per adult and each adult must make a minimum purchase of \$4.95. Face Painting Colouring Contests Fun Fun Fun!

In **MARCH & APRIL**, why not try one of our delicious Taco Bowl Salads...They're a great Springtime treat. And keep your eyes peeled, because the new Humpty's menu is coming soon...ITS ALL GOOD



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Open 24 Hours

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SW, 244-7339**



The **120 - 17th Ave.SW**  
(Main Floor)

# FAMILY PLACE...

The Family Place Resource Centre continues their community support with the following programs held from 12:30 - 1:30 pm:

- Friday, Mar. 23 Making Easter Eggs  
with Carolyn Arrell
- Friday, Apr. 27 Stories and Legends about the  
Metis Indians  
with Jacqueline Guest

**Community Connections**, every second Wednesday, 3-5pm and includes free tours of community resource facilities in Calgary. **Literacy for Preschool Children**, held Thursdays, 9-11am incorporates play and activities to develop literacy skills in children. **Young Explorers After School Program**, Tuesdays and Thursdays, 3:30-5pm for students grades 7-9 who need after school guidance, homework help, sports, arts, crafts and games. **Literacy and Parenting Skills Training** - call for more information. **Collective Kitchen**, once a month for single parents, low income families, new immigrants and expectant mothers. Learn nutrition, food safety and meal planning/preparation.

The Family Place also provides a variety of other programs including a parenting resource library, counselling, support, referrals, in-home visits and assessments.

Call for more information, or drop in!  
**Zvezdana, 290-5466 or 290-5460**

## Community Life Council...

"Community Life Council" (CLC) is the name for the Community Co-Ordinating Council that will be serving the Inner City and working with Calgary Rocky View Child and Family Services.

We have been reporting on the progress of this group for over a year now, and at presstime, they are preparing to meet with the Community Liaison Committee of the Board of Calgary Rocky View. This is part of the process for Calgary Rocky View to

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**PHONE: LESLEY MORGAN, 249-7935**  
REFERENCES AVAILABLE

formally recognize the Community Life Council. While this will be an important milestone, it is really just the start of the work for this Council.

Two people from our Community are on the Community Life Council, **Leita Blasetti** and **Bob Lang**. As this Council gets further along in its work, there will be opportunities for you to make presentations on what you think is needed as far as services in the Inner City are concerned.

**INTERESTED?**

**FOR INFO, PLEASE CALL BOB, 229-2762**

## **A New Vision for the Mission Area**

The Community has been working with the City, reviewing the Mission Area Redevelopment Plan, creating a "vision" for the Mission Area looking 25 years into the future. This is the Community's perspective of this vision, to be published in three installments.

### **The Vision Statement**

It is the year 2025. The Mission Area Redevelopment Plan adopted in 2001 has been in place for 24 years, and has had a positive impact on the development of the community's natural environment, social environment, and built environment.

### **The Natural Environment of the Community**

Mission residents enjoy increased access to the west bank of the Elbow River. The City of Calgary has obtained easements from adjoining property owners, and much of the bank is now accessible to pedestrians and cyclists. Signage is provided to enhance identification and raise the level of knowledge of the plants and natural features of the river environment. The 21st Avenue SW pedestrian bridge has been upgraded to provide a more attractive link between Mission Community and Lindsay Park. The bridge design is now more compatible with the river valley environment. A number of small pocket parks have been developed throughout the community, with the cooperation of The City of Calgary, the community association, and land owners. Some of these

parks have innovative themes, such as a berry picking park, an amphitheater park, a water conservation demonstration garden, and a birdhouse park. Some residents are gardening and caring for unused bits of land, and many apartment buildings also feature garden plots for their tenants. Most of the large poplar and elm street trees were removed when they reached the ends of their natural life cycles, but they were replaced by smaller and more closely spaced trees. These improvements, together with broader sidewalks and traffic-calming measures, ensure a pleasant environment for pedestrians. Homeowners in the community take pride in the trees and shrubs on their properties, including many lilacs, elms, white spruce, and mountain ash. Residents enjoy observing the many types of birds that visit the community, as well as other wildlife. There are colorful flower beds, balcony container gardens, and window boxes at the front and rear of many houses and apartment buildings. With improved landscaping and lighting, the lanes have become popular pedestrian routes. Homeowners and tenants pay attention to aesthetic values and environmental issues.

Mission residents take a strong, proactive interest in caring for and protecting their community's natural environment. Their attitude of stewardship has fostered increased social connections within the community, a spirit of cooperation between neighbors, and a strengthened community identity.



## **Mary Rozsa de Coquet Candidate - Alderman Ward 8**

Calgary businesswoman and volunteer Mary Rozsa de Coquet will be running for Alderman of Ward 8 in the next Civic Election, October 15, 2001. Rozsa de Coquet spent 4 years serving as Ward 8's representative on the Inner City Transportation Study and now sits on the City Subdivision Development Appeal Board. Current Ward 8 Alderman Jon Lord, a candidate for MLA, Calgary Currie, describes Rozsa de Coquet as a "voice of reason" and goes on to say that "Mary's good understanding of Inner City issues will serve her well on City Council".

Rozsa de Coquet runs a mortgage company and has managed a number of other business investments. She briefly taught in the public school system and 'English as a Second Language' programs. Rozsa de Coquet's volunteer work is extensive. She is a member of the Foundation and Board of Directors of the Calgary Philharmonic Society, where she chaired the HeartStrings program. She has also used her fundraising skills to benefit the Women's Emergency Shelter. Rozsa de Coquet has served her Community Association for 8 years as the Traffic Safety Director and remains active on the Federation of Calgary Communities, and the Ward 8 Storm Sewer Project.

Through her church, Rozsa de Coquet has helped the homeless and troubled teens, and been involved with students at Pioneer Camps for over 20 years. Rozsa de Coquet was born and raised in Calgary, where she lives in Ward 8 with her eight year old daughter.



# HISTORIC STREET SIGNS

phase of our street signs project - not always large donations, but small amounts do add up as we continue to take donations for the next phase. It takes two signs per residential corner, plus a new post and brackets, plus installation, plus the dreaded GST. This makes the total cost per corner, approximately \$750. It's double that amount on 4th Street, where there are two sets of signs, one for the east side and one for the west side of the street. While this is not cheap... it is worthwhile. And donations in *any* amount *do* add up! Every \$10, \$15 or \$20 donation is just as gratefully received as large donations. Business contributions are also gratefully accepted... your business can stand out in a Community that stands out! So for yourself, for your Community... complete the form and send it in together with your cheque at your earliest opportunity!

We are gradually receiving donations towards the installation of the next



17 Avenue SW

FORMERLY

NOTRE DAME ROAD

**YES, I/WE WANT TO HELP RESTORE A PIECE OF OUR HISTORY!**

Please send cheques made payable to:

CBMCA, 1919B - 4th St. SW, #462, Calgary T2S 1W4

Please Note "Historic Street Signs Project" on cheque

Enclose is cheque for:

\$750 (1 intersection)

\$150 (1 sign)

\$75 (1/2)

\$25 (1/6)

I can't afford quite so much, but am happy to donate: \$ \_\_\_\_\_

Names: \_\_\_\_\_ Address: \_\_\_\_\_

City: \_\_\_\_\_ Prov: \_\_\_\_\_ PC: \_\_\_\_\_

Phone: (B) \_\_\_\_\_ (H) \_\_\_\_\_

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Fax: 244-5410 E-mail: hillsbor@cadvision.com



# The Urbane Gardener...

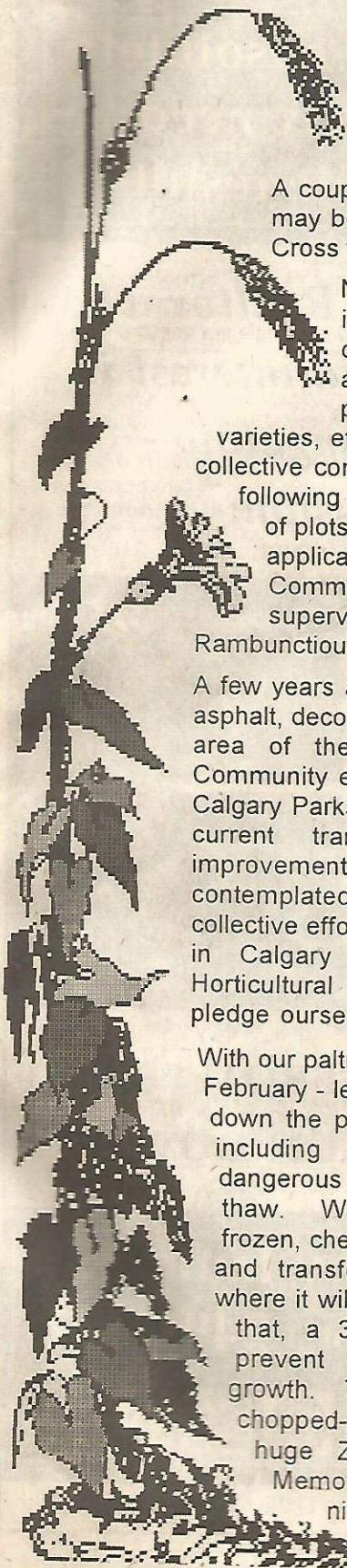
With Robert Giles, Parks & Environment

A couple of rumours! Nice one first: the grubby, gravelly area behind the Holy Cross may be scheduled for comprehensive landscaping, which will brighten a grim outlook. Cross your fingers.

Not so nice one: that our Community Allotment Garden in William Aberhart Park is exclusionary. We have 49 plots, plus the greenhouse (donated) area. Three are dedicated to growing produce for the Mustard Seed Ministry. One is reserved for a floral display, adjacent to the gate. One is devoted to growing seedling perennials for all the exterior display beds, annuals for containers, trialling new varieties, etc. The balance of 44 plots is for individual plotheholders. In recognition of their collective contribution to common-parts tasks, they are offered first option to renew for the following year(s). Most do - about 1/3 have been with us since year one. Thus, the number of plots available to new applicants is limited. For 2001, we have found room for six new applicants. CBMCA membership, date of written application and residence within the Community are the criteria for acceptance. Visitors including those with children under supervision are always welcome any time that there are plotheholders present. Rambunctious pets are *not* welcome.

A few years ago, the east end of the then unnamed park was a desolate stretch of heaving asphalt, decorated with huge concrete, weed-intensified and untended containers. The central area of the park was rarely used. Community effort in collaboration with Calgary Parks & Rec has achieved the current transformation. Further improvements are ever being contemplated. Year 2000 saw the collective effort being recognize as Best in Calgary area by the Calgary Horticultural Society. Because we pledge ourselves to Community Pride,

With our paltry snow cover up to early February - let's hope a huge dump is down the pike - perennial subjects including shrubs, could face dangerous conditions of premature thaw. While the ground is still frozen, check around shady corners and transfer any lingering snow where it will do some good. Failing that, a 3" depth of mulch will prevent untimely spring-like growth. There is a *mountain* of chopped-up Xmas trees in the huge Zoo carpark, north of Memorial Drive. It will do nicely, and it's FREE on a help-yourself basis!



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one body...  
one life...



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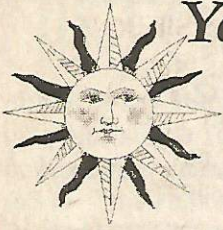
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## Your Horoscope... by Angie

March/April 2001

### ARIES (March 21 - April 19)

At long last - extra money and some useful new contacts to help expand your career.

### TAURUS (April 20 - May 20)

Pay up parking tickets before the boys in blue come looking for you! On the bright side, romance and gift-giving keep you blushing.

### GEMINI (May 21 - June 21)

Out with the couch potato - on with the brand new you! You will succeed in getting fit.

### CANCER (June 22 - July 22)

A skill learned long ago may be the key to your future. Family news from a distance will make you happy.

### LEO (July 23 - August 22)

Busy, busy Leo! New car and a fresh start... you seem a bit stunned by your good fortune.

### VIRGO (August 23 - September 23)

An unplanned journey - but go you must. You will have many changes to deal with.

### LIBRA (September 23 - October 23)

Sign on the dotted line... contracts, agreements and perhaps a marriage licence.

### SCORPIO (October 24 - November 21)

New friends and routines shake up your life. Perhaps a new job or work routine.

### SAGITTARIUS (November 22 - December 21)

Fun-loving archers need some time off... try to get out and be social.

### CAPRICORN (December 22 - January 19)

You have much to celebrate! Your dreams are one step closer to completion. Letters and messages keep you busy.

### AQUARIUS (January 20 - February 19)

Journies and travel plans keep life exciting. Perhaps work in another Province or country is in the offing.

### PISCES (February 20 - Mar 20)

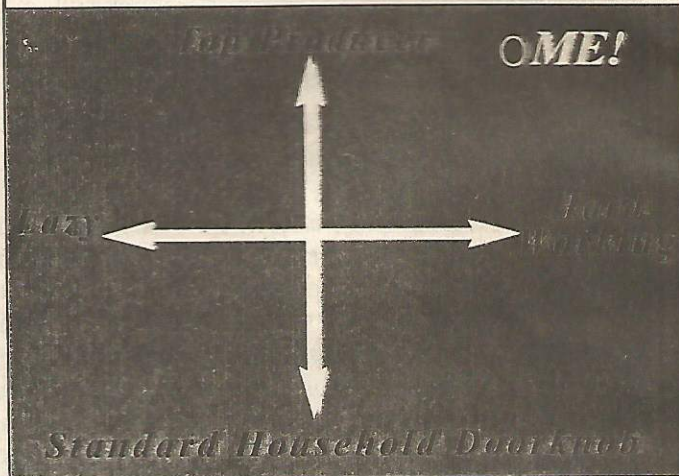
Red-haired men and women seem to want to know and help you. Comforting news from old and trusted friends is on the way.

ANGIE, 256-7939

Psychic Parties, Individual Readings  
Group Readings, Parties, Showers

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positively need  
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Community Members get first Classie free, 2nd Classie in same issue, half price!  
3 lines for \$20.00/issue for Businesses (or home-based franchises and businesses)

<b>ABOUT PAINTING...</b> Large professional crews for interior painting. Same Day Service. BBB Mbr. Licensed and insured, with references. <b>Call Gregg, 252-1366</b>	<b>HAVING A GARAGE SALE???</b> Advertising your garage sale in the Classies will ensure a terrific turnout! Just call and give us the date and address. <b>Call Cat, 244-3476</b>
<b>ACUPRESSURE (SHIATSU TECHNIQUE)...</b> Heal Better, Energize, Combat Fatigue and Stress. No needles, no drugs. \$40 per session. <b>Call Lynn, 209-2528</b>	<b>IN ANY SEASON...</b> Clean-up, pruning, lawns and hedges all done by a community resident. Senior Discounts, Low Prices. <b>Call Marty, 261-4819</b>
<b>A GREAT JOB NEEDS A GREAT RESUME...</b> Get the job (and pay) you deserve... Also Poetry/Recipe Books, Invitations, Business Cards, Flyers. <b>Call Cat, 244-3476</b>	<b>LEGAL FOR LESS...</b> It's important that your estate go where you want it to! Wills and Living Wills done effortlessly. Save \$ on costly legal fees! <b>Call Cat, 244-3476</b>
<b>ASSIST HOME SUPPORT...</b> is hiring companions, live-in caregivers and homemakers. <b>Please call 271-2961 or fax your information to 282-2612</b>	<b>LOCAL ART GALLERY REQUIRES PART-TIME HELP...</b> 3 - 4 hours per week in a 4th Street SW gallery. Interesting work - idela for young student. <b>Call, 283-9432</b>
<b>CAR FOR SALE...</b> 1995 Metallic Blue Neon, automatic 4-door, 60,000 kms, alarm system, excellent condition, new windshield. \$13,000/best offer. <b>Call Marivic, 245-1619</b>	<b>MAGNIFIQUE! LEARN TO SPEAK FRENCH...</b> Private lessons with the emphasis on conversation and good grammar. <b>Call Claudine, 541-1411</b>
<b>CLEANING SERVICE...</b> Quality, professional house-cleaning, with references. Organic or Regular supplies. Ironing Too! Reasonable Rates. <b>Call Letta, 209-1762</b>	<b>NEED MULCH?</b> Robert Giles, our Gardening Guru, advises that there is a "mountain" of chopped Xmas trees, FREE for the taking in the Zoo carpark north of Memorial Drive!
<b>COMCARE HEALTH SERVICES...</b> is hiring homemakers (cleaners), live-in caregivers and nurses. <b>Please fax your resume to 228-2612 or drop by 338-24 Ave. SW, Calgary</b>	<b>PSYCHIC READINGS WITH ANGIE...</b> You trust her in the horoscope, now go and see her at The Mountain Shop, 1406 - 17th Ave. SW, Wednesdays & Thursdays from 1 - 4:30 pm!
<b>COMMUNITY SOFTBALL ASSOCIATION... LADIES!</b> Fun from mid-April to mid-July... we need players and coaches, ages 13 and up. Intermediate "C"+. <b>Call Tracey, 248-6754</b>	<b>RECEPTIONIST REQUIRED...</b> for counselling office. Pleasant telephone manner and computer skills essential (MS Office). <b>Call, 256-8449 or fax resume to 256-8461</b>
<b>GARDENING, POWER-RAKING, HEDGE TRIMMING...</b> Spring clean-up/pruning, great rates, trusted since 1989. <b>Call Student Lawns(div. Servmax Green Group Ltd.), 247-1864</b>	<b>VOICE TRAINING...</b> A powerful voice ensures successful meetings for executives, salesmen and individuals. Learn breathing techniques for strength. <b>Call, Sheila, 243-3804</b>
<b>GIVE A HERITAGE GIFT!</b> Hand-made, original design afghans make unique, long-lasting wedding, anniversary and birthday gifts. Reasonable prices. <b>Call Cat, 244-3476</b>	<b>YOGA CLASSES...</b> Mondays, 6 - 7:30pm, beginning in mid-April. FCJ Centre, 219-19th Avenue SW. <b>Call Lynn Fairy, 229-3176</b>

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Cliff Bungalow-Mission Community Association

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Name: \_\_\_\_\_

Address: \_\_\_\_\_ Postal Code: \_\_\_\_\_

Residence Phone: \_\_\_\_\_ Business Phone: \_\_\_\_\_

**Membership Type:** (Memberships are valid for 1 year from date of purchase)

\$6 Regular Single \_\_\_\_\_ \$10 Regular Family (2 adults at same address) \_\_\_\_\_

\$4 Senior Single \_\_\_\_\_ \$4 Full time Student \_\_\_\_\_ \$4 Unemployed \_\_\_\_\_

Names of Children (if any): \_\_\_\_\_

(\*no charge for children if parent is a member)

PLEASE SEND CHEQUE MADE PAYABLE TO CBMCA AND FORM TO:  
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